

COVID-19 PREVENTION PLAN



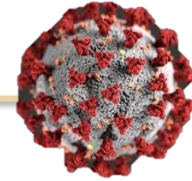
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COVID-19 Prevention Plan

- **Limit community transmission of SARS-CoV-2**
- **Prevent the spread of the virus**



About COVID-19



What is COVID-19?

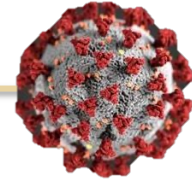
- Illness caused by a new coronavirus: SARS-CoV-2

How does it spread?

- Contact with respiratory droplets from an infected person
- Touching contaminated objects and surfaces



About COVID-19



What do I do if I feel sick?

- **Stay home**
- Get tested
- Notify your supervisor
- Take precautions to avoid getting other people sick



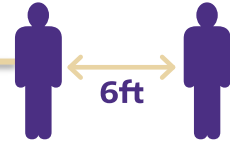
COVID-19 Prevention Plan

- 1 Physical Distancing
- 2 Procedures For Sick Personnel
- 3 Practicing Good Hygiene
- 4 Cleaning & Disinfecting Surfaces
- 5 Personal Protective Equipment & Alternative Strategies



1

Physical Distancing



- ✓ **Stay 6 feet/1m away from others at all times**
- ✓ Workstations, lunchrooms, breakrooms, elevators, vehicles
- ✓ Work in shifts
- ✓ Use drop boxes
- ✓ Limit number of people in each workspace
- ✓ Take separate vehicles
- ✓ Avoid touching

2

Procedures For Sick Personnel/students



- Stay home or leave work if you have even mild symptoms of:

Fever

Cough

Shortness of breath

Loss of taste and/or smell

Chills

Sore throat

Runny nose

Headache

Muscle ache

Gastrointestinal symptoms



2

Procedures For Sick Personnel /students



- Time away from work

3

Practicing Good Hygiene

- ✓ Wash hands often and at key moments
- ✓ Use hand sanitizer
- ✓ Avoid touching your face
- ✓ Avoid contact with people who are sick
- ✓ Stay home when you are sick
- ✓ Cover coughs and sneezes



4

Cleaning & Disinfecting



- ✓ Your workspace
- ✓ Frequently touched objects
- ✓ Shared equipment between each use
- ✓ Approved cleaning products for SARS-CoV-2
- ✓ Manufacturer's instructions, including PPE

5

Personal Protective Equipment (PPE)



- ✓ **Face coverings are required**
 - Indoors and Outdoors
- ✓ Hallways, stairways, restrooms and elevators
- ✓ Not a replacement for 6-foot/1 mt distance
- ✓ Follow instructions for safe use
- ✓ Cloth face coverings do *not* replace job-specific PPE such as medical/procedure masks, face shields, respirators

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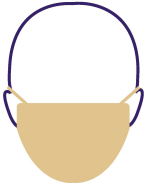
Personal Protective Equipment (PPE)



- ✓ **Face coverings are required**
 - Indoors when other people are present
 - Hallways, stairways, restrooms and elevators
 - Outdoors

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Personal Protective Equipment (PPE)



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FACE COVERINGS, MASKS AND RESPIRATORS

	FACE COVERINGS	MEDICAL/PROCEDURE MASKS	RESPIRATORS
Examples	<p>Source: Public Health — Seattle & King County</p>		<p>Source: Groinger.com</p>
Other names	Cloth face covering, bandana, scarf	Surgical mask, medical mask, procedure mask, personal protective equipment (PPE)	N95, filtering facepiece, personal protective equipment (PPE)
Purpose	Protects others by containing the wearer's respiratory emissions.	Protects the wearer against respiratory droplets, splashes or splatter from bodily fluids. Protects others by containing the wearer's respiratory emissions.	Protects the wearer from inhaling particles and respiratory droplets; also protects from splashes or sprays of bodily fluids. Protects others by containing the wearer's respiratory emissions (respirators without an exhalation valve).
Fit	The mask should fit firm across the face, over the nose and under the chin. Does not seal around mouth and nose.	The mask should fit firm across the face, over the nose and under the chin. Does not seal around mouth and nose.	The mask should fit firm across the face, over the nose and under the chin. Can seal around mouth and nose. Fit testing is required if activity requires a respirator.
Care	Can be reused; it should be washed daily and if it becomes dirty or wet. Put on and take off with clean hands.	Discard after each use, when contaminated in the workplace, if it becomes wet, or per unit specific procedures. Put on and take off with clean hands or clean gloves.	Discard after exposure to bodily fluids, or if it becomes wet, deformed or damaged. Put on and take off with clean hands or clean gloves.
Requirements	Face coverings are required to be worn	Wear when maintaining a 6-foot distance at all times if not possible and when required for a work activity.	Wear when maintaining a 6-foot distance is not possible and when required for a work activity.

Tips of Face Coverings

- ✓ Cover mouth and nose
- ✓ Do not touch your face
- ✓ Wash hands before and after removing
- ✓ Launder daily



5

Personal Protective Equipment (PPE)



- Follow instructions for safe use of face covering
- What to do if someone is in a public space without a face covering

THANK YOU!

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