

# Lezione #6

## 25/11/2021

### SISTEMI RIGIDI

$$\vec{F}^{(RIS)} = M \vec{a}_{COM}$$

Un sistema rigido è in equilibrio quando

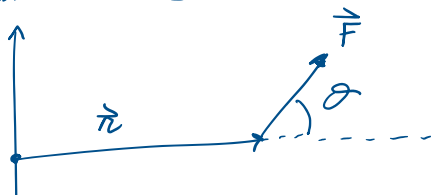
$$\left\{ \begin{array}{l} \vec{F}^{(RIS)} = \vec{0} \quad \text{moto traslazionale} \\ \vec{M} = \vec{0} \quad \text{" rotazionale} \end{array} \right.$$

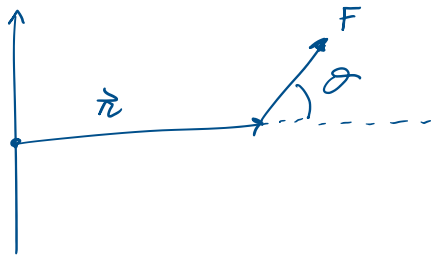
$$\vec{M} = \vec{r} \times \vec{F}$$

↓  
"vettori"  $\rightarrow$  prodotto vettoriale  
Momento di una forza

$\vec{M}$  è un vettore  $\left\{ \begin{array}{l} \text{modulo} \\ \text{direzione} \\ \text{verso} \end{array} \right.$

ASSE ROTAZIONALE



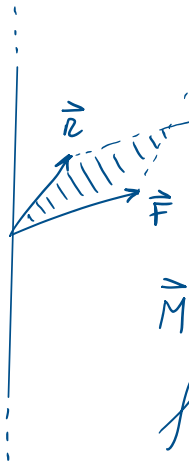


$$M = r F \sin \theta$$

•) Modulo

$$M = r F \sin \theta$$

••) Direzione



$\vec{M}$  è  $\perp$  al piano  
formato da  $\vec{r}$  e  $\vec{F}$

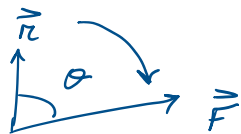
•••) Verso

a)  $M > 0$  se  $\vec{r} \curvearrowright \vec{F}$   
in senso antiorario



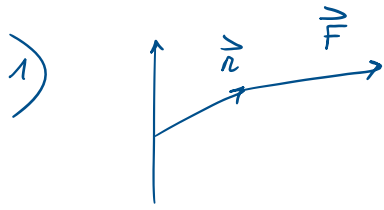
$\vec{M} > 0$   $\odot$  uscente

b)  $M < 0$  se  $\vec{r} \curvearrowleft \vec{F}$  in senso  
orario

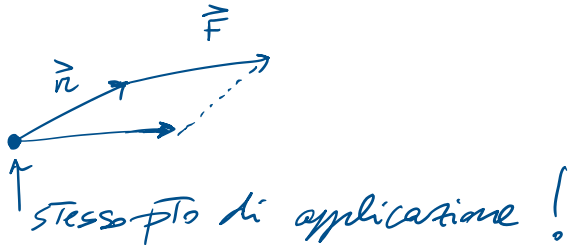


$\vec{M} < 0$   
 $\otimes$  entrante

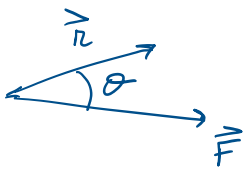
Come calcolare il momento:



spostare  $\vec{F}$  in modo tale  
che abbia lo stesso  
origine  $\vec{r}$



2)



$$M = rF \sin \theta$$

3)



$$\left\{ \begin{array}{l} \text{antiorario} \Rightarrow M = rF \sin \theta \quad \odot \\ \text{orario} \Rightarrow M = -rF \sin \theta \quad \otimes \end{array} \right.$$

$$[M] = [r][F] = N \cdot m$$

Esempi:

LEVE BIOMECCANICHE

ARTICOLAZIONI

LEVA: una macchina meccanica vincolata  
in grado di trasferire energia

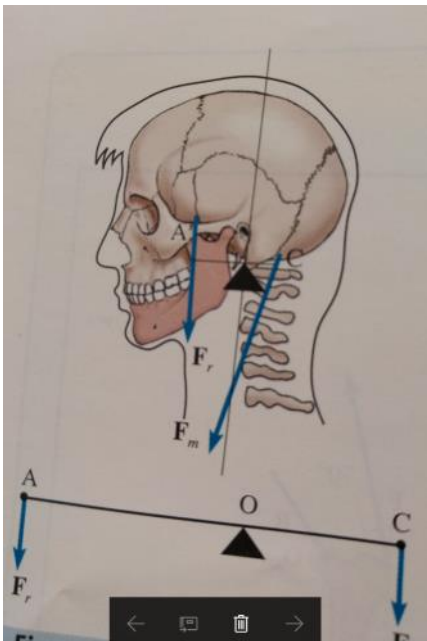
$\vec{F}_m =$  Forza motrice

$\vec{F}_r =$  " resistiva

Fulcro = vincolo, asse di rotazione, fisso

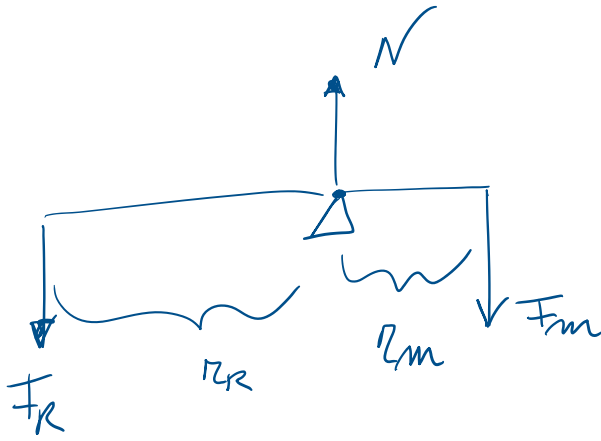


LEVA I TIPO:



EQUILIBRIO:

$$\begin{cases} \vec{F}^{(RIS)} = \vec{0} \\ \vec{M}^{(RIS)} = \vec{0} \end{cases}$$



$F_R = 80\text{ N} = \text{forza peso cranio}$

$r_m = 2\text{ cm}$

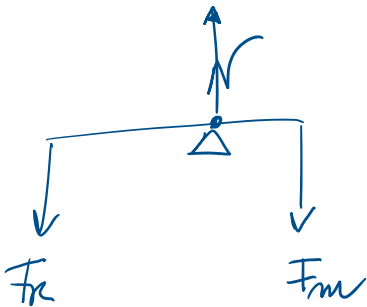
$r_R = 8\text{ cm}$

$F_m = \text{forza motrice dei muscoli splenici} = ?$

$N = ?$

Equilibrio

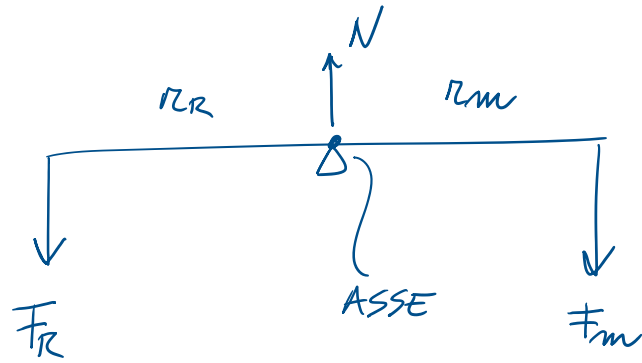
$$\left\{ \begin{array}{l} \vec{F}^{(ris)} = \vec{0} \\ \vec{M} = \vec{0} \end{array} \right.$$



$$F^{(ris)} \left\{ \begin{array}{l} F_x^{ris} = 0 = 0 \\ F_y^{ris} = -F_R + \underset{\uparrow}{N} - \underset{\uparrow}{F_m} = 0 \end{array} \right.$$

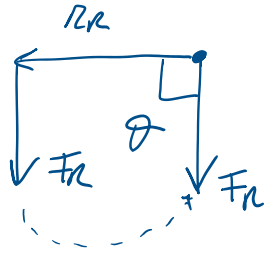
$$N = F_m + F_R$$

$$\vec{M}^{RIS} = \vec{0}$$

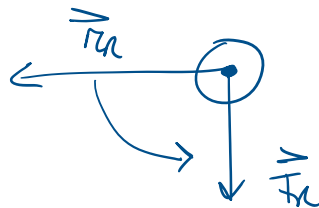


$$\vec{M}^{RIS} = \vec{M}_R + \vec{M}_M = \vec{0}$$

$\vec{M}_R$ :



$$\theta = 90^\circ$$

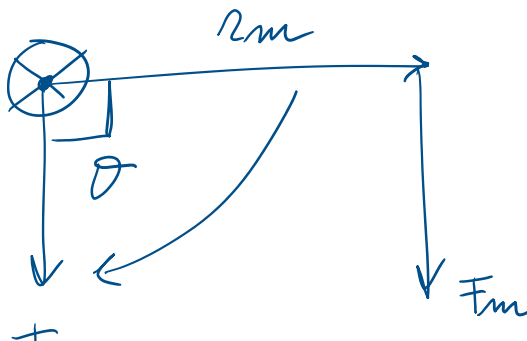


senso antiorario

$$M_R > 0$$

$$M_R = + r_R F_R \underbrace{\sin \theta}_{\downarrow}$$

$\vec{M}_M$ :



$$\theta = 90^\circ$$

↓ ←  
 $F_m$

↓  $F_m$

Senso orario

$M < 0$

$$M_m = -r_m F_m$$

$$M^{NIS} = \boxed{r_R F_R - r_m F_m = 0}$$

$$F_m = \left( \frac{r_R}{r_m} \right) F_R$$

$$F_m = \left( \frac{8 \cdot 10^{-2}}{2 \cdot 10^{-2}} \right) F_R =$$

$$\boxed{F_m = 4 F_R}$$

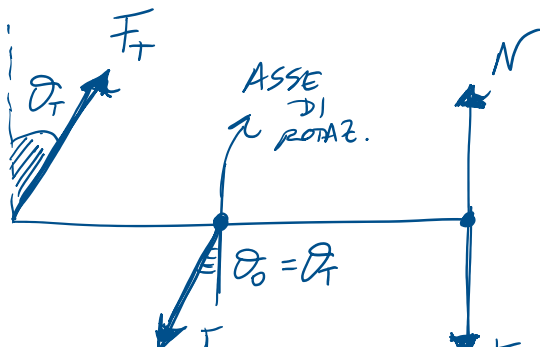
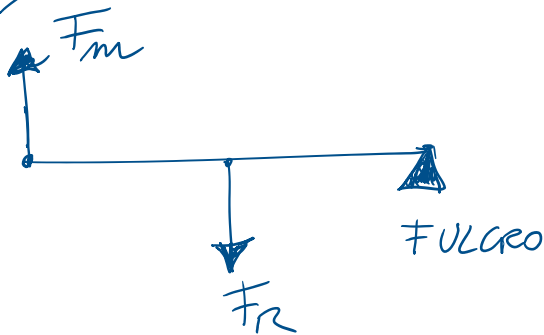
La  $F$  nei muscoli splenici è 4 volte il peso della testa

$$F_m = 4 \cdot 80 = 320 \text{ N}$$

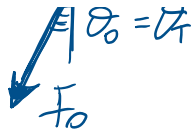
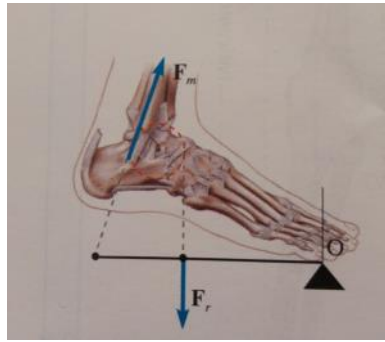
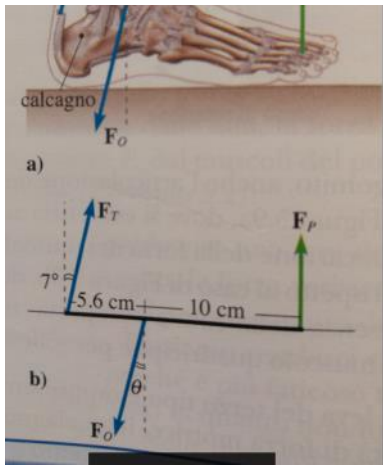
$$F^{(RIS)} \Rightarrow N = F_m + F_r = 4F_r + F_r$$

$$N = 5F_r$$

- LEVA II TIPO -







$F_T$  : " Tendine Achille

$F_o$  : " osse del piede

$$F_T = ?$$

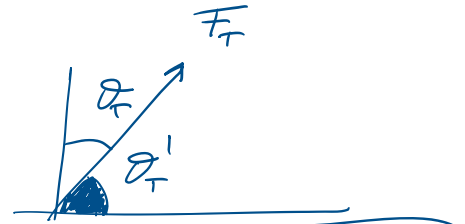
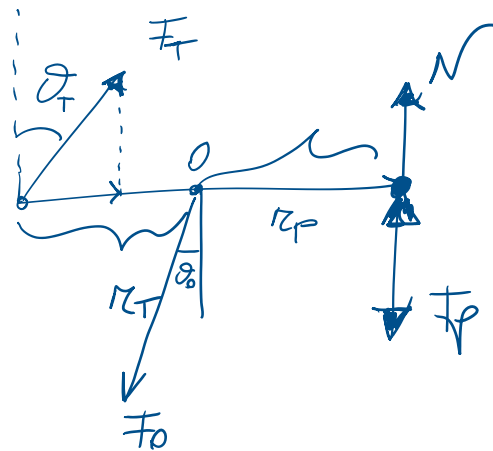
$$\theta_T = \theta_o = 7^\circ$$

$$F_o = ?$$

$$F_p = 900 \text{ N}$$

$$r_p = 10 \text{ cm}$$

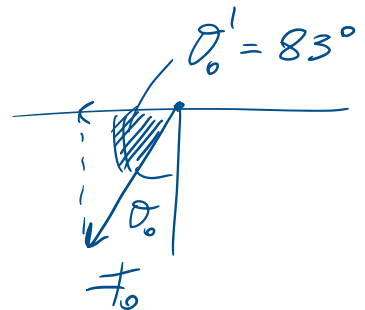
$$r_T = 5.6 \text{ cm}$$



$$\theta'_T = 90 - 7 = 83^\circ$$

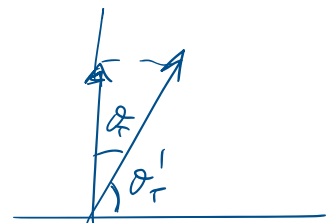
$$F_x^{ris} = + F_T \cos \theta'_T +$$

$$- F_o \cos \theta'_o$$



$$\vec{F}^{ris} = \vec{0}$$

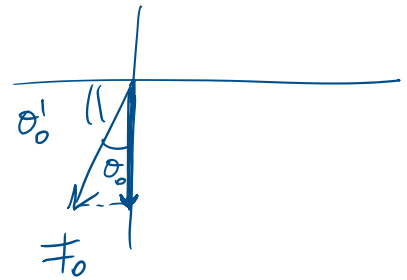
$$- F_y^{ris} = + F_T \sin \theta'_T +$$



$$\sum F_y''' = + F_T \sin \theta_T' + \frac{N}{\cos \theta_T'}$$

$$- F_0 \sin \theta_0' + N_T$$

$$- F_P$$



$$\left\{ \begin{array}{l} F_x^{ms} = F_T \cos \theta_T' - F_0 \cos \theta_0' = 0 \\ F_y^{ms} = F_T \sin \theta_T' - F_0 \sin \theta_0' + N - F_P = 0 \end{array} \right.$$

$$\left\{ \begin{array}{l} F_x^{ms} = F_T \cos \theta_T' - F_0 \cos \theta_0' = 0 \\ F_y^{ms} = F_T \sin \theta_T' - F_0 \sin \theta_0' + N - F_P = 0 \end{array} \right.$$

$$\cancel{F_T \cos \theta_T'} - \cancel{F_0 \cos \theta_0'} = 0 \quad \boxed{F_T = F_0}$$

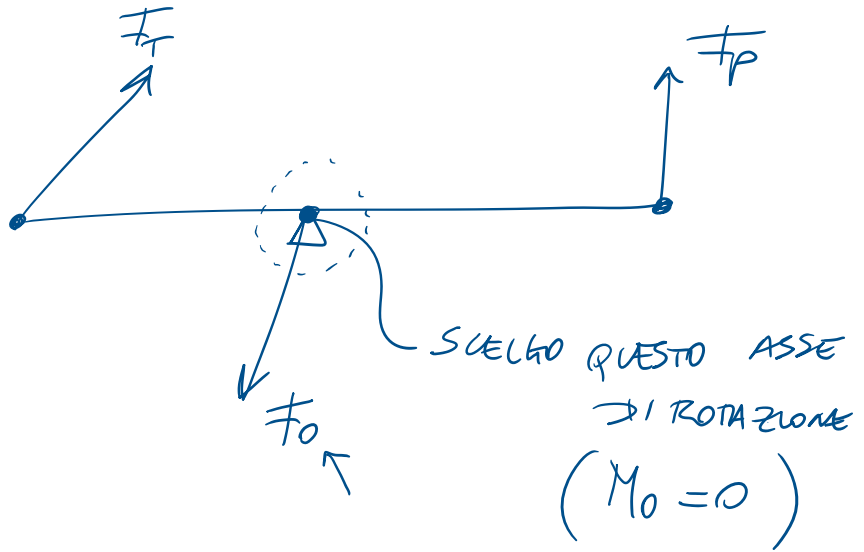
$$\cancel{F_T \sin \theta_T'} - \cancel{F_0 \sin \theta_0'} + N - F_P = 0$$

$$\boxed{N = F_P}$$

$$\begin{array}{c} F_T \\ \nearrow \end{array}$$

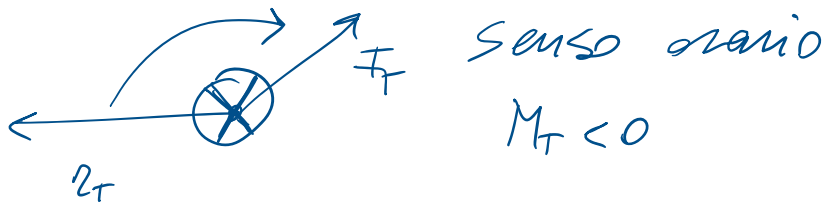
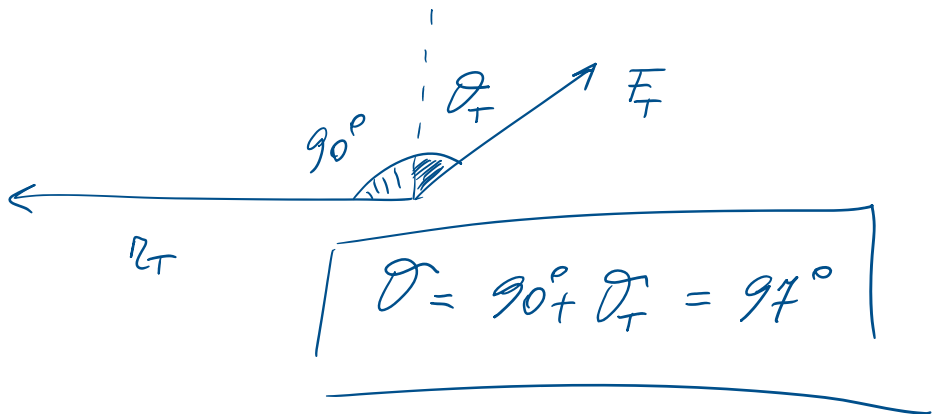
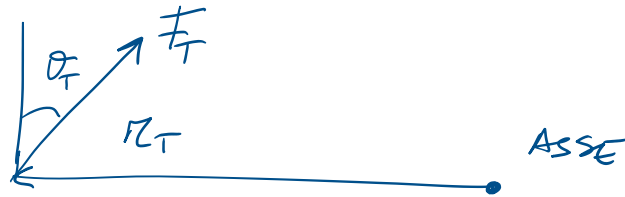
$$\begin{array}{c} \nearrow F_P \end{array}$$

$$\vec{M}^{RIS} = \vec{0}$$

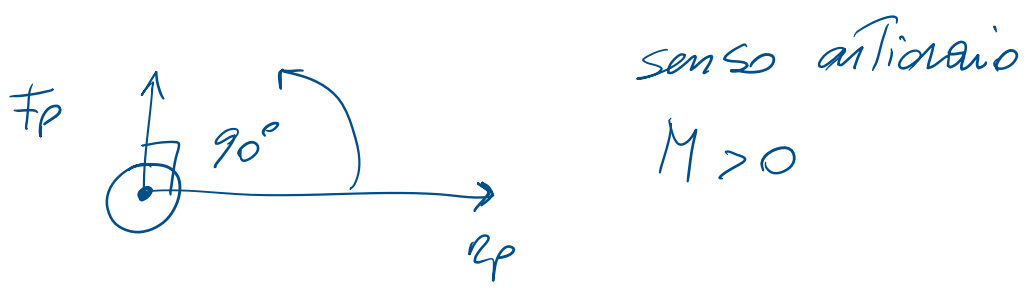
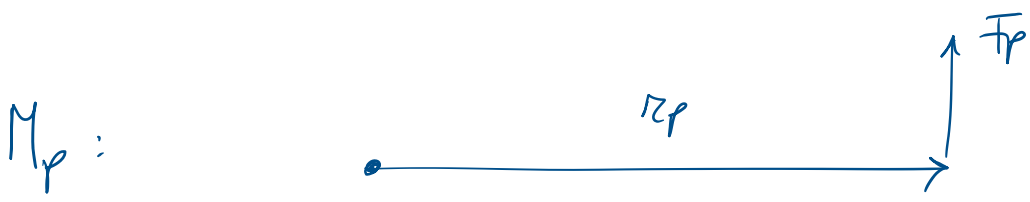


$$\vec{M}^{RIS} = \vec{M}_T + \vec{M}_P = \vec{0}$$

$\vec{M}_T$ :



$$M_T = - r_T F_T \sin(37^\circ)$$



$$M_p = r_p F_p$$

$$M^{ris} = 0 \Rightarrow - \underset{\uparrow}{r_T} \underset{\uparrow}{F_T} \sin(37^\circ) + \underset{\uparrow}{r_p} \underset{\uparrow}{F_p} = 0$$

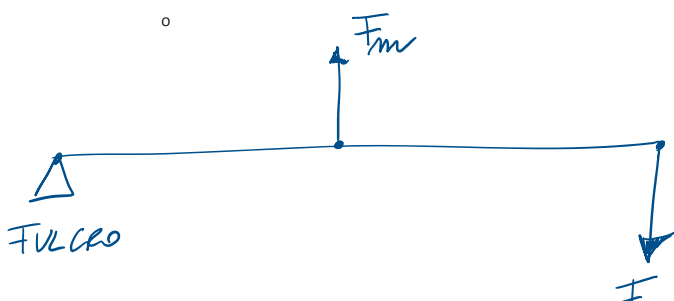
$$F_T = \left( \frac{r_p}{r_T \sin(37^\circ)} \right) F_p$$

$$F_T = 1,8 F_p$$

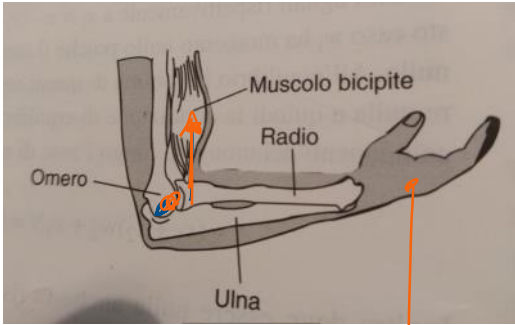
Sul Tendine di Achille si esercita per ogni passo una forza pari al doppio della nostra forza peso !!!

$$F_0 = F_T = 1,8 F_p$$

LEVA III TIPO



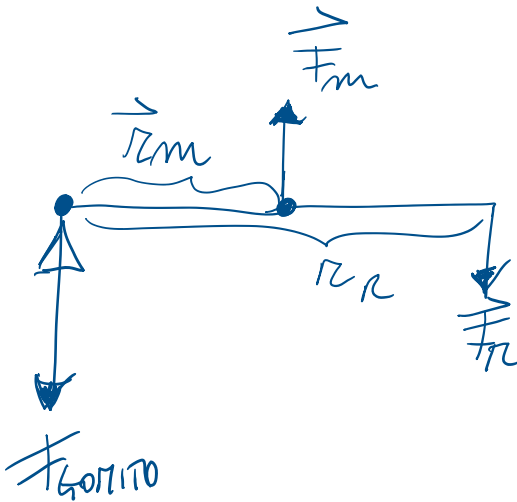
FULCRO



$$F_{\text{GOMITO}} = ?$$

$$F_m = ?$$

$$\begin{cases} r_m = 0,05 \text{ m} \\ r_r = 0,15 \text{ m} \\ F_r = 12 \text{ N} \end{cases}$$



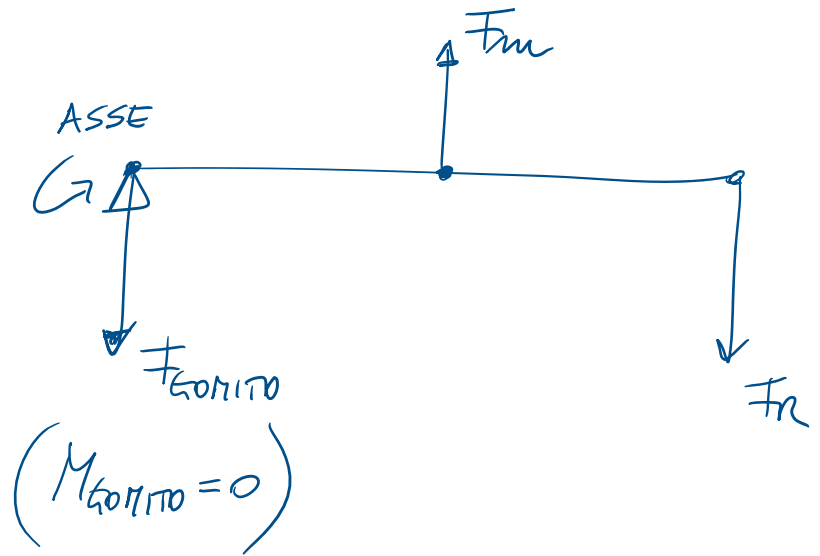
$$F_x^{\text{RIS}} = 0 = 0$$

$$F_y^{\text{RIS}} = 0$$

$$\begin{cases} F_y^{\text{RIS}} = -F_{\text{GOMITO}} + F_m - F_r = 0 \end{cases}$$

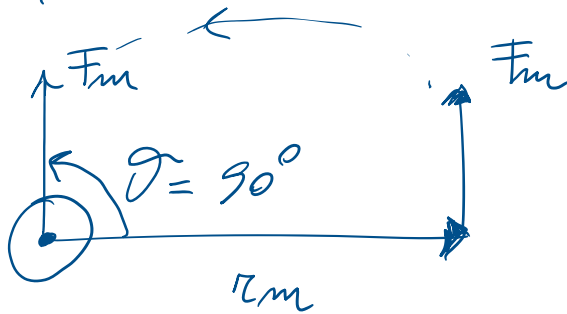
$$F_{\text{GOMITO}} = F_m - F_r$$

$$\vec{M}^{RLS} = \vec{0}$$



$$\vec{M}^{RLS} = \vec{M}_m + \vec{M}_r$$

$M_m$



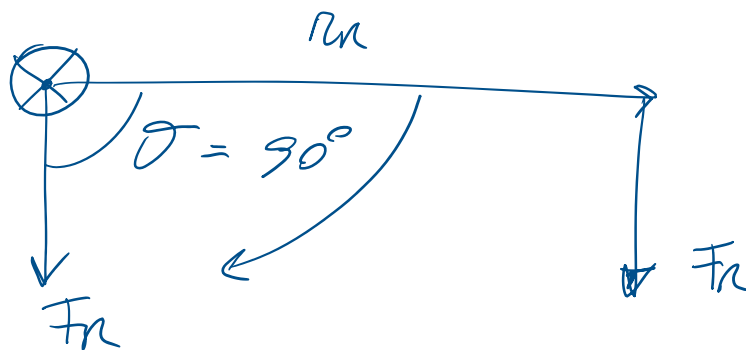
*sensu antiorario*

$$M > 0$$

$$\theta = 90^\circ$$

$$M_m = r_m F_m$$

$M_r$



*sensu orario*

$$M < 0$$

$$M_R = - r_R F_R$$

$$r_M F_M - r_R F_R = 0$$

↑                    ↑    ↑

$$F_M = \frac{r_R}{r_M} F_R$$

$$F_M = \frac{0,15}{0,05} 3 F_R$$

$$F_M = 3 F_R$$

La forza esercitata dai legamenti è il triplo del peso



$$F_{\text{gomito}} = 3F_r - F_r$$

$$F_{\text{gomito}} = 2F_r$$

Sull'articolazione del gomito si sente una  
forza doppia rispetto al peso applicato!!