

Polyphenols are ubiquitous secondary metabolites present in plant foods



Antioxidant is a natural or synthetic substance added to products to prevent or delay their oxidative deterioration



In food matrices, antioxidants have a broad action that include, for example, prevention of rancidity of fats, as well as decreasing the adverse effects of reactive species, such as reactive oxygen and nitrogen species (ROS and RNS)



Beneficial effect on human health



Anti-microbial property



Additives in biomedicine practices



Food supplements (sensory and nutritional properties, shelf-life)



Quality and process indicators



Potential tools for functionalization of materials

Phenolic compounds

Common food sources



Selected Food sample for lab-practicals

Chacko et al. *Chinese Medicine* 2010, **5**:13
<http://www.cmjournal.org/content/5/1/13>



REVIEW

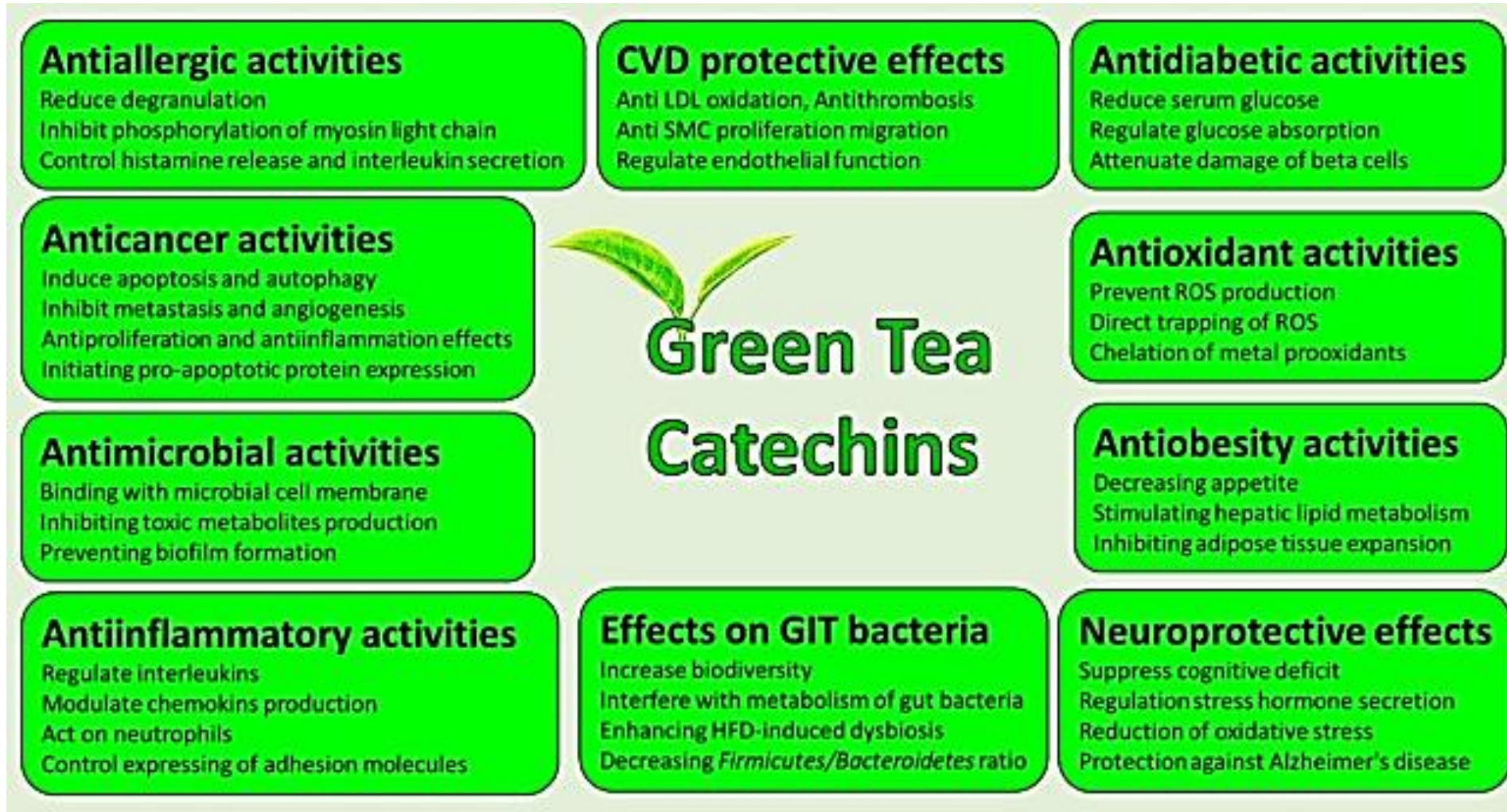
Open Access

Beneficial effects of green tea: A literature review

Sabu M Chacko^{1*}, Priya T Thambi¹, Ramadasan Kuttan², Ikuo Nishigaki¹

Green tea contains polyphenols, which include flavanols, flavandiols, flavonoids, and phenolic acids; these compounds may account for up to 30% of the dry weight. Most of the green tea polyphenols (GTPs) are flavanols, commonly known as catechins. Products derived from green tea are mainly extracts of green tea in liquid or powder form that vary in the proportion of polyphenols (45-90%) and caffeine content (0.4-10%). The major flavonoids of green tea are various catechins, which are found in greater amounts in green

□ General effects



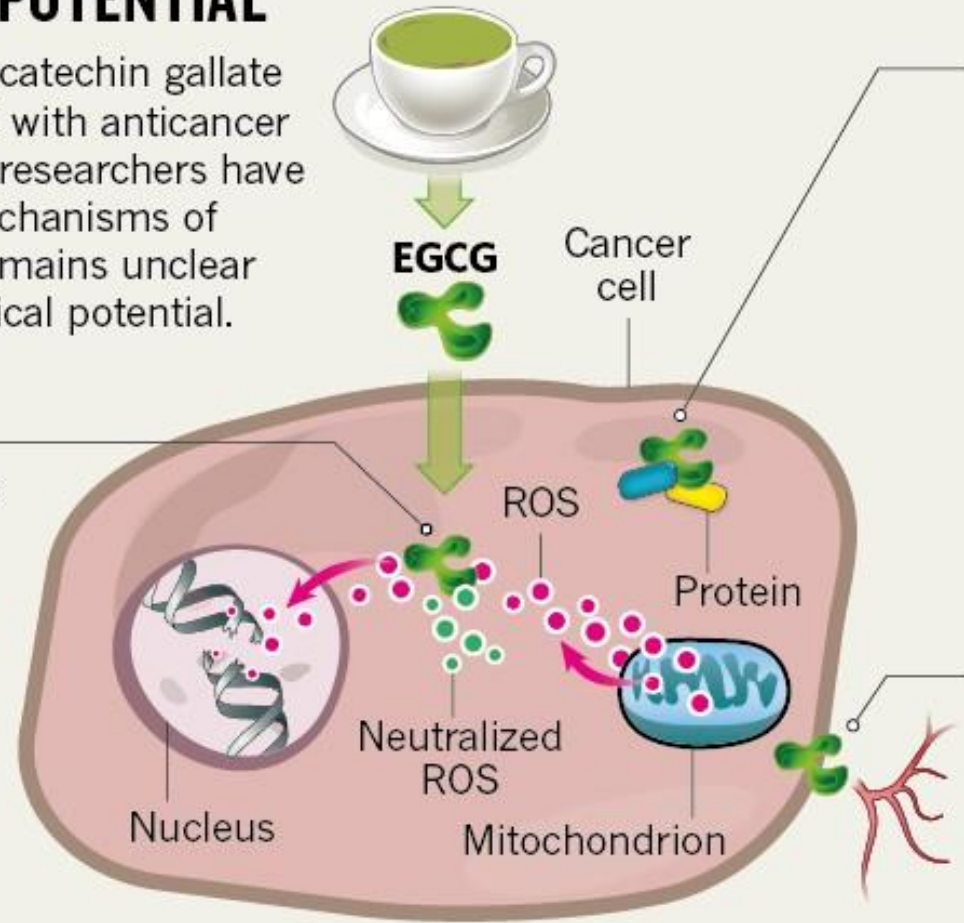
□ In vitro effects

STEEPED WITH POTENTIAL

Tea is rich in epigallocatechin gallate (EGCG), a compound with anticancer properties. Although researchers have proposed several mechanisms of action for EGCG, it remains unclear whether any has clinical potential.

DNA damage

Heightened metabolic activity in cancer cells leads to the production of molecules known as reactive oxygen species (ROS), which damage DNA and promote tumour formation. EGCG might limit such damage by helping to neutralize ROS.



Cell proliferation

EGCG might bind to various proteins, either inside cancer cells or on their surface, to halt cell proliferation or trigger signaling pathways that promote cell death.

Tumour growth

EGCG might help to starve cancer cells of oxygen and nutrients by inhibiting the growth of blood vessels.

□ In vivo effects

Biotechnology Reports 24 (2019) e00370



Contents lists available at ScienceDirect

Biotechnology Reports

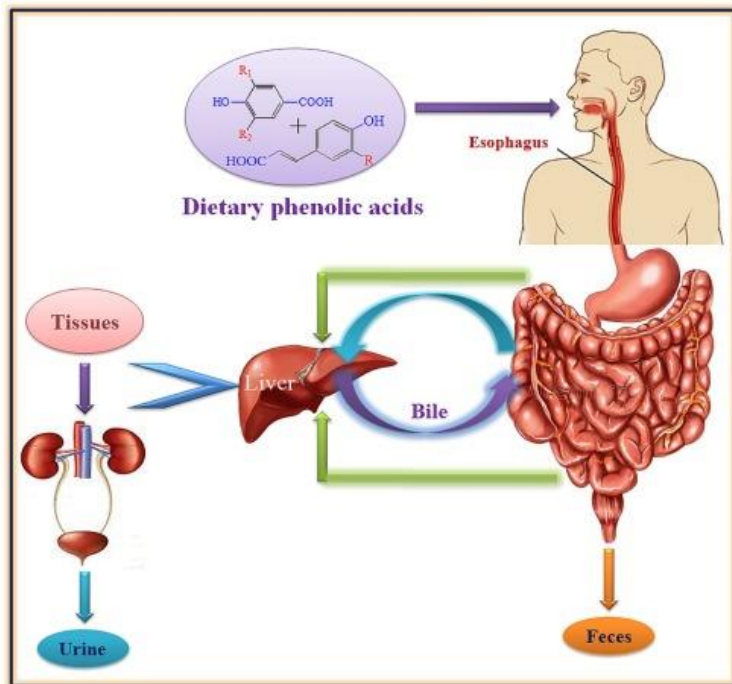
journal homepage: www.elsevier.com/locate/btr



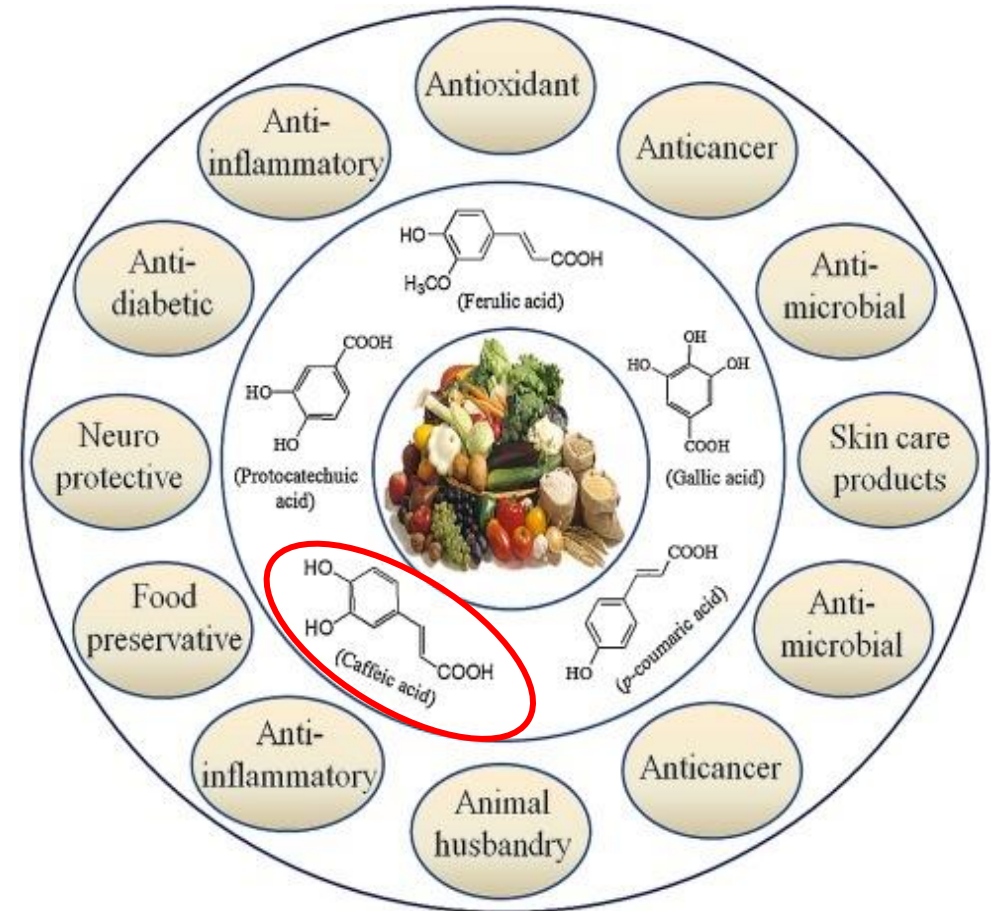
Phenolic acids: Natural versatile molecules with promising therapeutic applications

Naresh Kumar^a, Nidhi Goel^{b,*}

^a Discipline of Biosciences and Biomedical Engineering, Indian Institute of Technology Indore, Simrol Campus, Indore, Madhya Pradesh-453552, India
^b Department of Chemistry, Institute of Science, Banaras Hindu University, Varanasi, Uttar Pradesh-221005, India



Polyphenolic compounds are bioactive substances widely distributed in the vegetable kingdom. They act as natural antioxidants and their presence contributes to the color, flavor and aroma of food. Therefore, they are considered dietary antioxidants with interesting benefits to health.

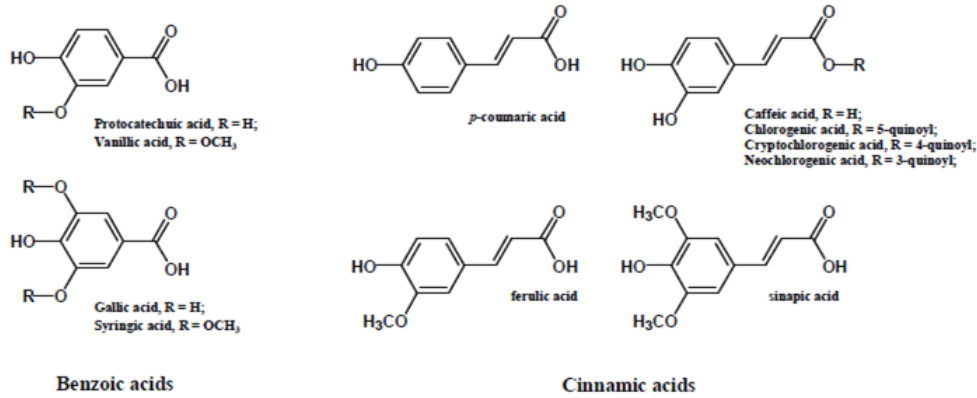


Phenolic compounds, how many structures?

Phenolic compounds in food

Phenolic acids in food

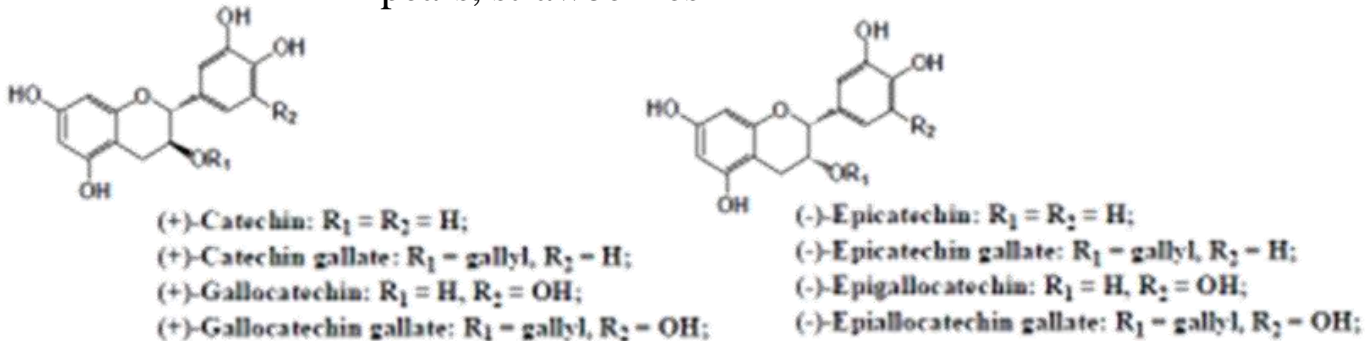
Fruits, vegetables, grains, seeds...



Flavanols

Or flavan-3-ols or catechins.

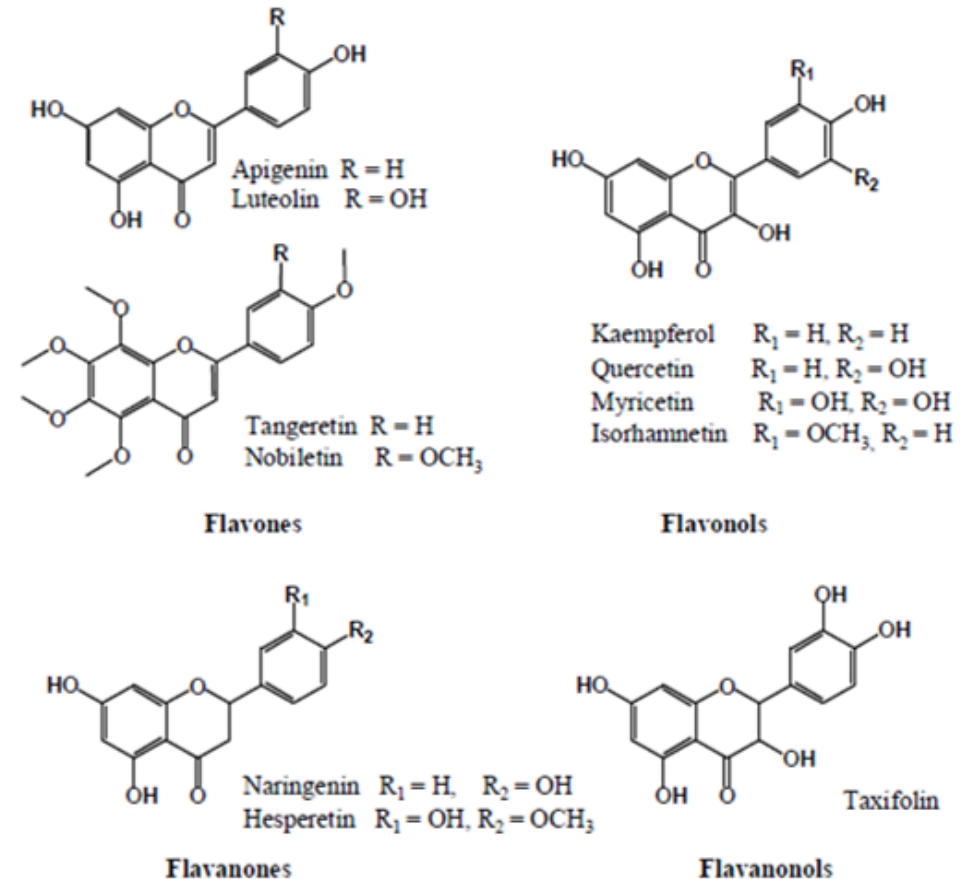
Black and green tea, apples, blueberries, peaches, pears, strawberries



Flavonoids

Flavones, Flavonols, Flavanones and Flavanonols

Brightly coloured fruits and vegetables: blueberries, plums, apples, cherries, oranges, strawberries, spinach...

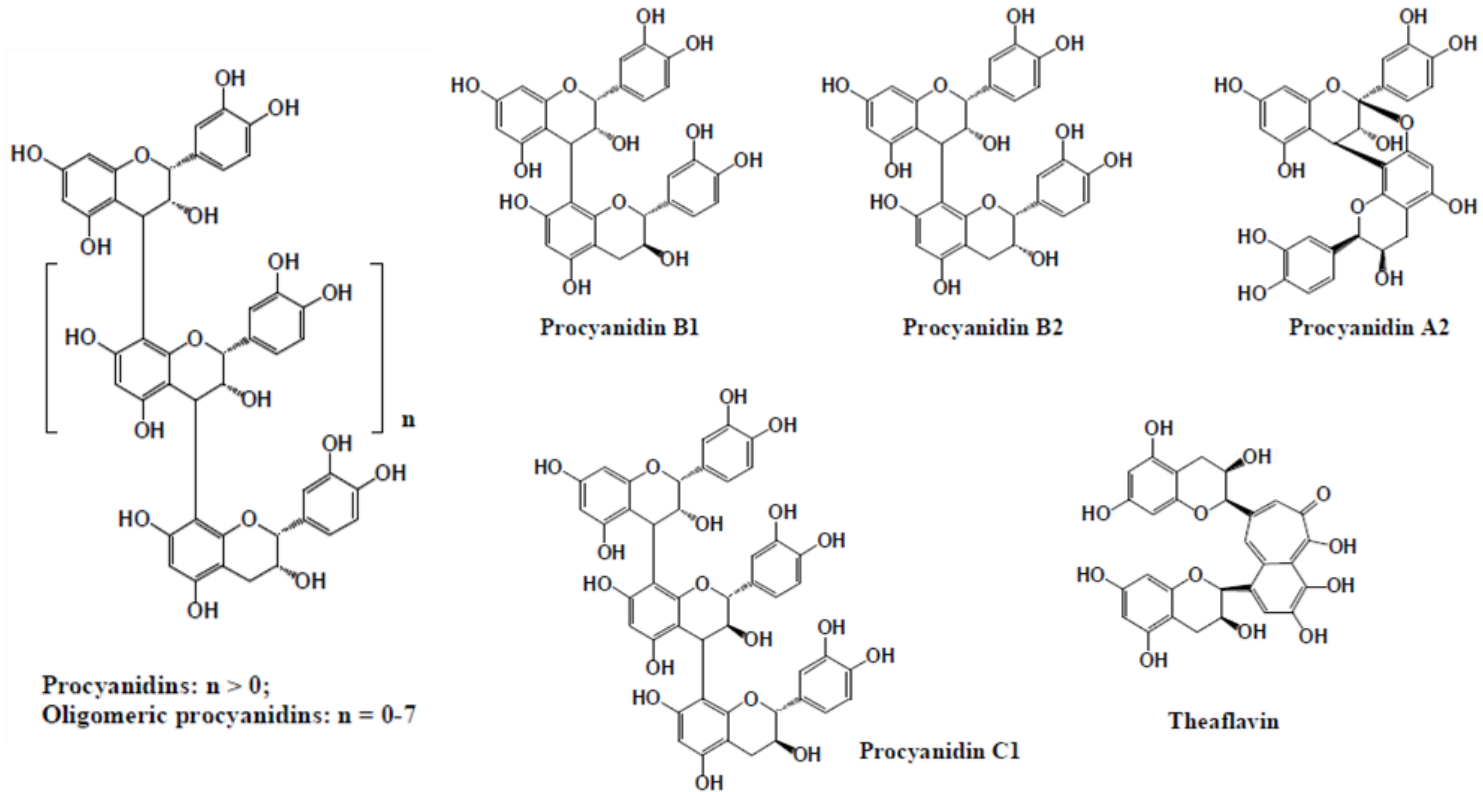


Phenolic compounds, how many structures?

Phenolic compounds in food

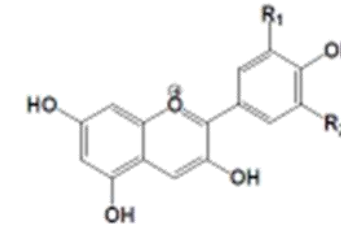
Procyanidins

Grapes (seeds and skins), apples, chocolate and cocoa, red wines, blueberries, cranberries, pecans, pistachios



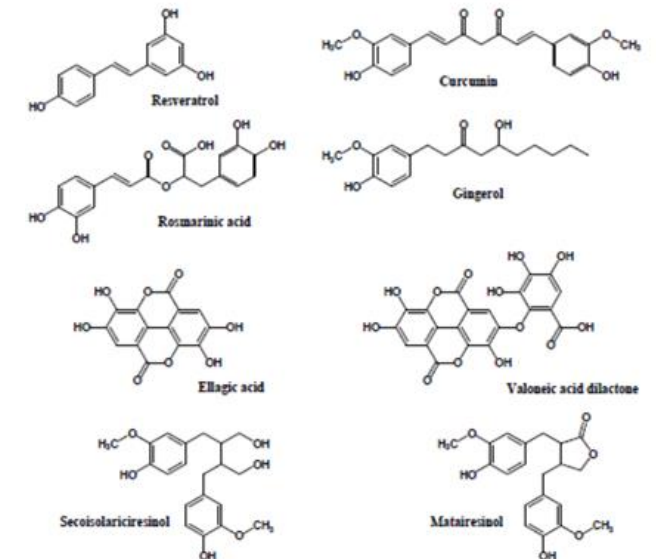
Anthocyanidins

Blue and purple pigments food



Anthocyanidin	R ₁	R ₂
Cyanidin	-OH	-H
Delphinidin	-OH	-OH
Pelargonidin	-H	-H
Malvidin	-OCH ₃	-OCH ₃
Peonidin	-OCH ₃	-H
Petunidin	-OH	-OCH ₃

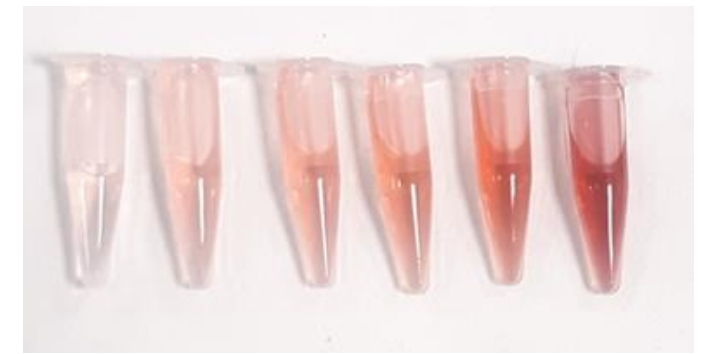
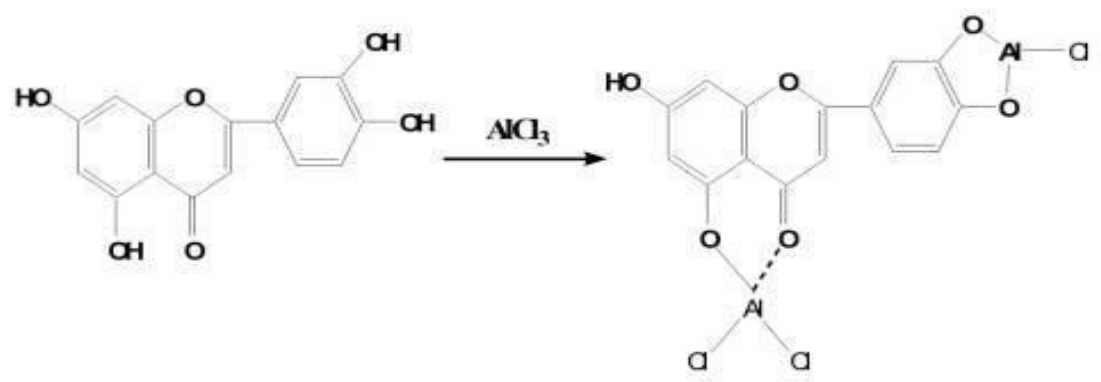
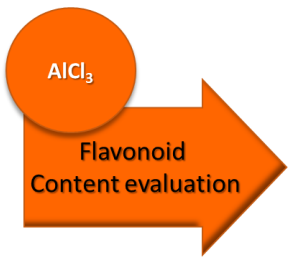
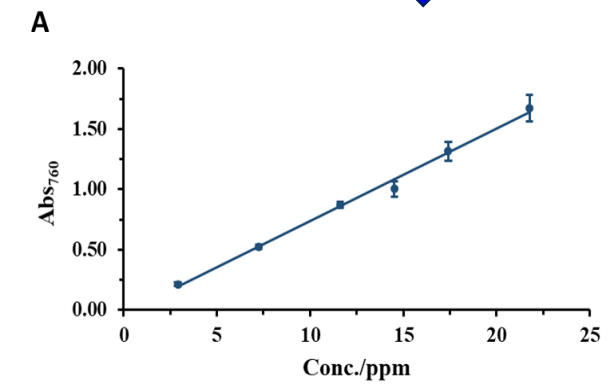
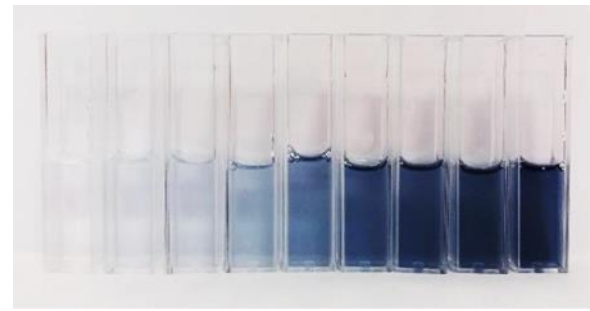
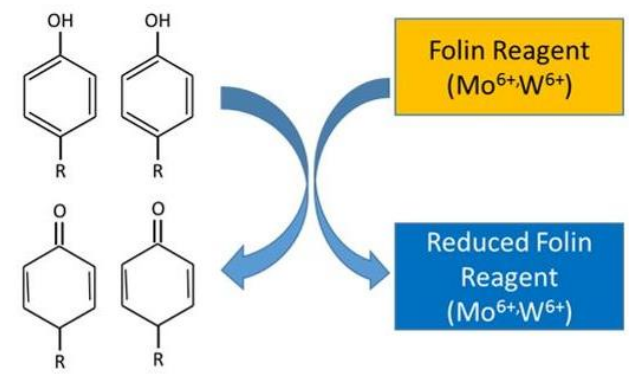
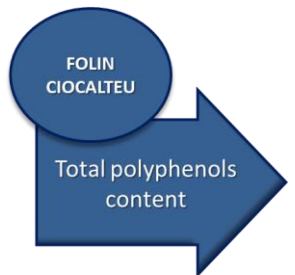
Other important polyphenols...



Optical-based method

Phenols content evaluation

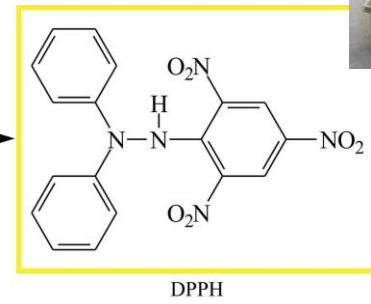
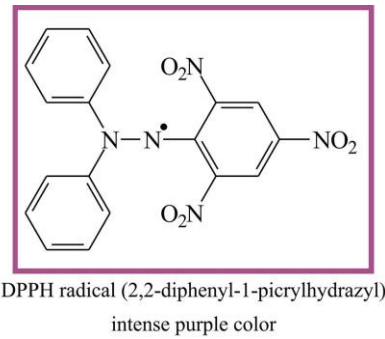
SPECTROPHOTO--METRY



Optical-based method

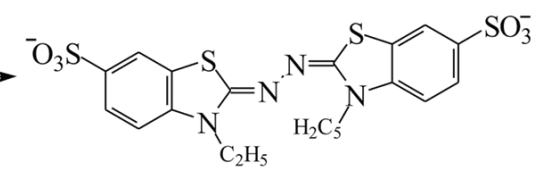
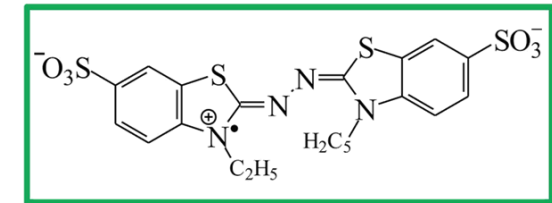
Antioxidant capacity evaluation

Antioxidant capacity assay	Principle of the method	End-product determination
Spectrometry		
DPPH	Antioxidant reaction with an organic radical	Colorimetry
ABTS	Antioxidant reaction with an organic cation radical	Colorimetry
FRAP	Antioxidant reaction with a Fe(III) complex	Colorimetry
PFRAP	Potassium ferricyanide reduction by antioxidants and subsequent reaction of potassium ferrocyanide with Fe ³⁺	Colorimetry
CUPRAC	Cu (II) reduction to Cu (I) by antioxidants	Colorimetry
ORAC	Antioxidant reaction with peroxy radicals, induced by AAPH (2,2'-azobis-2-amidino-propane)	Loss of fluorescence of fluorescein
HORAC	Antioxidant capacity to quench OH radicals generated by a Co(II) based Fenton-like system	Loss of fluorescence of fluorescein
TRAP	Antioxidant capacity to scavenge luminol-derived radicals, generated from AAPH decomposition	Chemiluminescence quenching
Fluorimetry	Emission of light by a substance that has absorbed light or other electromagnetic radiation of a different wavelength	Recording of fluorescence excitation/emission spectra



DPPH radical (2,2-diphenyl-1-picrylhydrazyl)
intense purple color

DPPH



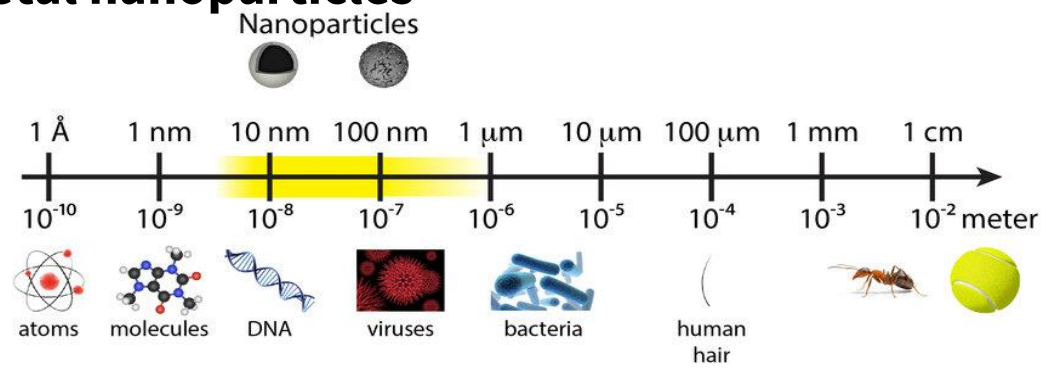
ABTS radical (2,2'-azino-bis(3-ethylbenzthiazoline-6-sulphonic acid))
blue green color

ABTS



Nanomaterials

Metal nanoparticles



Materials with one external dimension in the range of 1-100 nm

They exhibit a wide range of properties, including optical, electrical, catalytic, magnetic, and biological activity.

Regulatory Toxicology and Pharmacology 65 (2013) 119–125

Contents lists available at SciVerse ScienceDirect

Regulatory Toxicology and Pharmacology

journal homepage: www.elsevier.com/locate/yrtph

Considerations on the EU definition of a nanomaterial: Science to support policy making

Eric A.J. Bleeker*, Wim H. de Jong, Robert E. Geertsma, Monique Groenewold, Evelyn H.W. Heugens, Marjorie Koers-Jacquemijns, Dik van de Meent, Jan R. Popma, Anton G. Rietveld, Susan W.P. Wijnhoven, Flemming R. Cassee, Agnes G. Oomen

Metal NPs

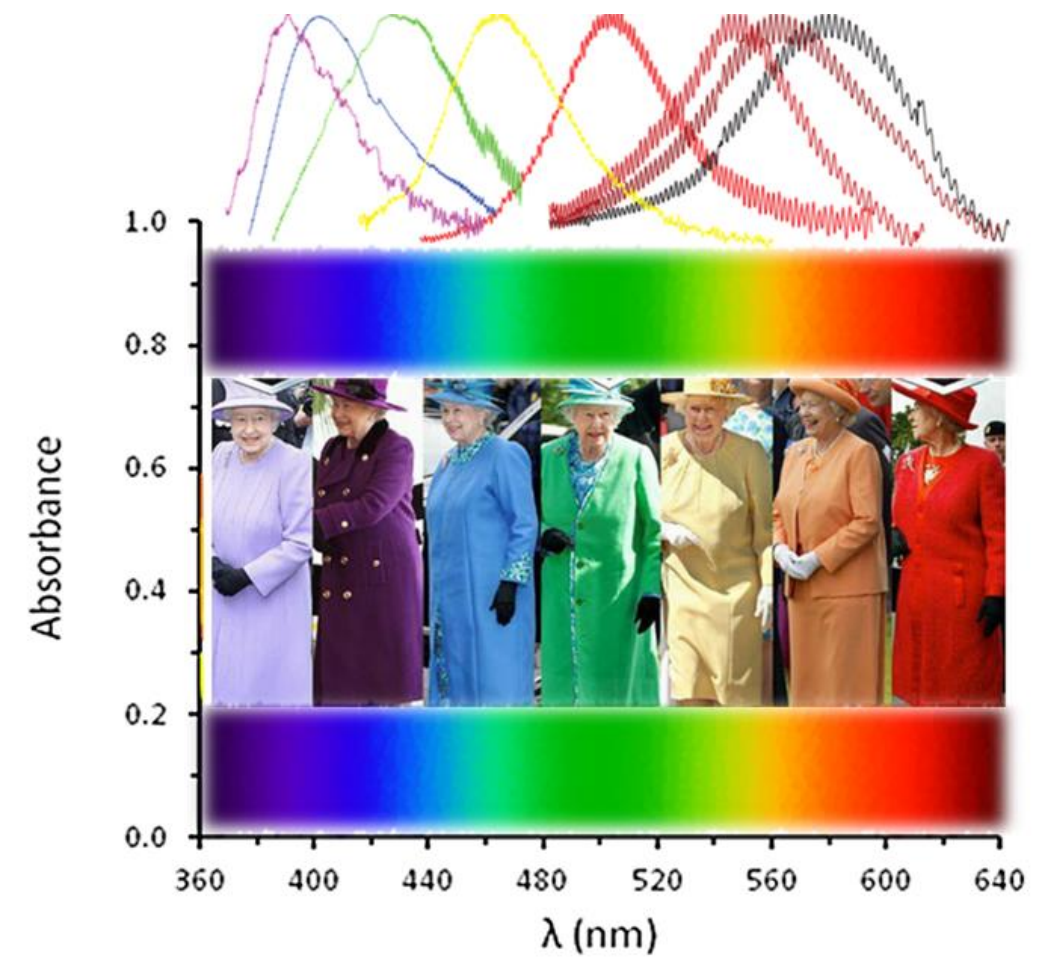
0D
Nanospheres, clusters

Quantum dots

Fullerenes

Au

Gold nanoparticles

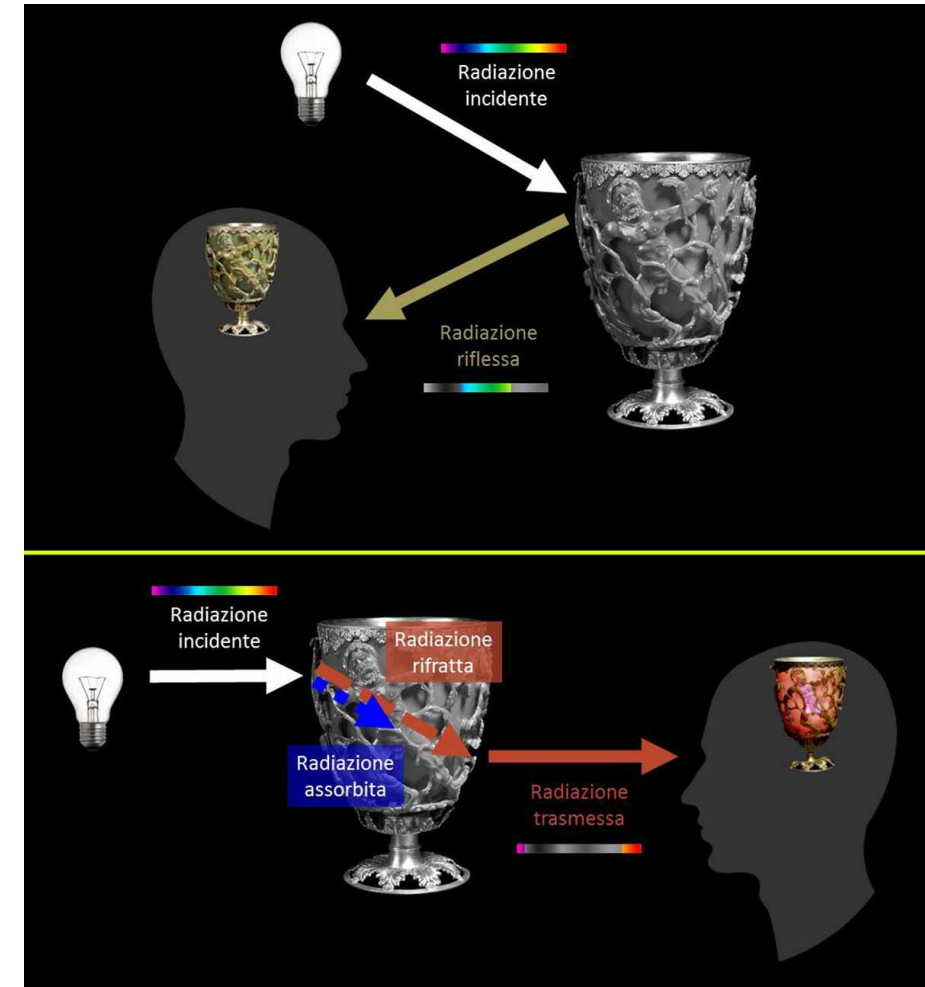
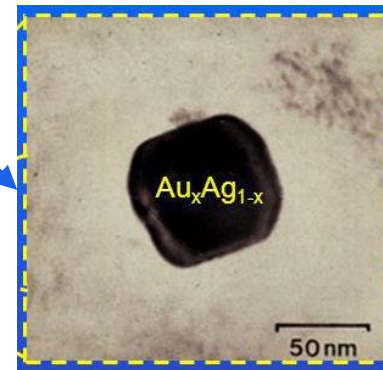
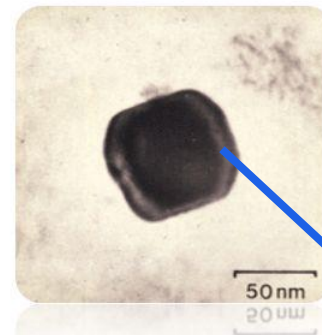


Metal nanoparticles

From Romans...

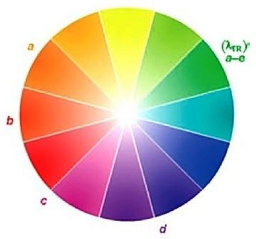
Nanotecnologia romana

I colori cangianti della Coppa di Licurgo, datata IV secolo a.C., sono dovuti a nanoparticelle di oro e argento disperse nella matrice vetrosa.



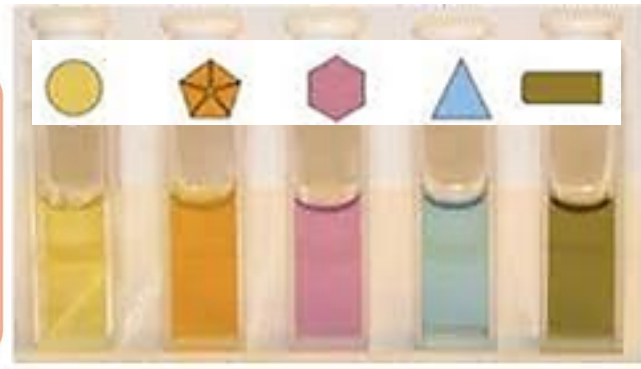
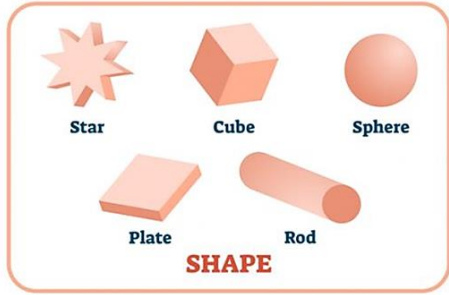
Nanomaterials

Metal nanoparticles: their camaleontic features



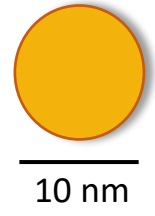
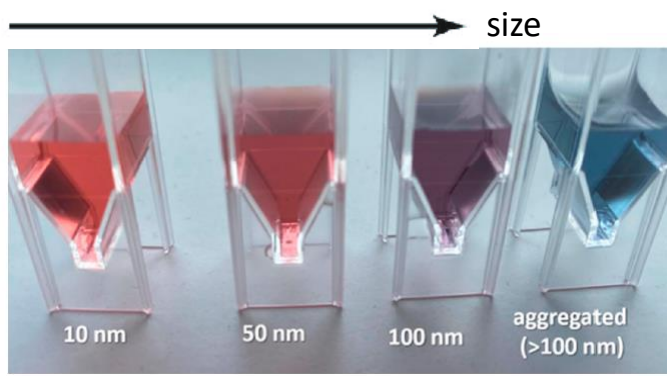
MNPs can interact in different ways with VIS-electromagnetic radiation depending on their shapes, sizes, and composition.

Silver nanoparticles



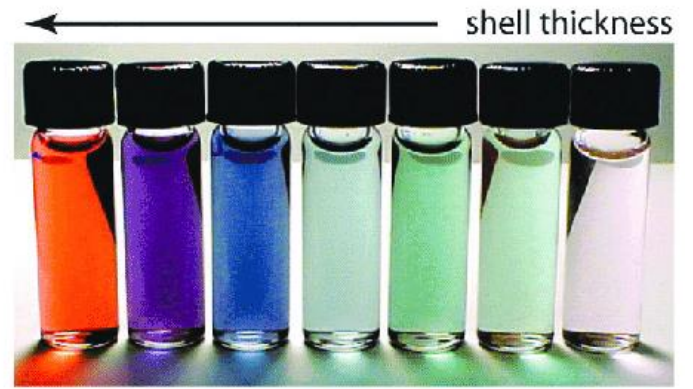
Gold nanoparticles

Diameter



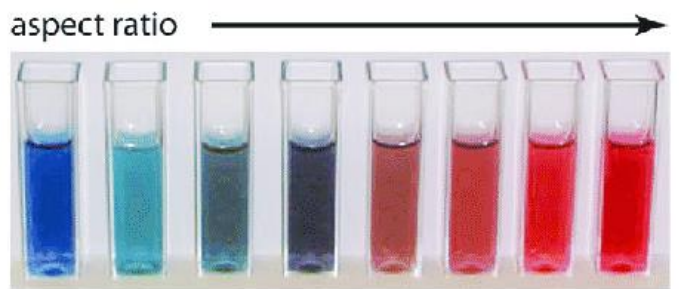
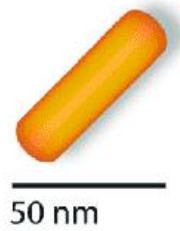
Silica-gold core-shell nanoparticles

Nanoshells



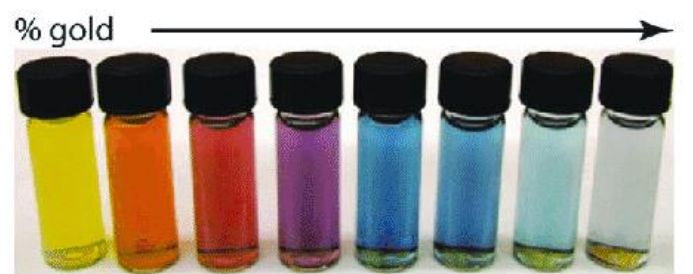
Gold nanorods

Nanorods



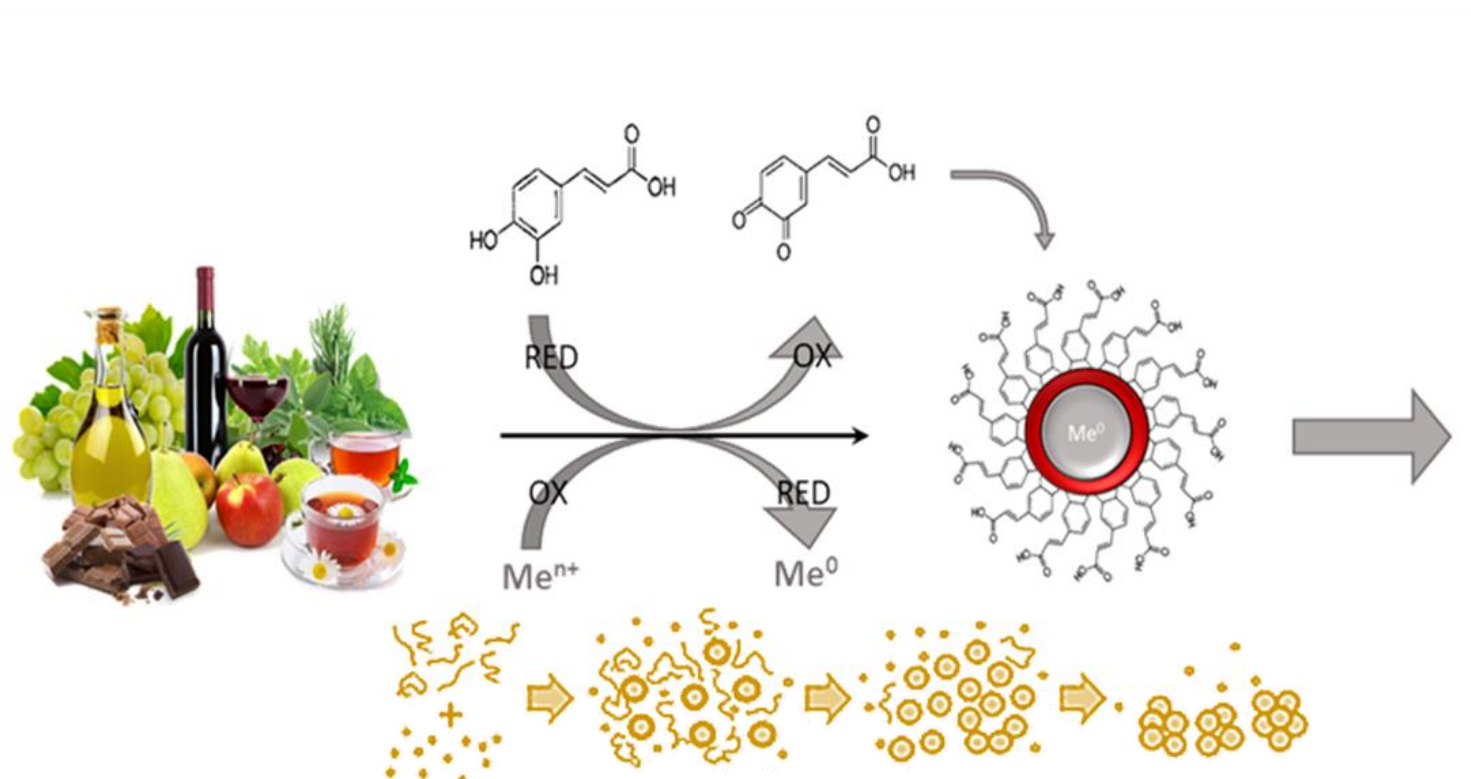
Gold nanocages

Nanocages

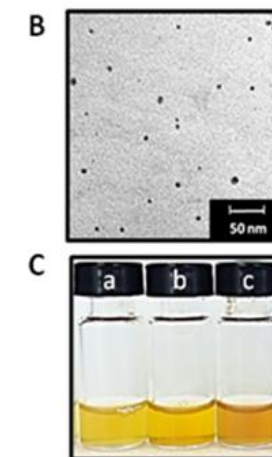
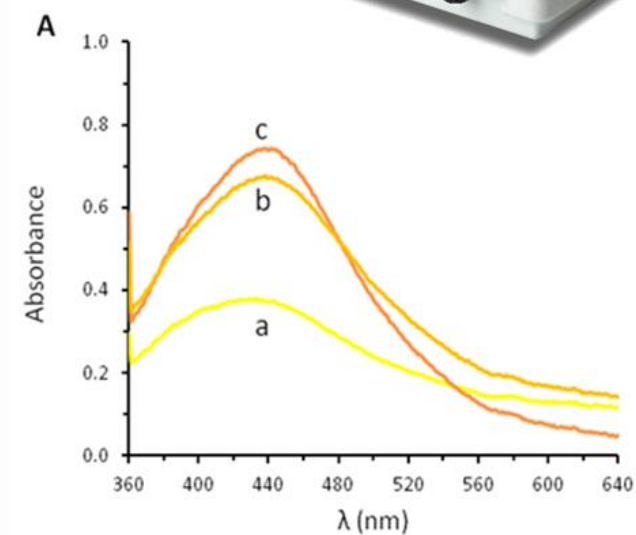


Optical-based method

Metal nanoparticles-based spectrophotometric method. Main strategy



LSPR



Della Pelle, F., & Compagnone, D. (2018). <https://doi.org/10.3390/s18020462>

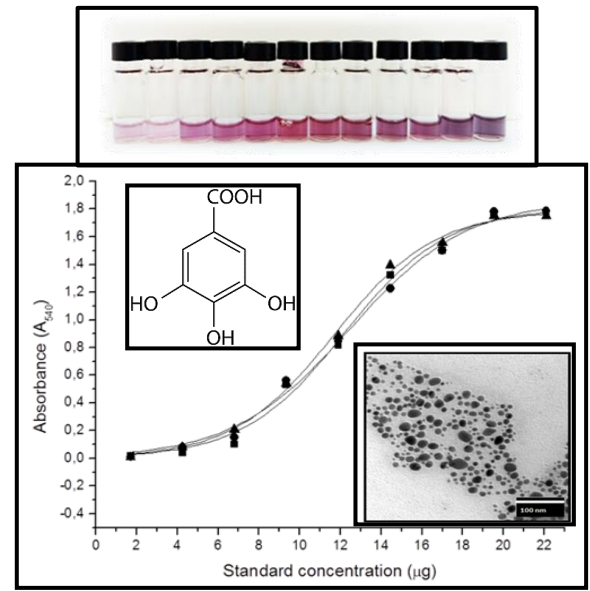
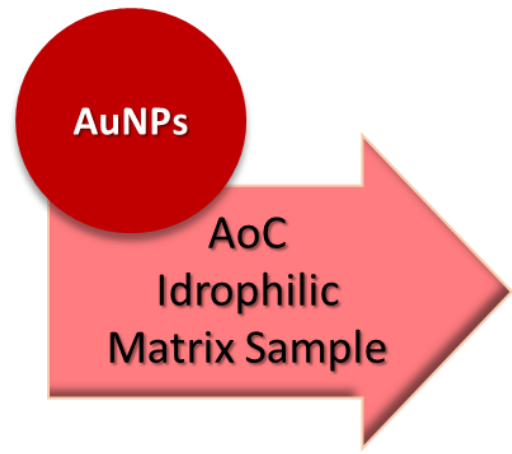
Della Pelle, F., Scroccarello, A., Sergi, M., Mascini, M., Del Carlo, M., & Compagnone, D. (2018). <https://doi.org/10.1016/j.foodchem.2018.02.141>

Della Pelle, F., Sergi, M., Del Carlo, M., Compagnone, D., & Escarpa, A. (2015). <https://doi.org/10.1021/acs.analchem.5b01489>

Della Pelle, F., Vilela, D., González, M. C., Lo Sterzo, C., Compagnone, D., Del Carlo, M., & Escarpa, A. (2015). <https://doi.org/10.1016/j.foodchem.2015.01.045>

Plasmonic-active nanostructured materials for sensing and biosensing

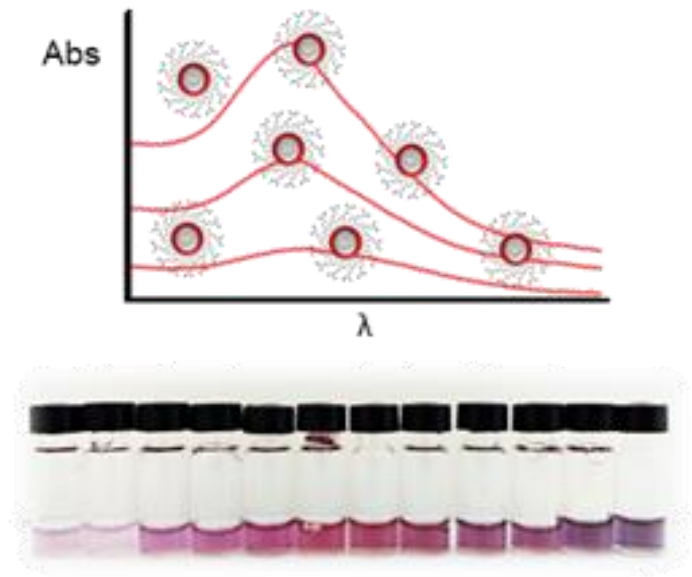
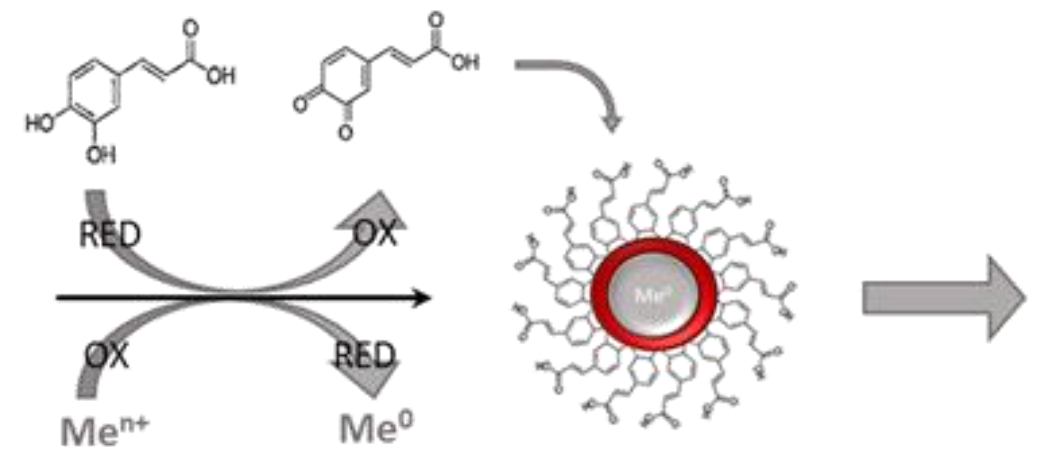
AuNPs from polyphenolic extract to fat matrix



MNPs formation is proportional to polyphenols content

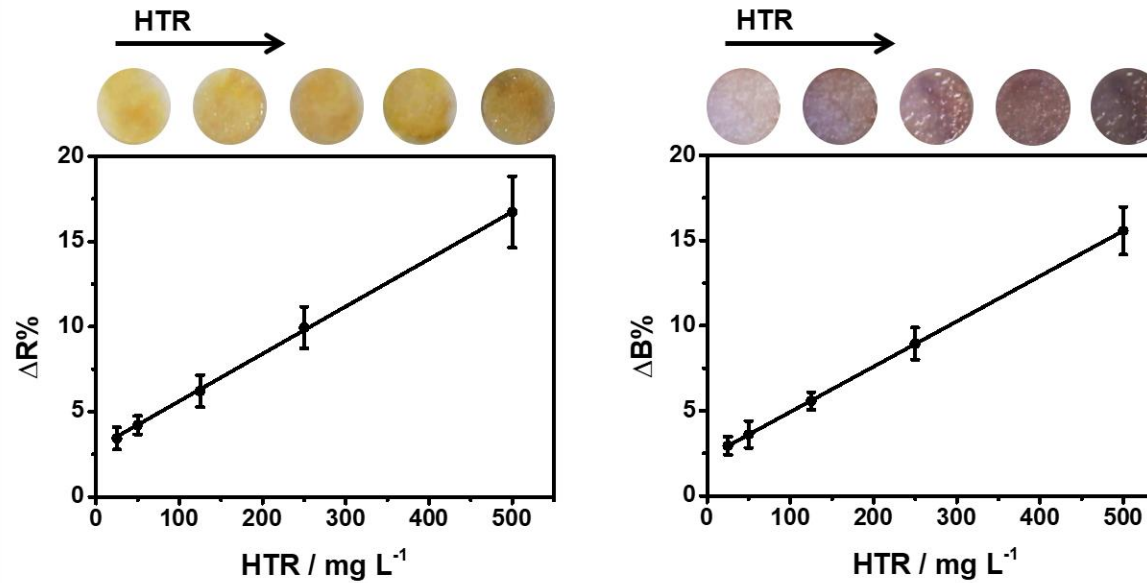


Analytical Methods
Antioxidant capacity index based on gold nanoparticles formation. Application to extra virgin olive oil samples
 Flavio Della Pelle^{a,b}, Diana Vilela^a, María Cristina González^a, Claudio Lo Sterzo^b, Darío Compagnone^b, Michele Del Carlo^{b,*}, Alberto Escarpa^{a,*}
^a Departamento de Química Analítica, Química-Física e Ingeniería Química, Facultad de Química, Universidad de Alcalá, 28871 Alcalá de Henares, Madrid, Spain
^b Facoltà di Bioscienze e Tecnologie Agro-Alimentari e Ambientali, Università degli Studi di Teramo, 64023 Mosciano Sant'Angelo, Italy

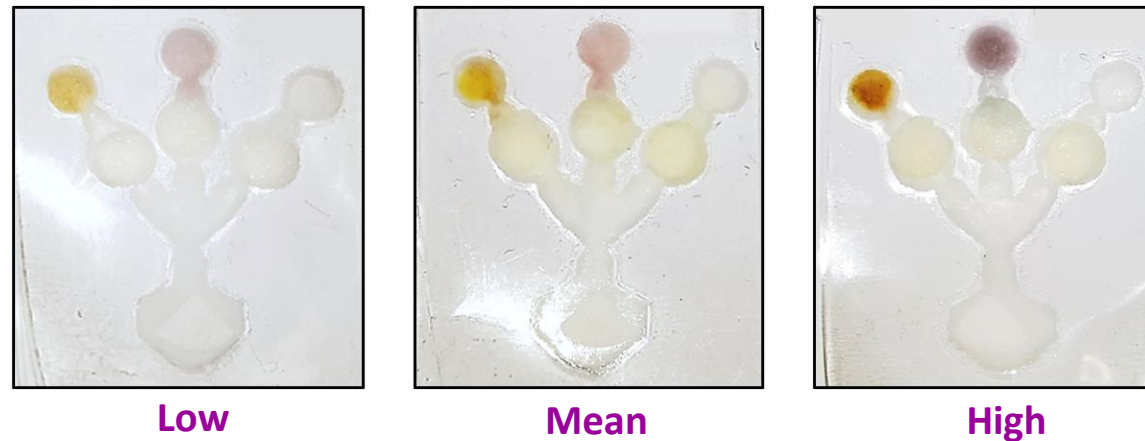


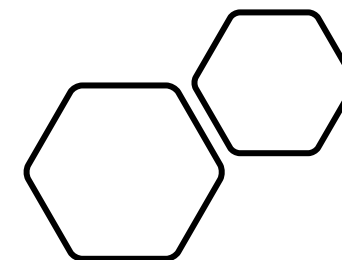
Extraction-free olive oil phenolic compounds evaluation through a seed growth strategy

Dose-response curve



EVOO samples' phenolic compounds content





LAB-EXPERIENCE INTRODUCTION

Simple and rapid gold nanoparticles (AuNPs) based antioxidant capacity assay



Analyte selection

C. R. Chimie 20 (2017) 1072–1082



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Comptes Rendus Chimie

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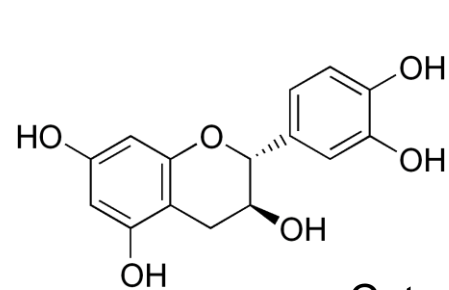
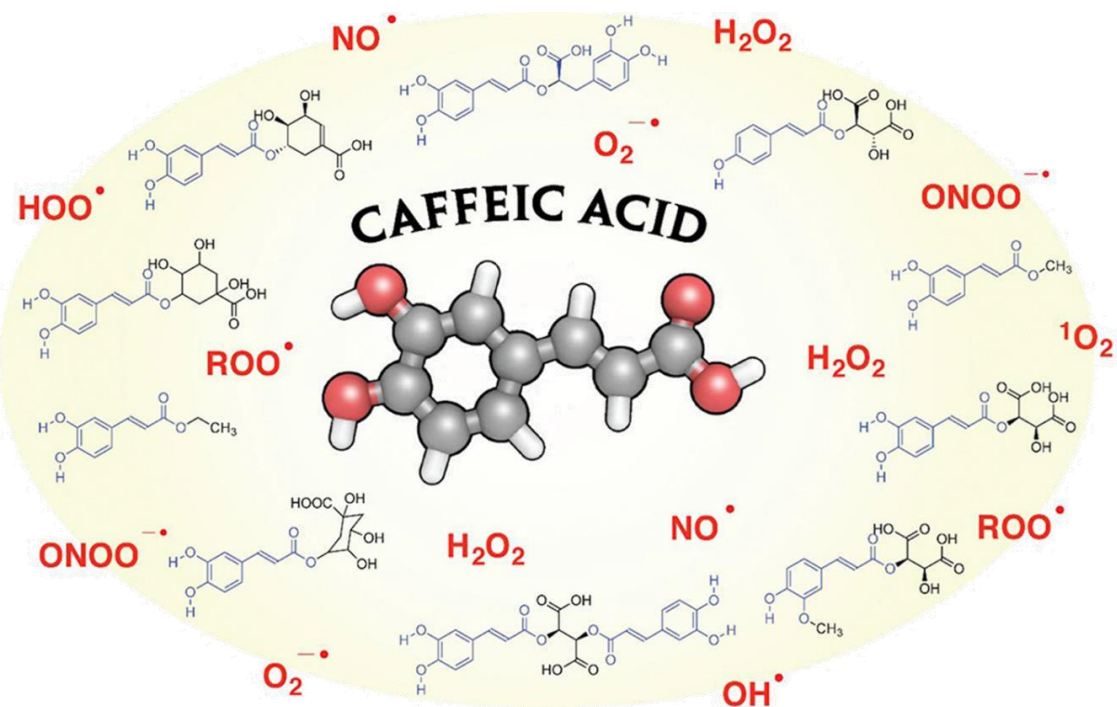


Full paper/Mémoire

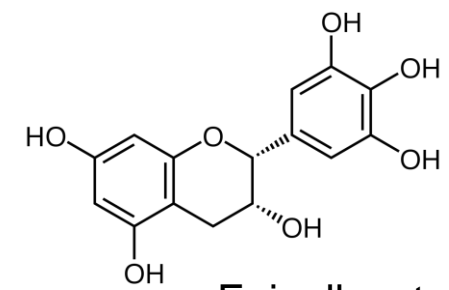
Antioxidant properties of several caffeic acid derivatives:
A theoretical study



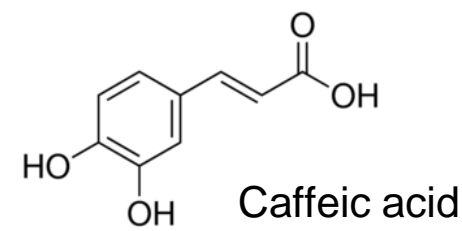
Alicja Urbaniak ^a, Jacek Kujawski ^b, Kornelia Czaja ^b, Malgorzata Szlag ^{c,*}



Catechin



Epigallocatechin



Caffeic acid



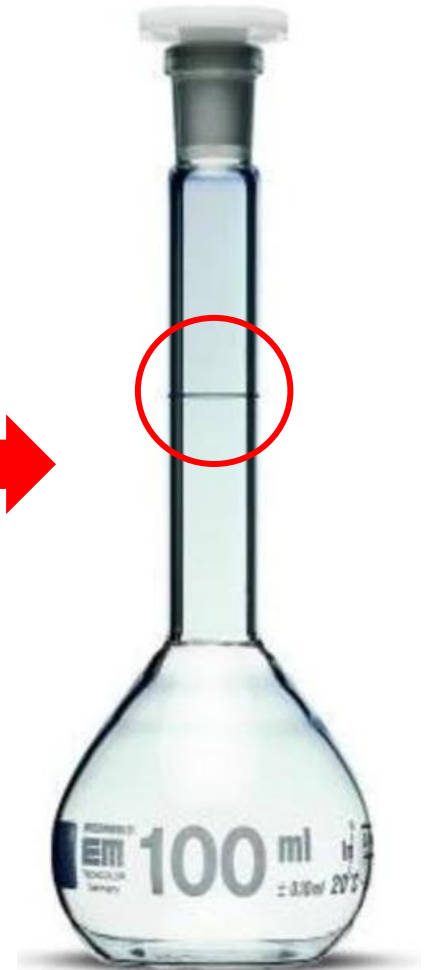
Why we use the caffeic acid as standard to perform the calibration curve?

1) Stock solution preparation

CAFFEIC ACID SOLUTION PREPARATION



Perform the
calculation



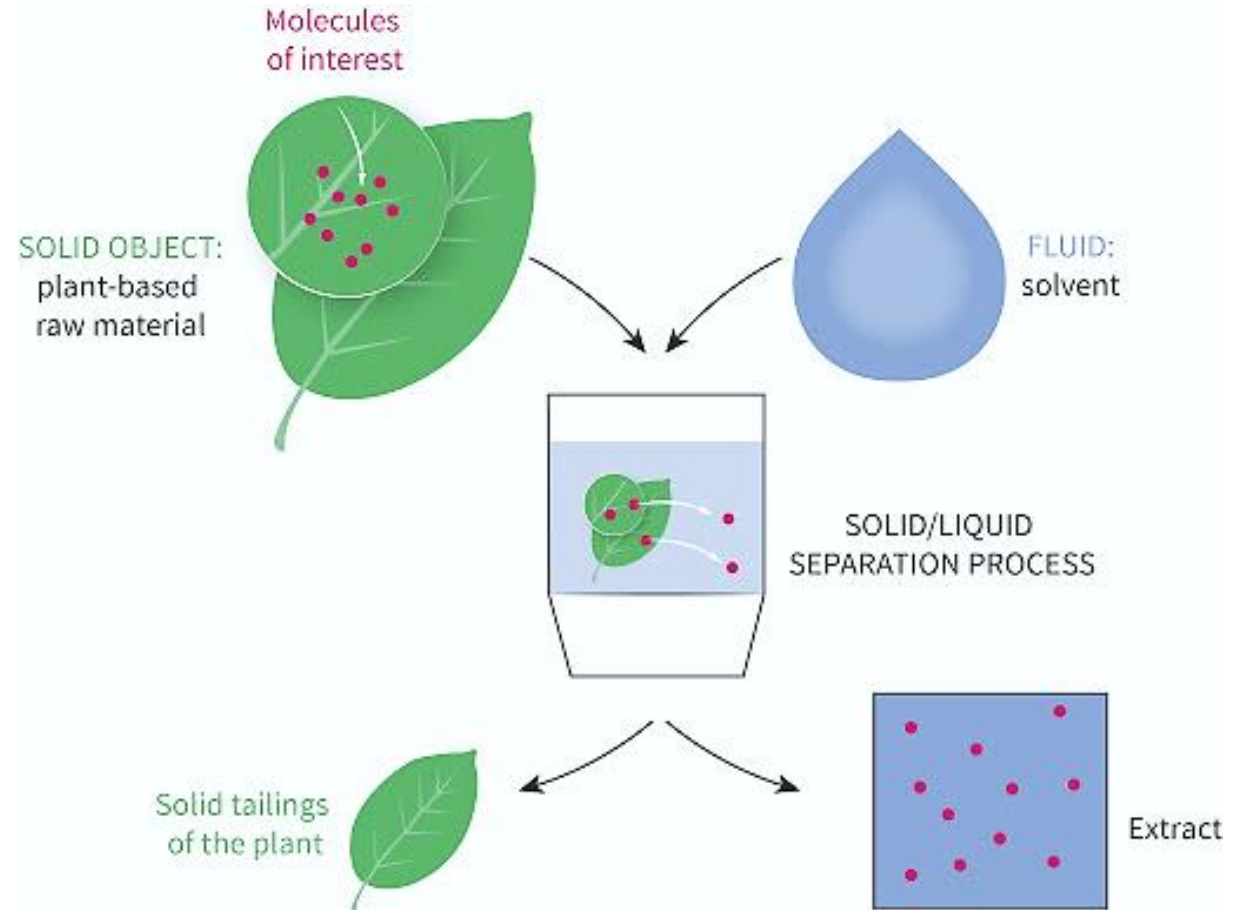
□ Lab-experience Step n.2

Solid-liquid extraction. Phenolic compounds extraction from solid sample.

A) Sample Weight



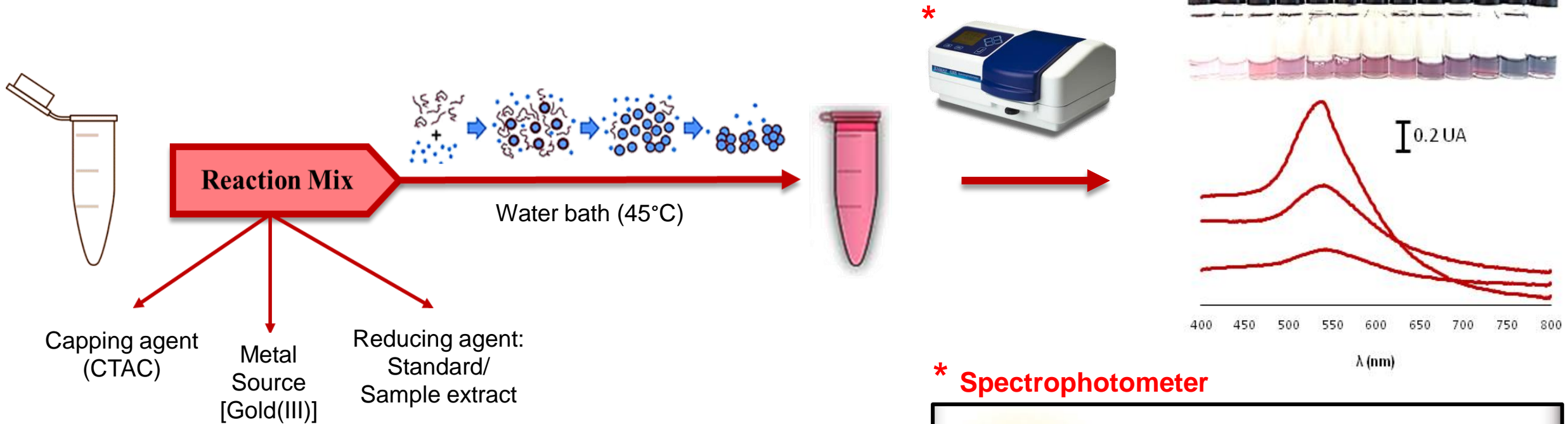
B) Sample Extraction



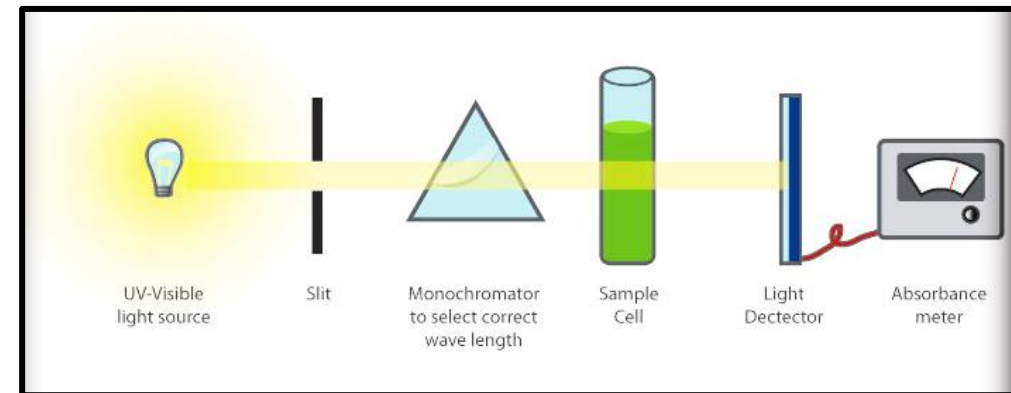
Antioxidant capacity assay

□ Lab-experience Step n.3

Simple and rapid gold nanoparticles (AuNPs) based antioxidant capacity assay

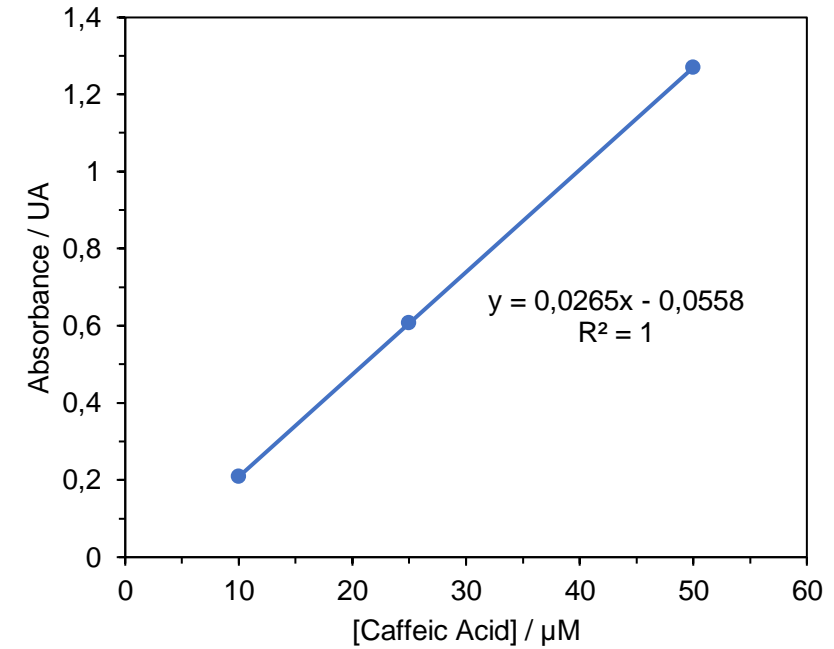
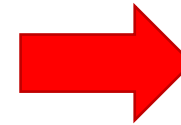
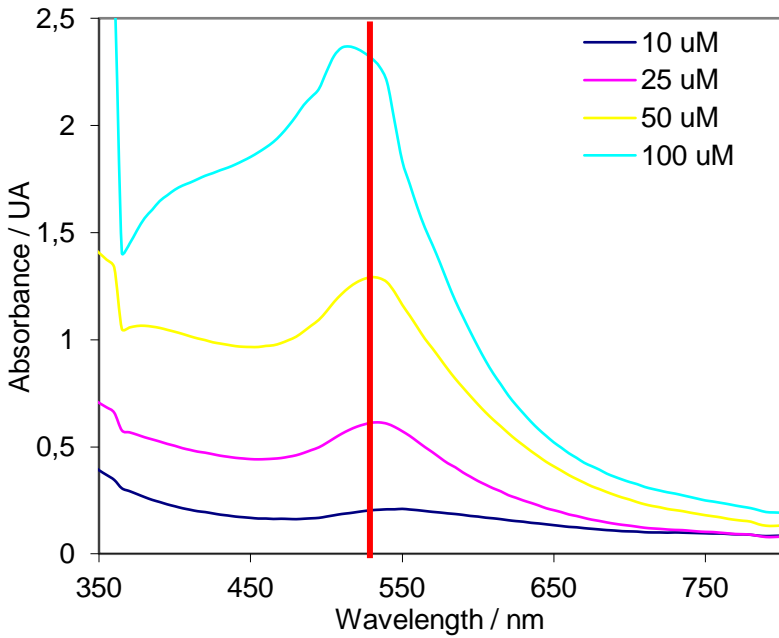


* Spectrophotometer



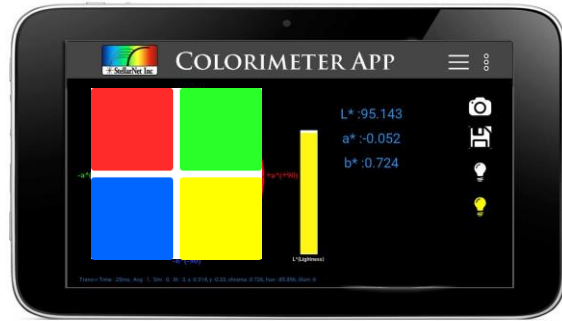
4.1) Caffeic acid evaluation in food sample

□ Experimental dose-response curve construction



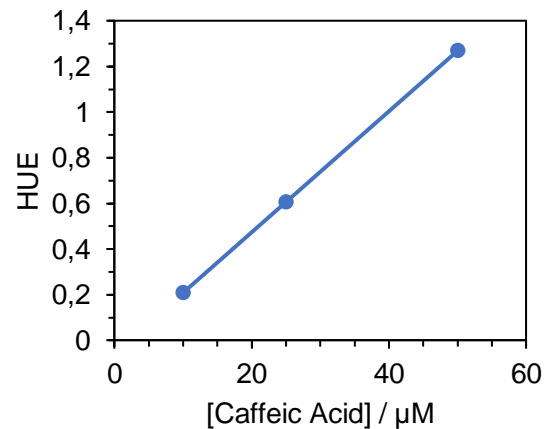
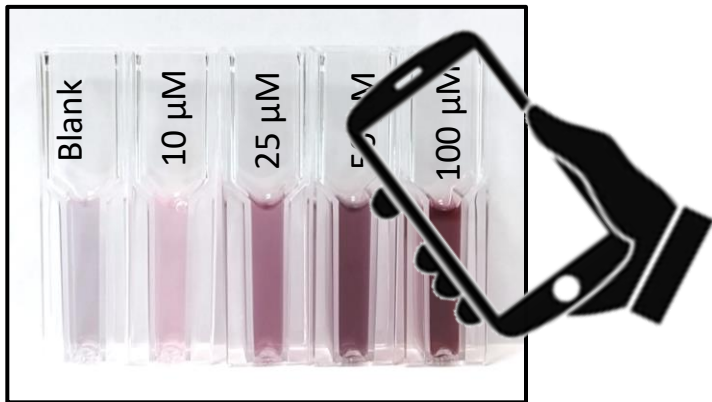
4.6) Caffeic acid evaluation in food sample

□ Colorimetric approach

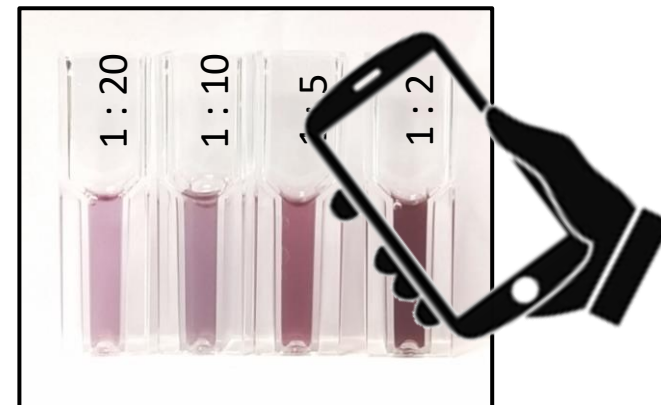


- 1) Take a picture of the reacted calibration curve using the white sheet as background
- 2) Take a picture of the reacted sample using the white sheet as background
- 3) With the downloaded app, take the analytical signal in the RGB colorimetric space
- 4) Try to build up the calibration curve using the RGB and the single hue (R, G, and B) as signal

Dose-response curve
HUE vs. [Standard]



SAMPLE and sample analysis



$$x = \frac{y \pm q}{m}$$