



## **LAB-EXPERIENCE INTRODUCTION**



## 1- Conoscenze di base

## 2- Attrezzature di laboratorio

## 3- Come utilizzare le attrezzature di laboratorio

## 4- Preparazione della soluzione madre

- 1) Preparazione della soluzione da un substrato solido
- 2) Preparazione della soluzione mediante diluizione di una soluzione madre
- 3) Preparazione della soluzione tampone
- 4) Diluizione v/v, diluizione seriale

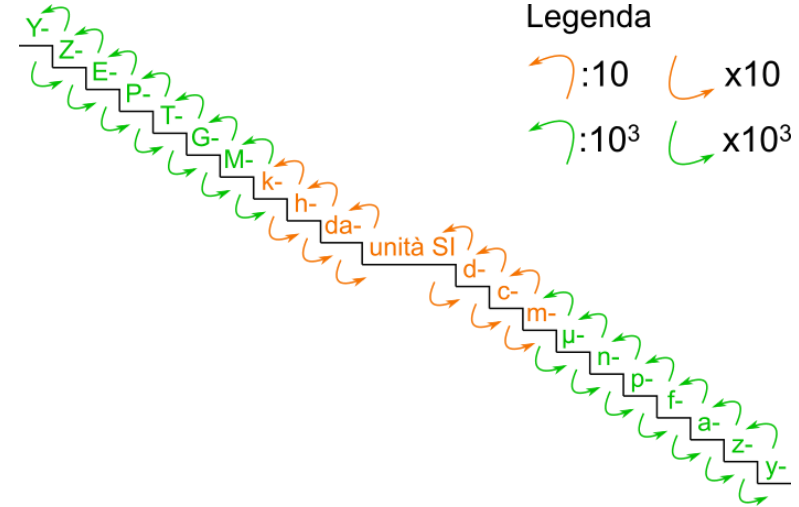
## 5- Principio di estrazione degli analiti

## 6- Elementi costitutivi di un'analisi

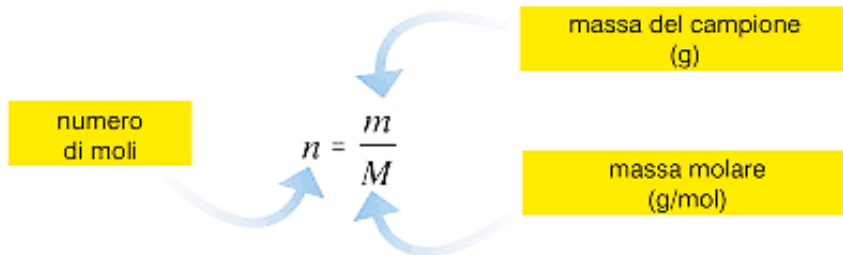
## 7- Strategie analitiche

## Formulario

SI Base Units		
Physical Quantity	Name of Unit	Abbreviation
Mass	kilogram	kg
Length	meter	m
Time	second	s
Temperature	kelvin	K
Amount of substance	mole	mol
Electric current	ampere	A
Luminous intensity	candela	cd



### Moles and [C]



$$\text{molarità} = M = \frac{n_{\text{soluto}} (\text{mol})}{V_{\text{soluzione}} (\text{L})}$$

### The Dilution Equation

$$M_1 V_1 = M_2 V_2$$

$M_1$  = initial molarity ("stock solution")

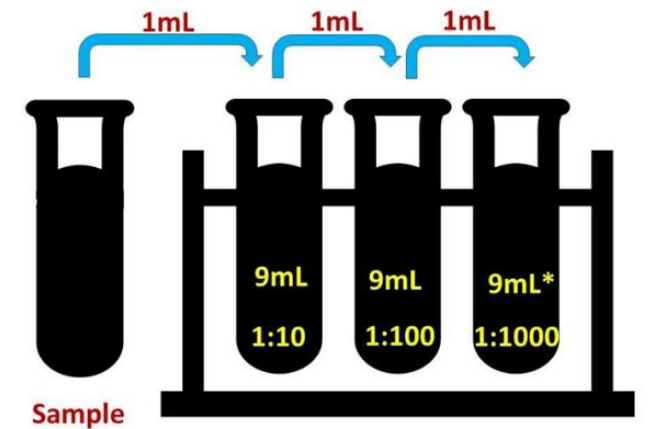
$V_1$  = initial volume (Liters)

$M_2$  = final (desired) molarity

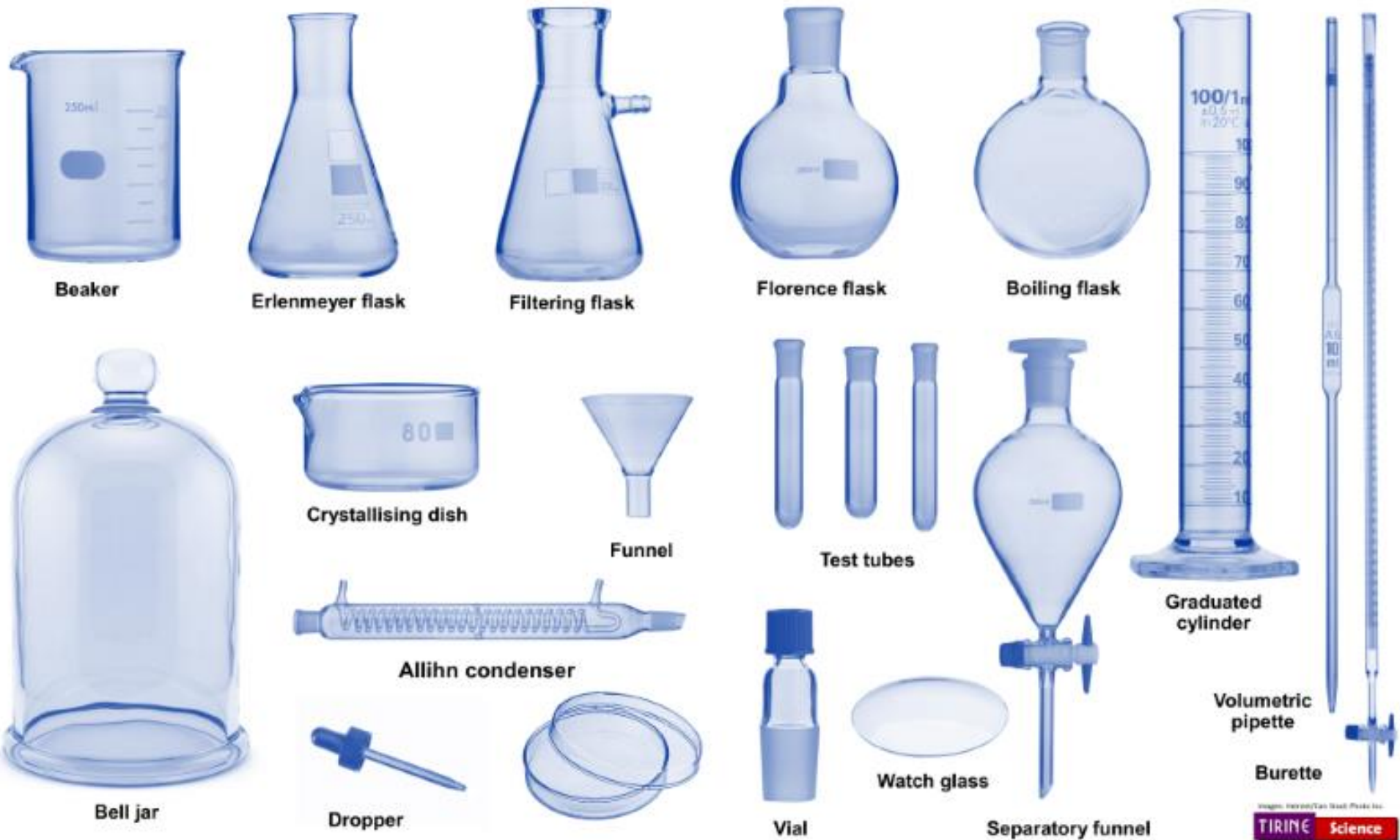
$V_2$  = final volume (Liters)

This equation is used when you have a "stock solution" of higher molarity than you need and you need to dilute it to a lower molarity by adding additional solvent.

### Diluizione seriale



\*Dilution tubes begin with 9mL. 1mL is added, mixed then 1mL is transferred to next tube. The ending volume in last tube would be 10mL.



spruzzetta



Eppendorf



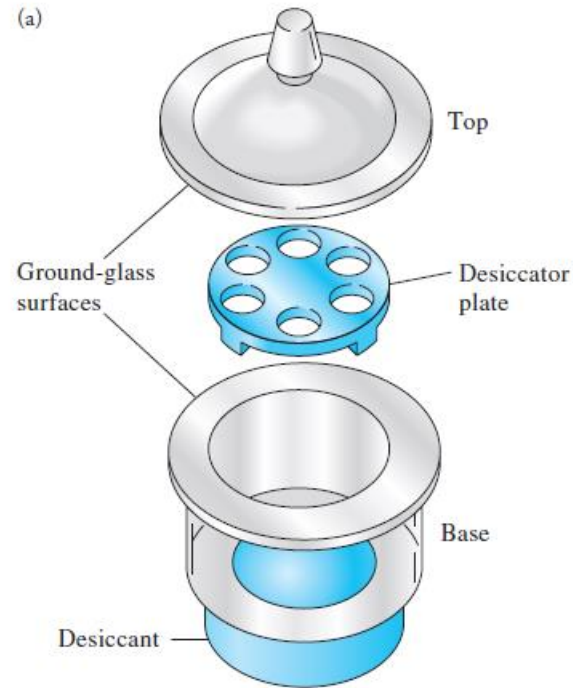
Vassoio porta provette



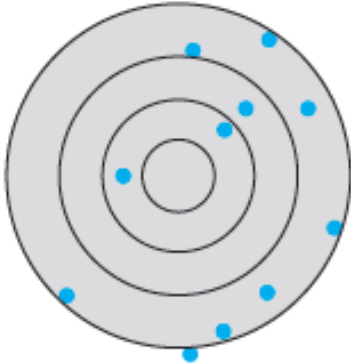
Falcon



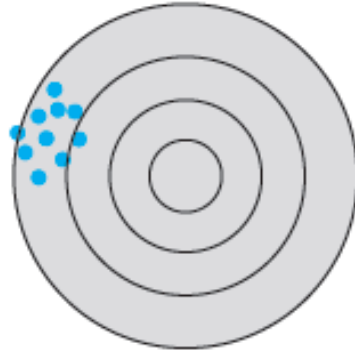
## □ Essiccatore



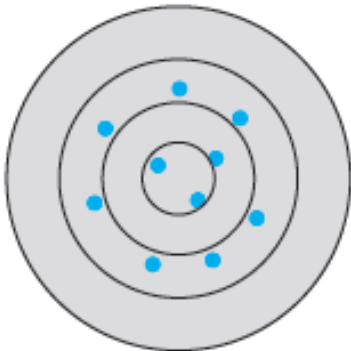
**Figure 2-8** (a) Components of a typical desiccator. The base contains a chemical drying agent, which is usually covered with a wire screen and a porcelain plate with holes to accommodate weighing bottles or crucibles. (b) Photo of desiccator containing weighing bottles with dry solids.



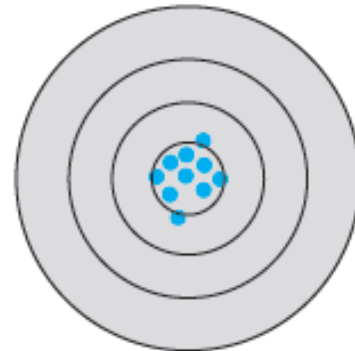
Low accuracy, low precision



Low accuracy, high precision



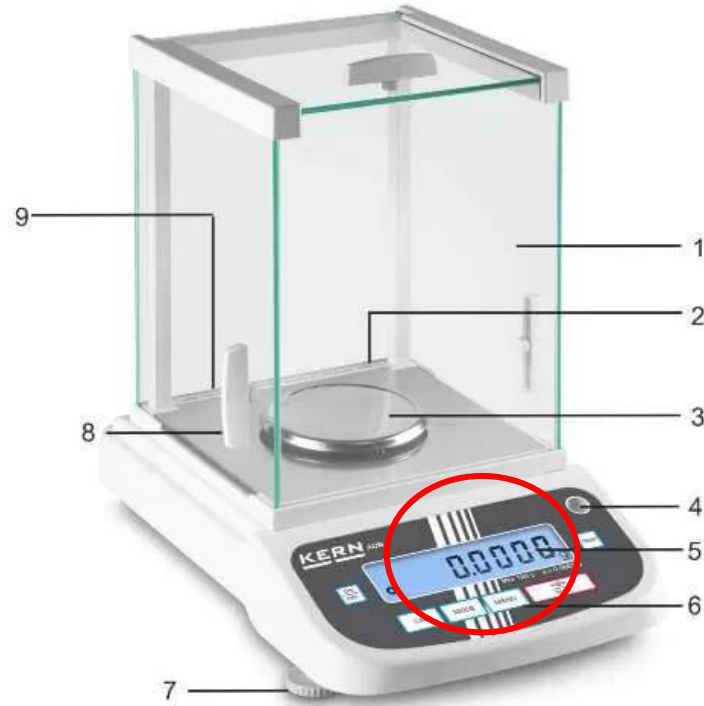
High accuracy, low precision



High accuracy, high precision

**Cosa significa accuratezza?  
Cosa significa precisione?**

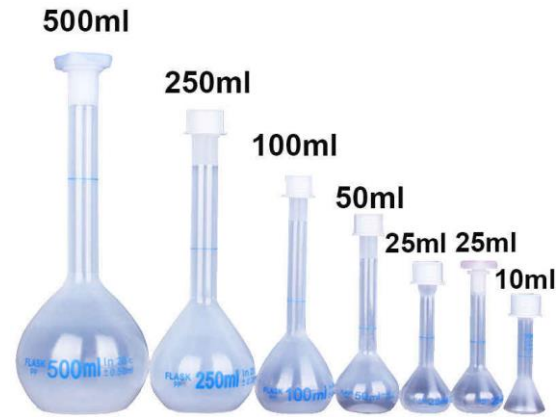
## Bilancia tecnica e analitica



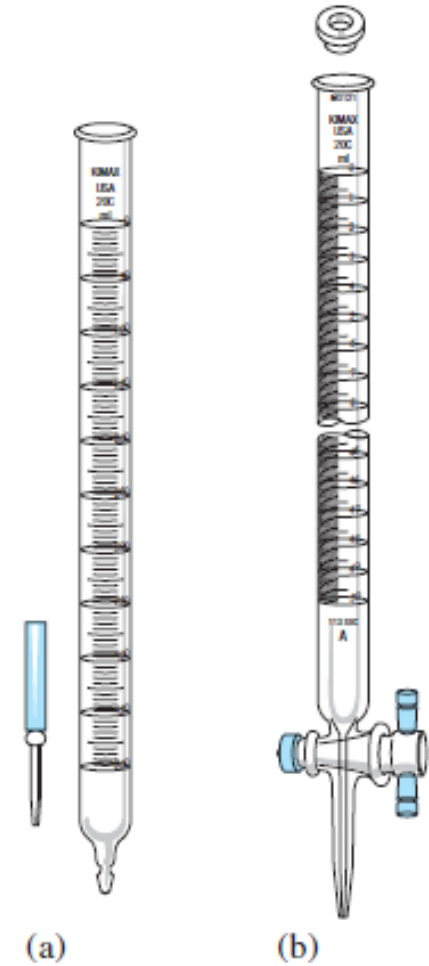


## □ PALLONE

**FARE  
ATTENZIONE!!!  
Parallasse error!**



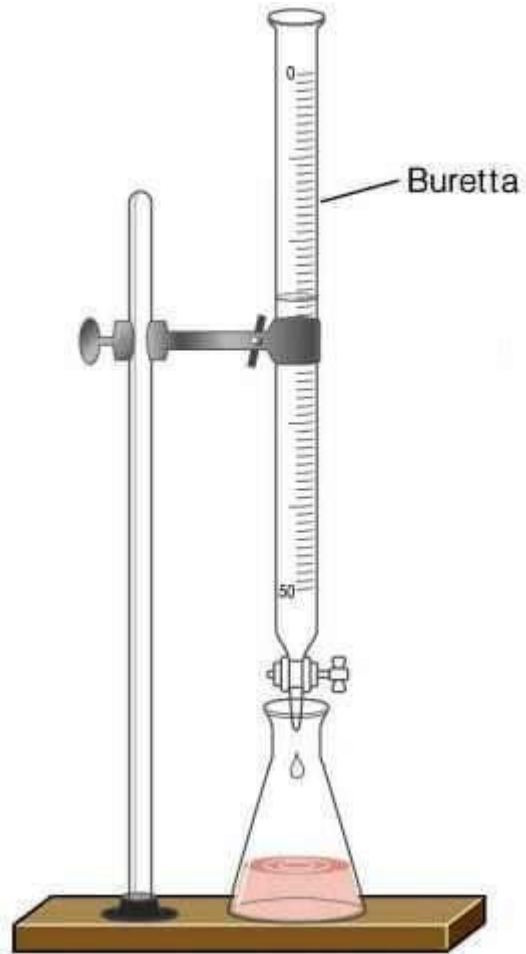
## □ BURETTA



**Figure 2-19** Burets:  
(a) glass-bead valve,  
(b) Teflon valve.

## □ BURETTA

Fare attenzione all'errore di parallasse



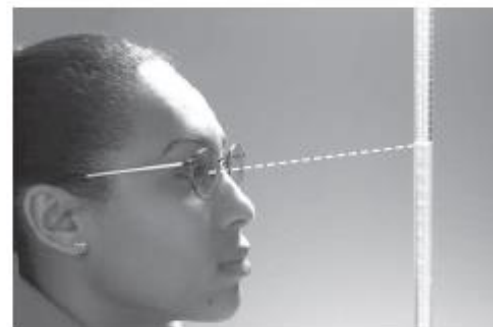
(a)

(b)



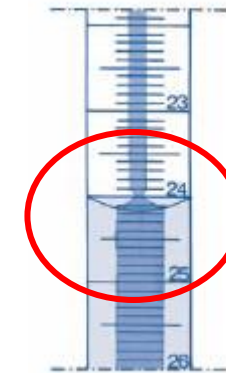
(c)

(d)



(e)

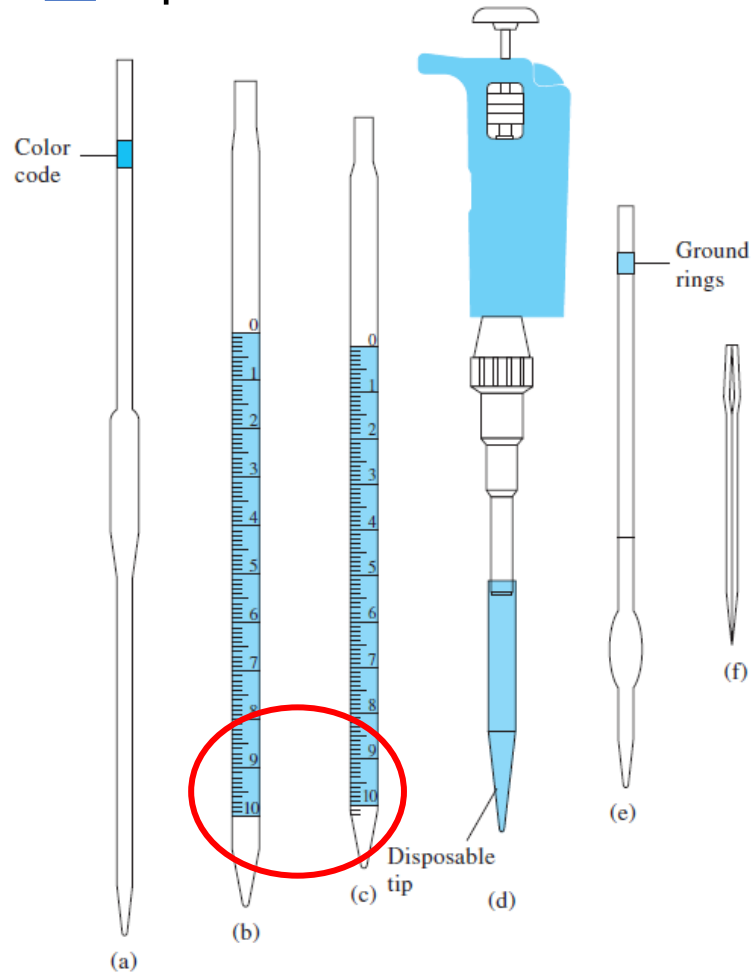
(f)



B



## □ Pipette



**Figure 2-17** Typical pipets:  
(a) volumetric pipet, (b) Mohr pipet,  
(c) serological pipet, (d) Eppendorf  
micropipet, (e) Ostwald–Folin pipet,  
(f) lambda pipet.



Tolerances, Class A Transfer Pipets	
Capacity, mL	Tolerances, mL
0.5	±0.006
1	±0.006
2	±0.006
5	±0.01
10	±0.02
20	±0.03
25	±0.03
50	±0.05
100	±0.08

**TABLE 2-2**

Characteristics of Pipets				
Name	Type of Calibration*	Function	Available Capacity, mL	Type of Drainage
Volumetric	TD	Delivery of fixed volume	1–200	Free
Mohr	TD	Delivery of variable volume	1–25	To lower calibration line
Serological	TD	Delivery of variable volume	0.1–10	Blow out last drop**
Serological	TD	Delivery of variable volume	0.1–10	To lower calibration line
Ostwald-Folin	TD	Delivery of fixed volume	0.5–10	Blow out last drop**
Lambda	TC	Containment of fixed volume	0.001–2	Wash out with suitable solvent
Lambda	TD	Delivery of fixed volume	0.001–2	Blow out last drop**
Eppendorf	TD	Delivery of variable or fixed volume	0.001–1	Tip emptied by air displacement

\*TD, to deliver; TC, to contain.

\*\*A frosted ring near the top of pipets indicates that the last drop is to be blown out.

## □ PIPETTE IN VETRO

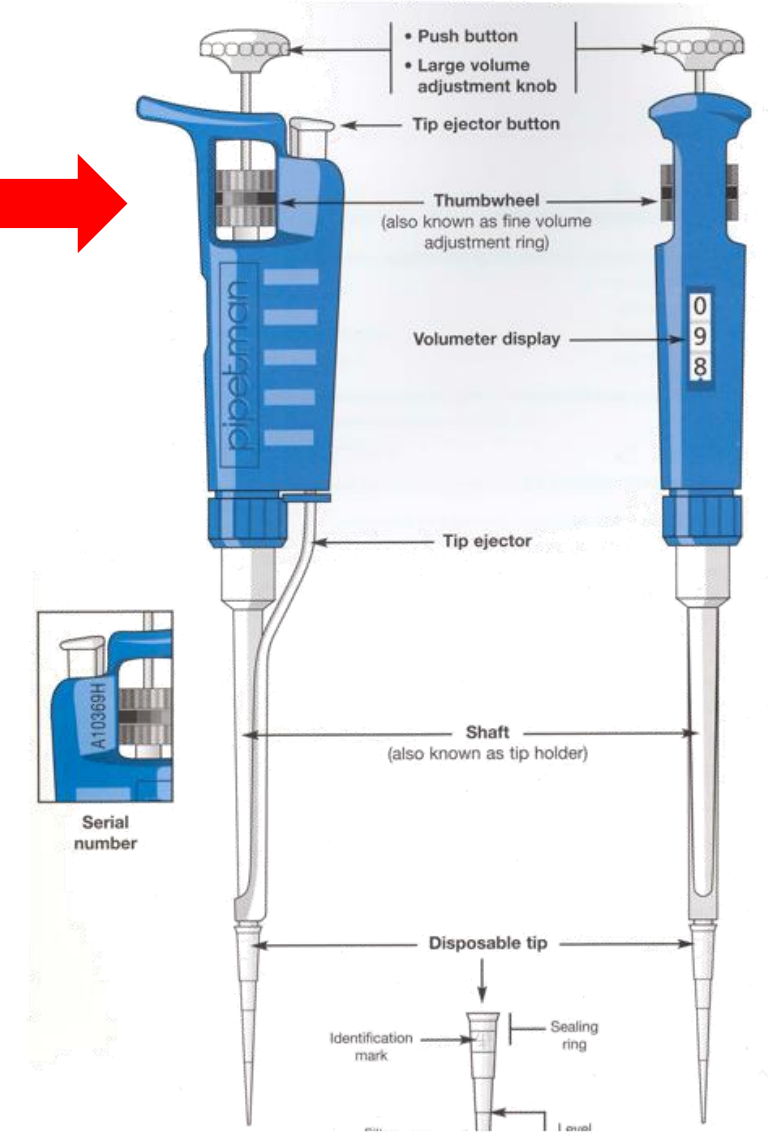
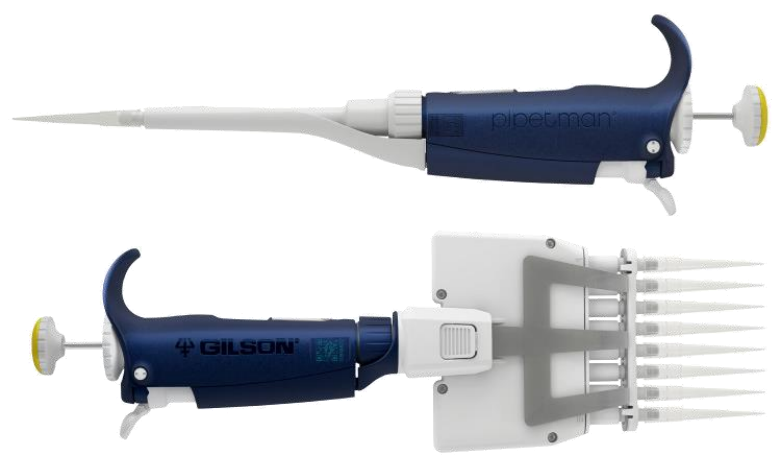


## PALLA DI PELEO O PROPIPETTA



# Measuring volume

## □ Micropipetta

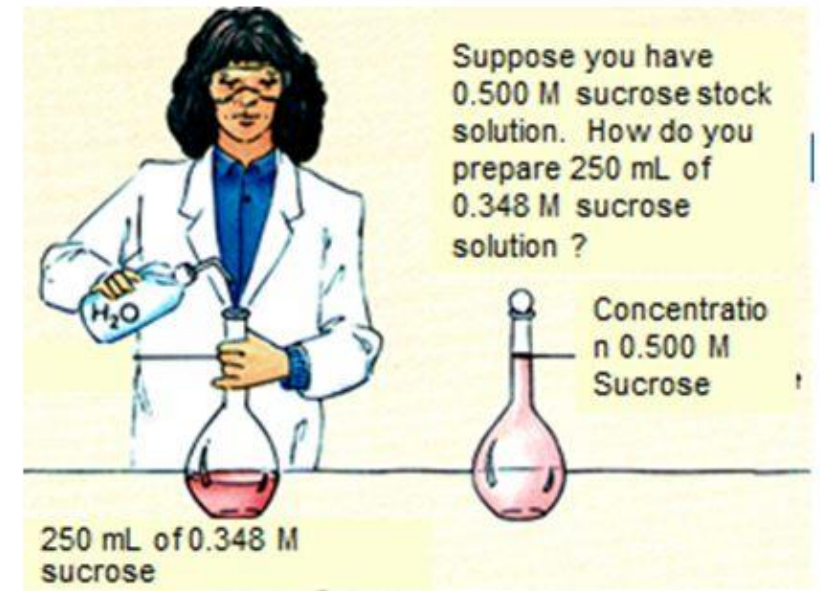
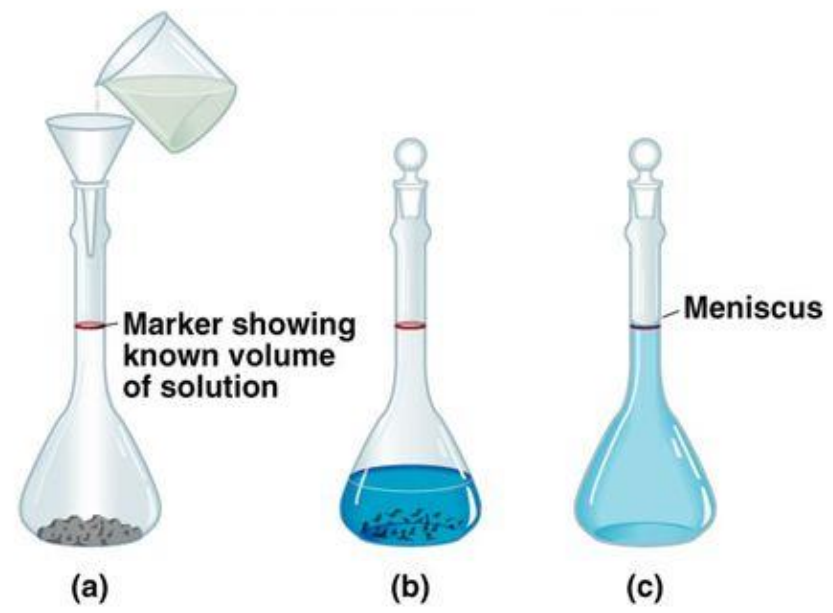


Range and Precision of Typical Eppendorf Micropipets

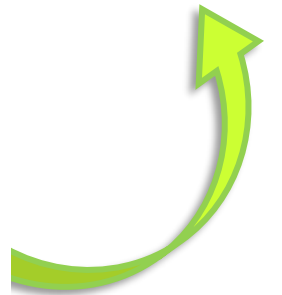
Volume Range, µL	Standard Deviation, µL
1-20	<0.04 @ 2 µL
10-100	<0.06 @ 20 µL
20-200	<0.10 @ 15 µL
100-1000	<0.15 @ 100 µL
500-5000	<0.15 @ 25 µL
	<0.30 @ 200 µL
	<0.6 @ 250 µL
	<1.3 @ 1000 µL
	<3 @ 1.0 mL
	<8 @ 5.0 mL

## Two methods for Preparation of a desired volume of a Molar Solution

- 1) Preparation from a solid solute.
- 2) Preparation by Dilution of a Concentrated Stock Solution.

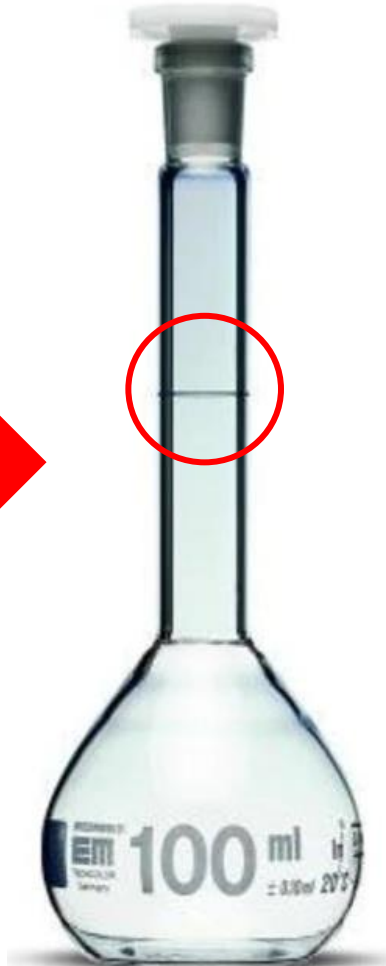
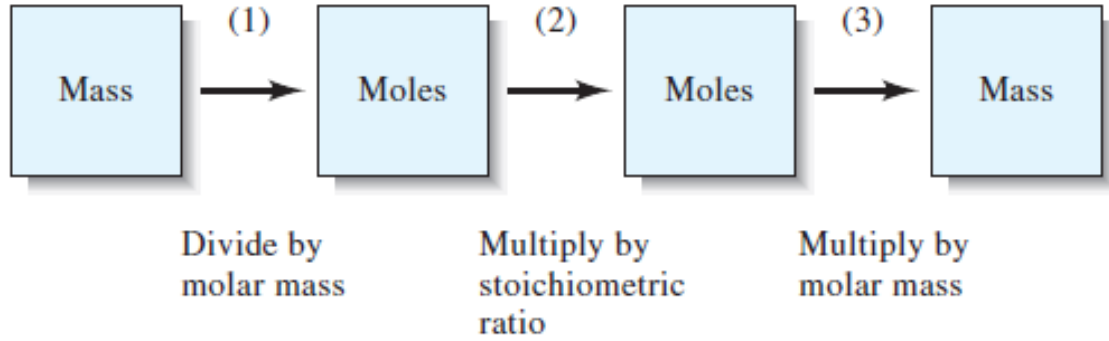


How to solve?

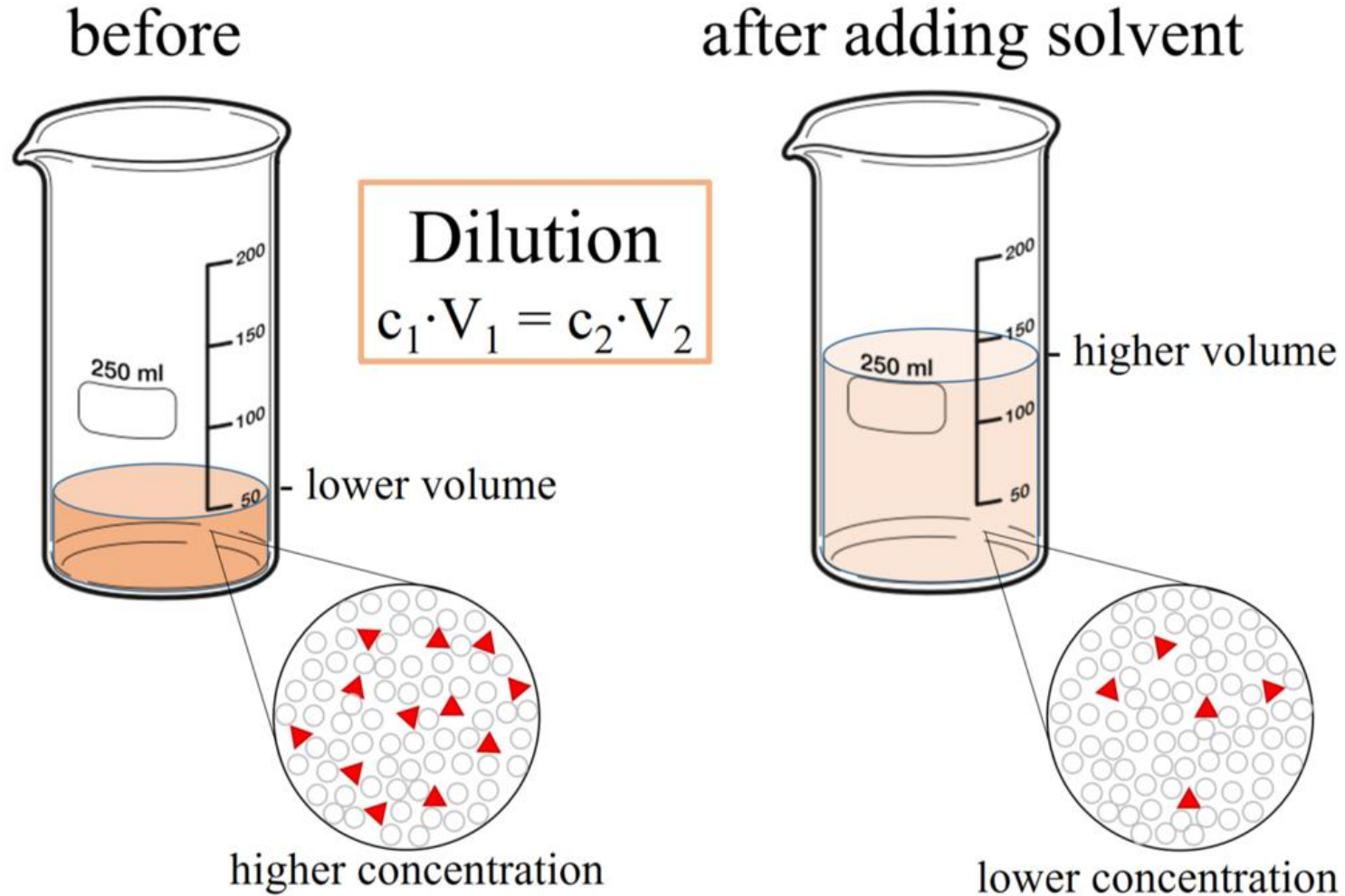


# PREPARAZIONE DELLA SOLUZIONE MADRE

## □ 1) Preparation from a solid substrate

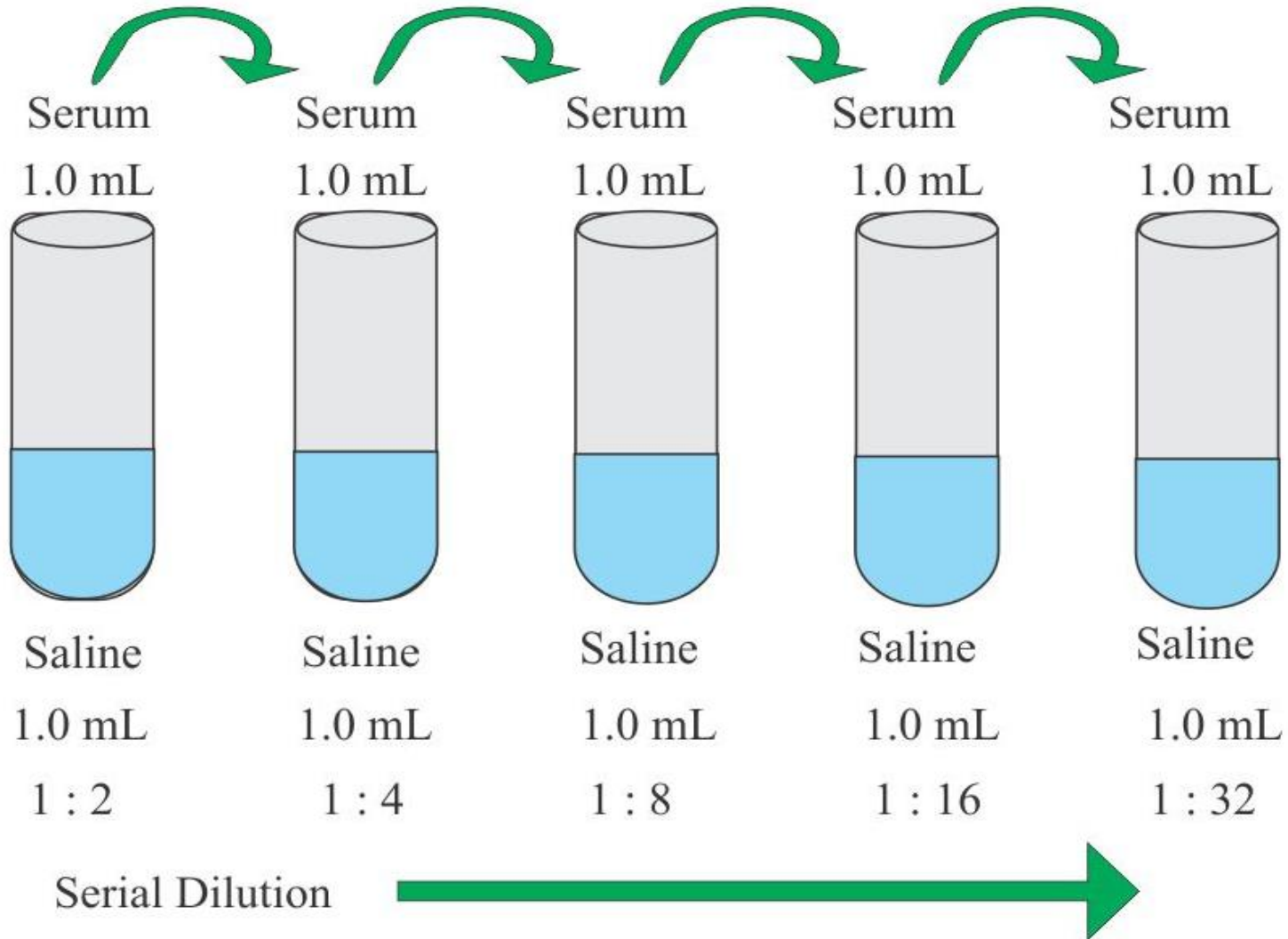


- 2) Preparazione mediante diluizione di una soluzione madre concentrata

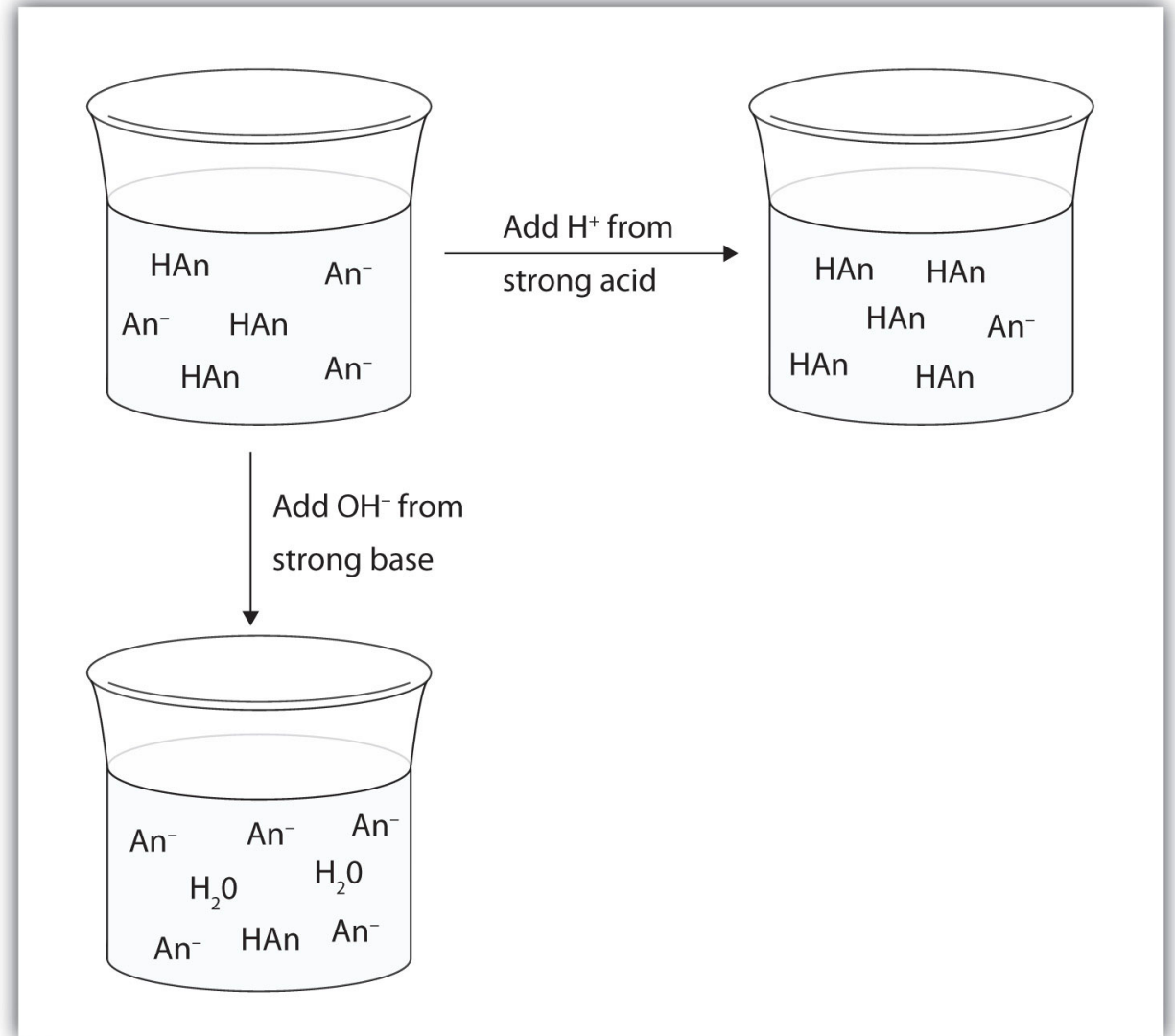
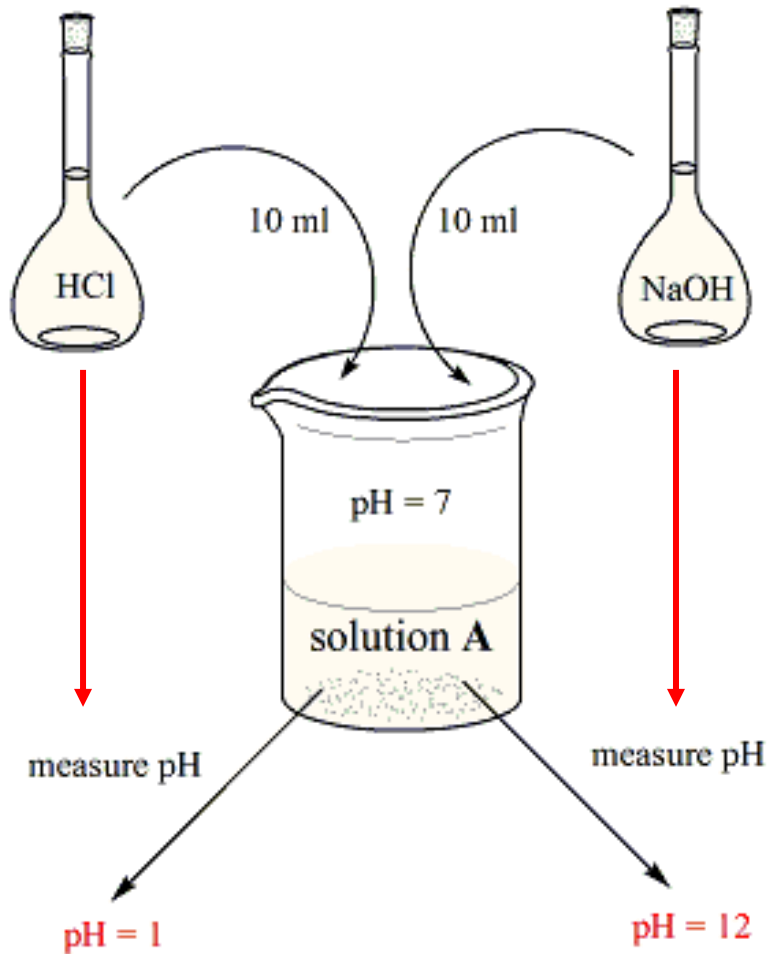




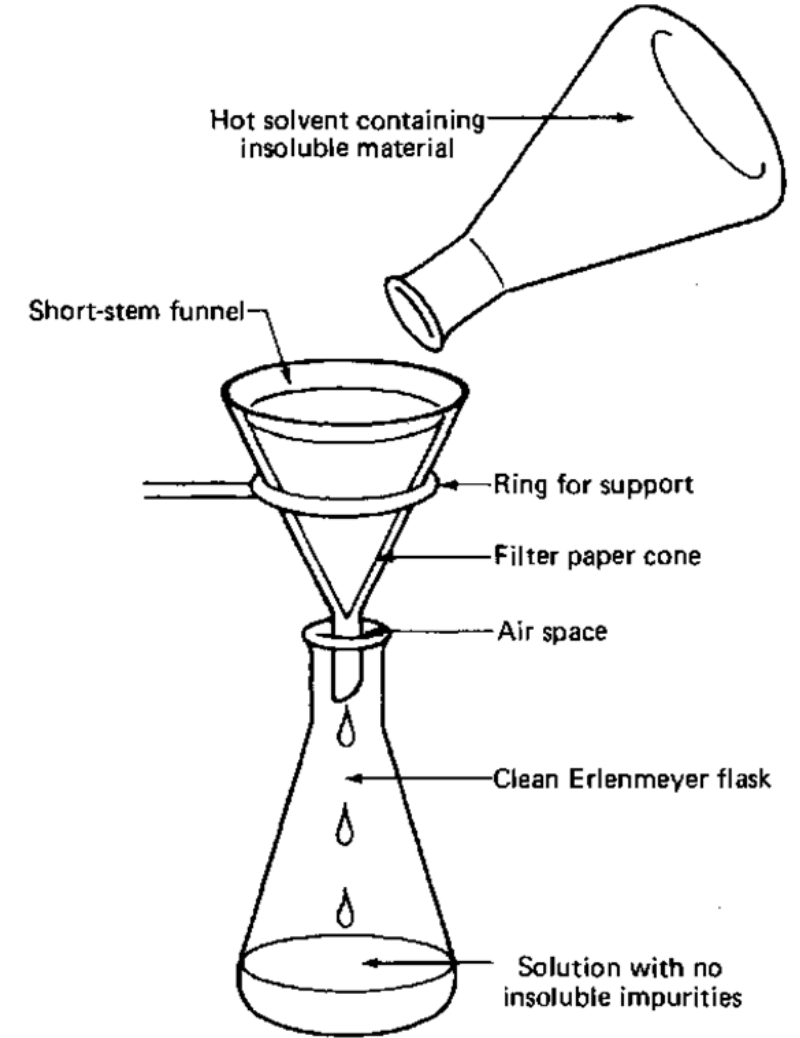
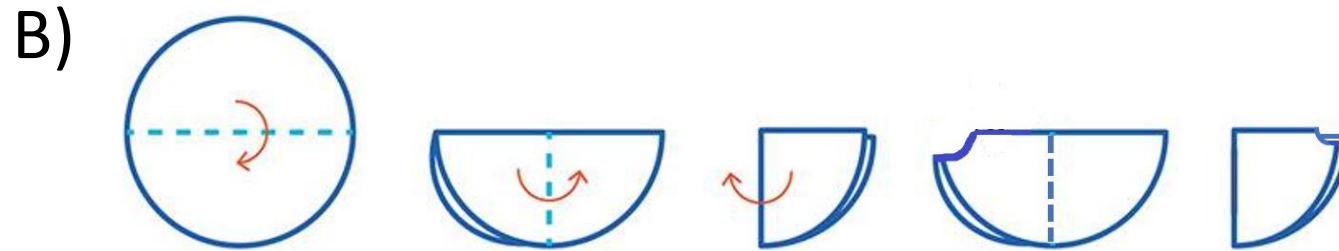
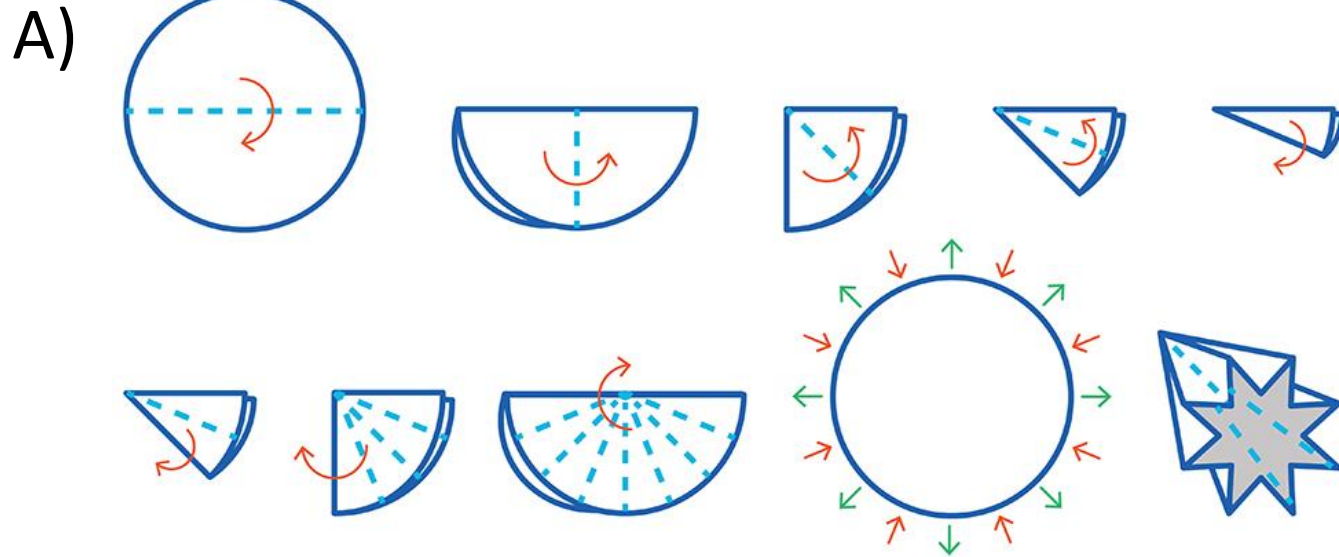
## Serial Dilution



# Preparazione della soluzione tampone

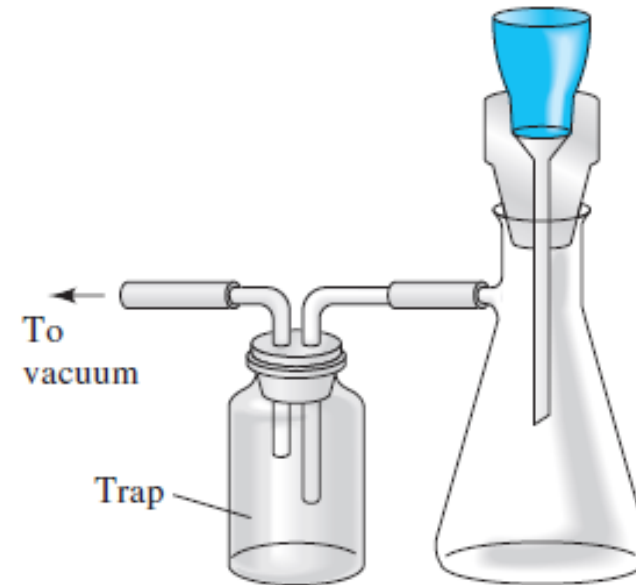
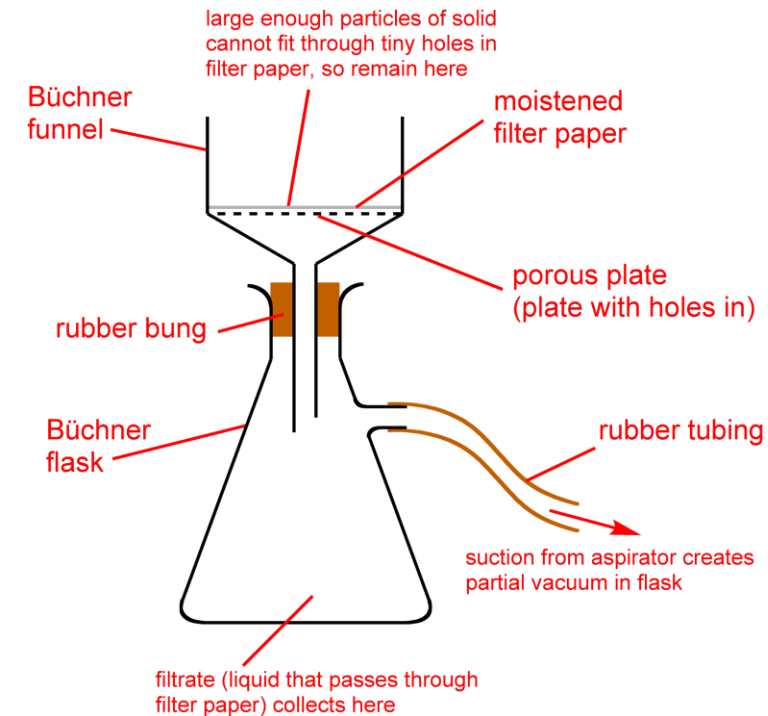


## □ Come costruire un filtro di carta

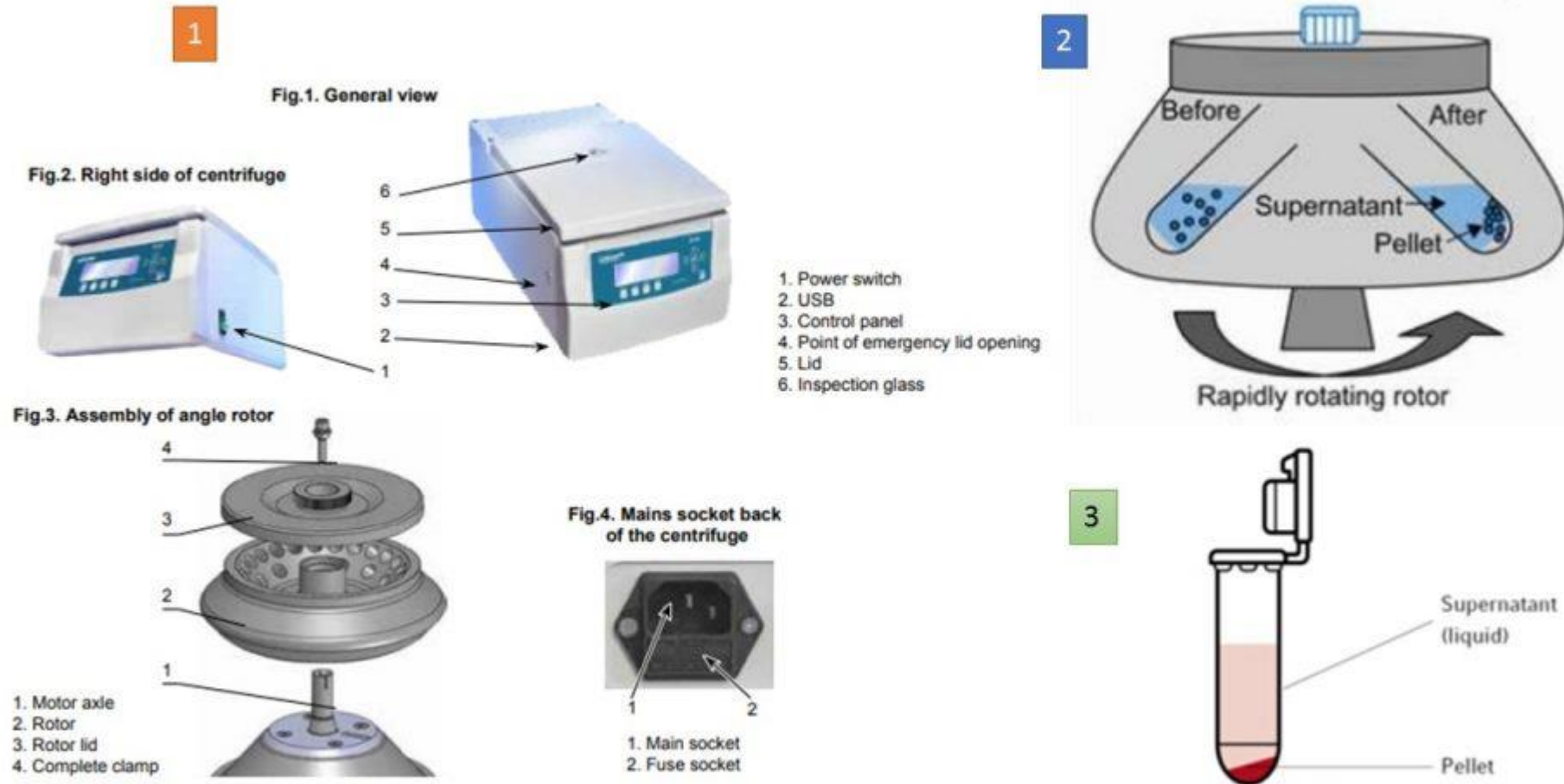


## □ Filtrazione sottovuoto

### Vacuum system



## Centrifuga



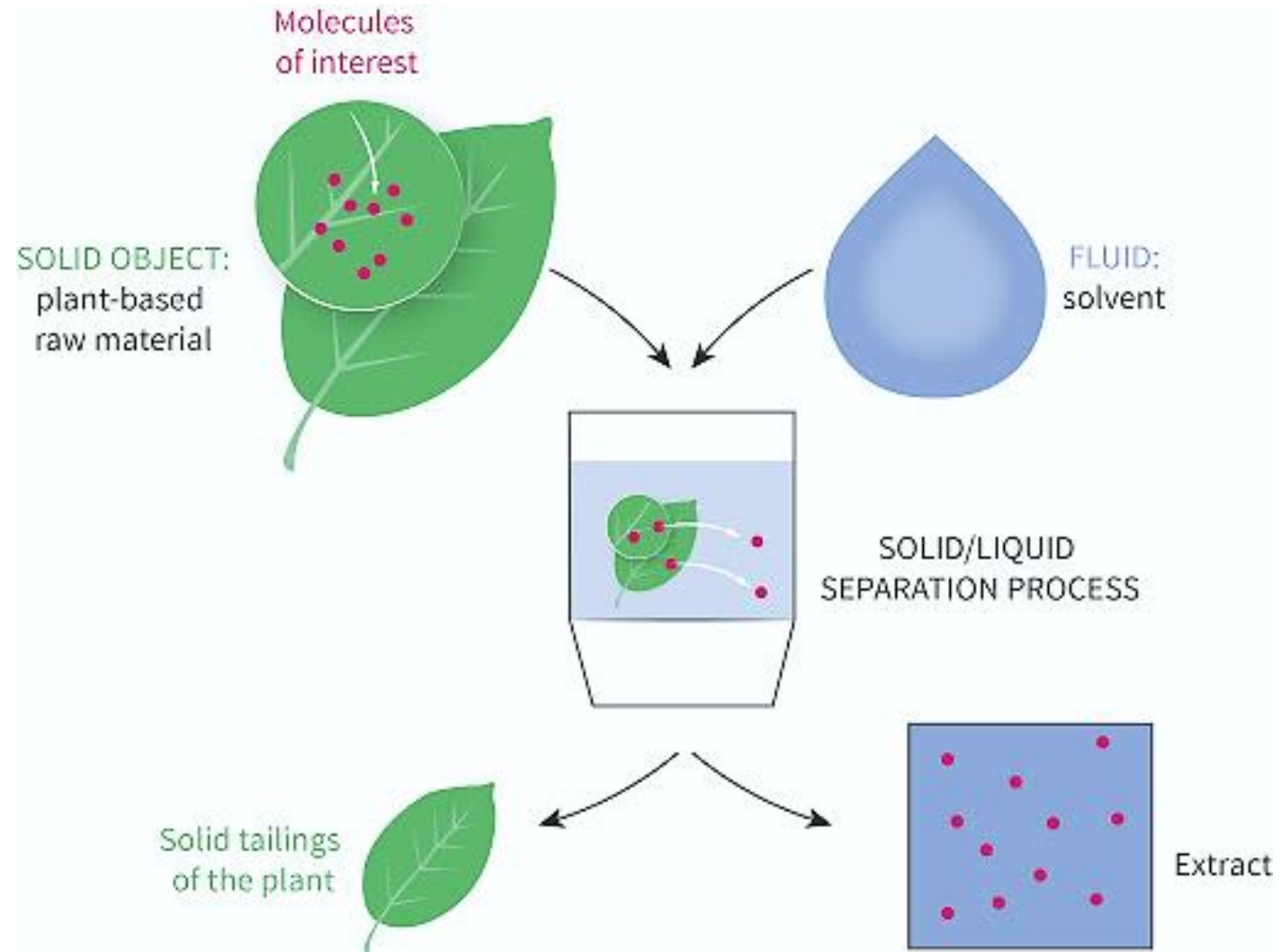
**Fig. Centrifuge: General View, Centrifugation procedure and components separation**

Estrazione solido-liquido. Estrazione forma campione solido.

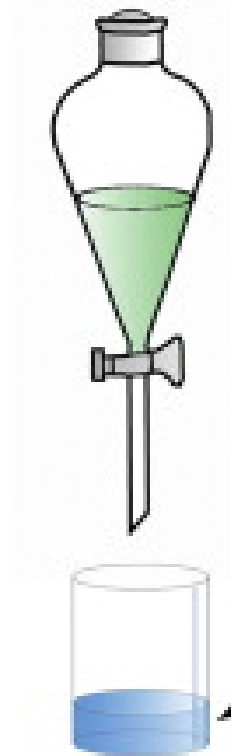
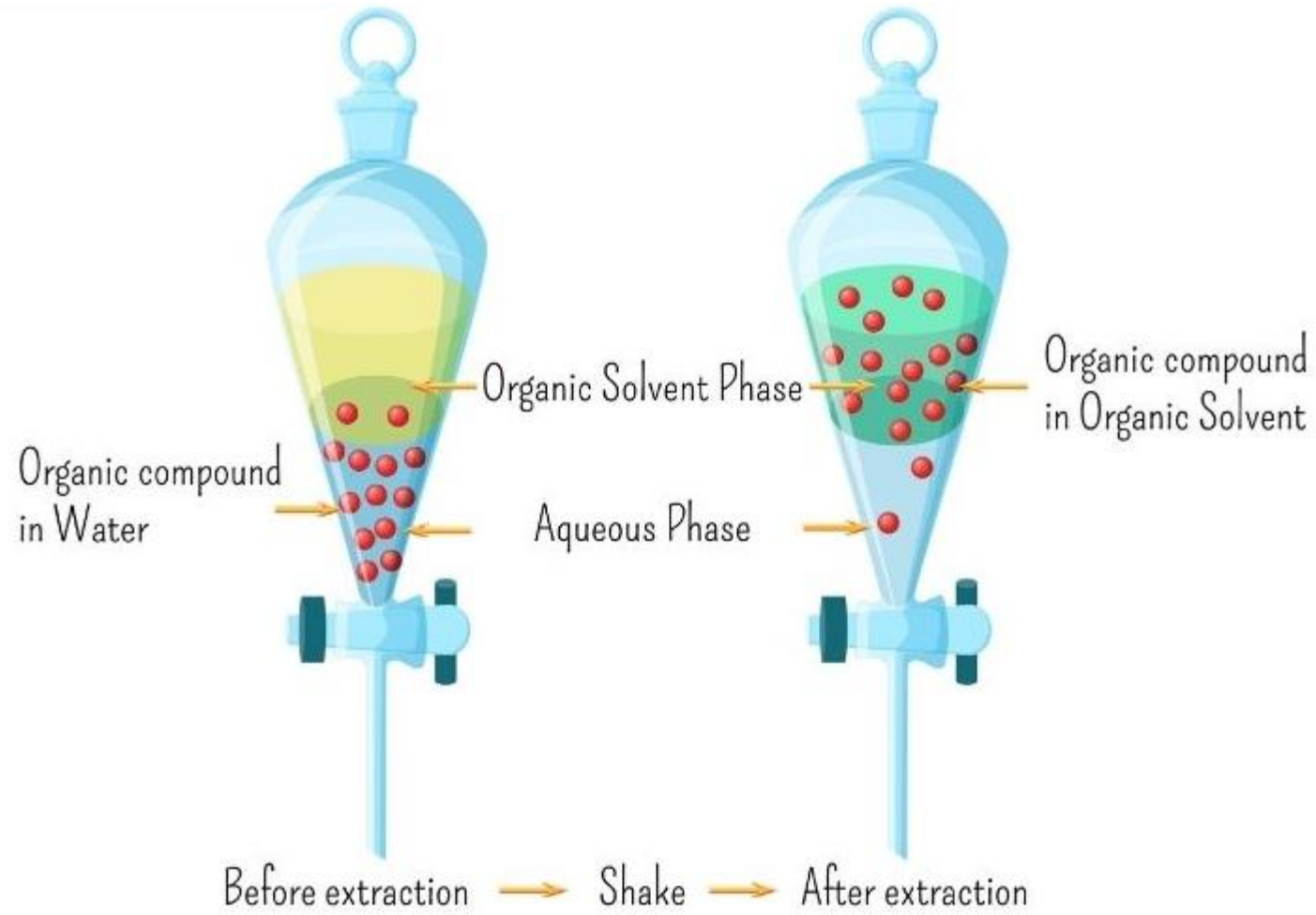
## A) **Pesata del campione**



## B) **Estrazione del campione**

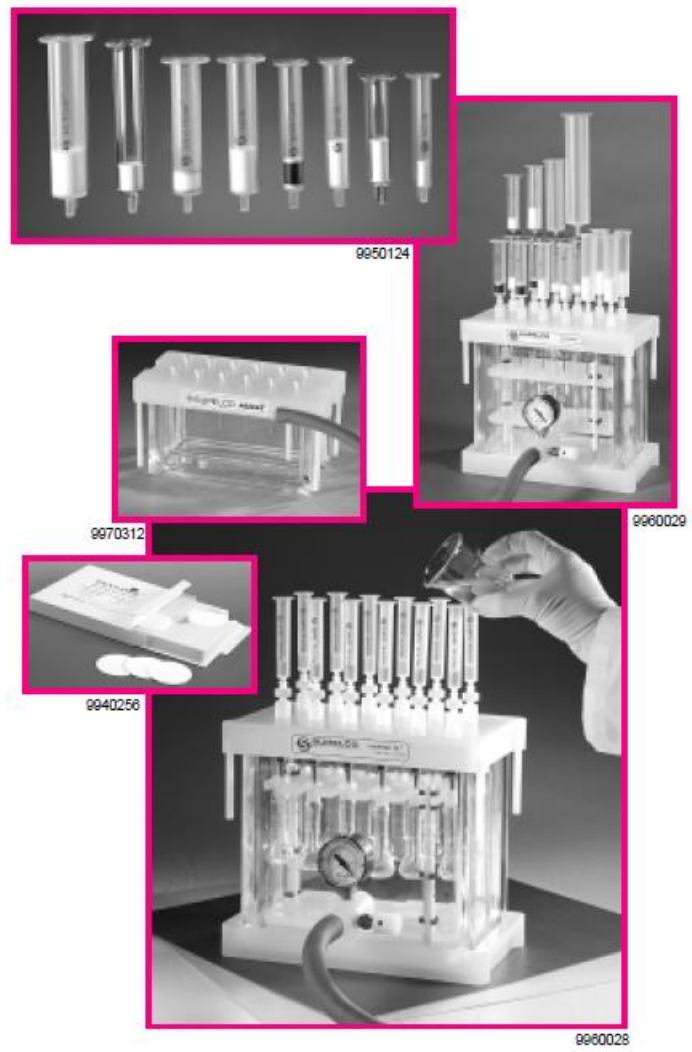


Estrazione liquido-liquido. Estrazione da campione liquido.



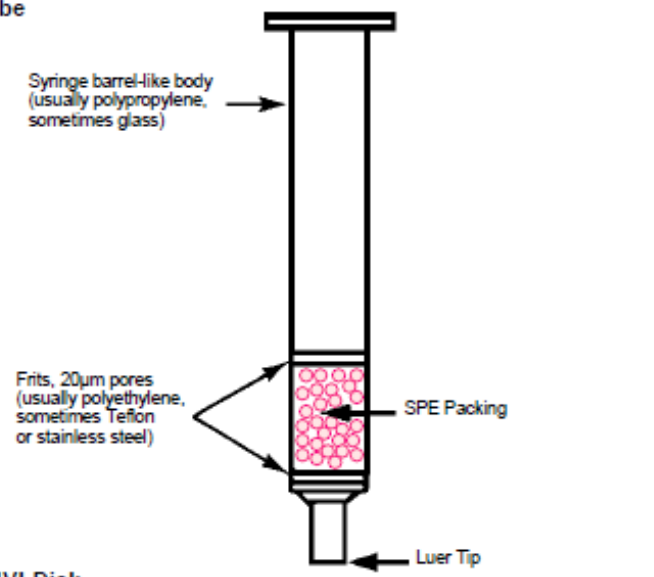
# Analytes' extraction principle

Solid phase extraction (SPE). Extraction from liquid sample.



## Typical SPE Tube and Disk

### SPE Tube



### SPE ENVI-Disk



713-0479, G000071

## How to use SPE

SCHEME 1

Key to Processes

- = Matrix
- ◊ = Impurity
- ◼ (red) = Compound of interest
- (red) = Solvent A
- ◊ (red) = Solvent B
- (grey) = Solvent C

G000019


SCHEME 2

G000017

SCHEME 3

G000018A





# SOLID PHASE EXTRACTION OF POLYPHENOLS FROM OLIVE OIL

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Antioxidants could be defined as sacrificial molecules.

Antioxidants are natural or synthetic molecules able to scavenge reactive species, such as reactive oxygen and nitrogen species (ROS and RNS), contributing to oxidative homeostasis.

## Phenolic compounds



Beneficial effect on human health



Anti-microbial property



Additives in biomedicine practices



Food supplements (sensory and nutritional properties, shelf-life)

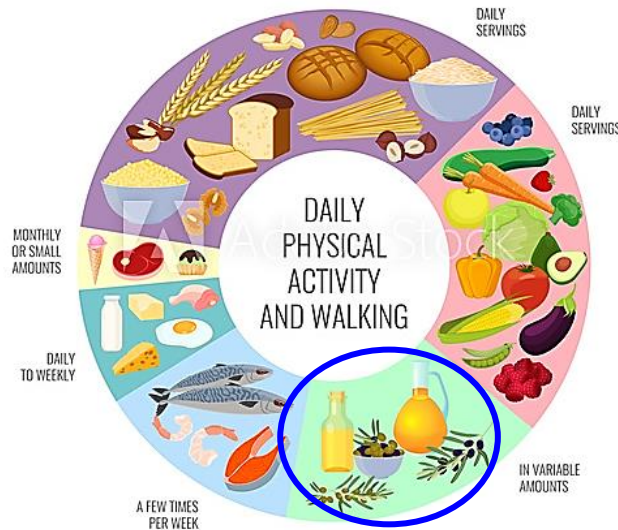


Quality and process indicators



Potential tools for functionalization of materials

### MEDITERRANEAN DIET



Maturitas 132 (2020) 65-69

Contents lists available at ScienceDirect

Maturitas

journal homepage: [www.elsevier.com/locate/maturitas](http://www.elsevier.com/locate/maturitas)

The Mediterranean diet: A historical perspective on food for health

Juan José Hidalgo-Mora<sup>a</sup>, Alicia García-Vigara<sup>a</sup>, María Luz Sánchez-Sánchez<sup>b</sup>, Miguel-Ángel García-Pérez<sup>a</sup>, Juan Tarín<sup>a</sup>, Antonio Cano<sup>a,b,\*</sup>

Molecular Aspects of Medicine 67 (2019) 1-55

Contents lists available at ScienceDirect

Molecular Aspects of Medicine

journal homepage: [www.elsevier.com/locate/mam](http://www.elsevier.com/locate/mam)

Benefits of the Mediterranean diet: Epidemiological and molecular aspects

Lluís Serra-Majem<sup>a,b,c,d</sup>, Blanca Román-Viñas<sup>a,b,c,d</sup>, Almudena Sanchez-Villegas<sup>a,c</sup>, Marta Guasch-Ferré<sup>a,c</sup>, Dolores Corella<sup>a,c</sup>, Carlo La Vecchia<sup>e</sup>

Received: 10 April 2019 | Revised: 8 June 2019 | Accepted: 17 June 2019  
DOI: 10.1111/ohb.14778

Themed Section: The Pharmacology of Nutraceuticals

REVIEW ARTICLE

Mediterranean diet and health status: Active ingredients and



Available online at [www.sciencedirect.com](http://www.sciencedirect.com)  
**ScienceDirect**  
Journal of Nutritional Biochemistry 26 (2015) 250-258



**nutrients**  
Review 2019

**The Fluid Aspect of the Mediterranean Diet in the Prevention and Management of Cardiovascular Disease and Diabetes: The Role of Polyphenol Content in Moderate Consumption of Wine and Olive Oil**

Extravirgin olive oil up-regulates CB1 tumor suppressor gene in human colon cancer cells and in rat colon via epigenetic mechanisms

Andrea Di Francesco<sup>a</sup>, Anastasia Falconi<sup>a</sup>, Clara Di Germanio<sup>b</sup>, Maria Vittoria Micioni Di Bonaventura<sup>a</sup>, Antonio Costa<sup>a</sup>, Stefano Caramuta<sup>a</sup>, Michele Del Carlo<sup>a</sup>, Dario Compagnone<sup>a</sup>, Enrico Dainese<sup>a,f</sup>, Carlo Cifani<sup>a,g</sup>, Mauro Maccarrone<sup>a,h,i,j,k</sup>, Claudio D'Addario<sup>a,h,l,m</sup>

Paola DiIano-Vázquez<sup>1,\*</sup>, José David Torres-Peña<sup>2,3,\*</sup>, Francisco Galeano-Valle<sup>1,4,5</sup>, Ana Isabel Pérez-Caballero<sup>2,3</sup>, Pablo Demelo-Rodríguez<sup>1,4,5</sup>, José Lopez-Miranda<sup>2,3</sup>, Niki Katsiki<sup>6</sup>, Javier Delgado-Lista<sup>2,3,\*</sup> and Luis A. Alvarez-Sala-Walther<sup>1,4,5,\*</sup>

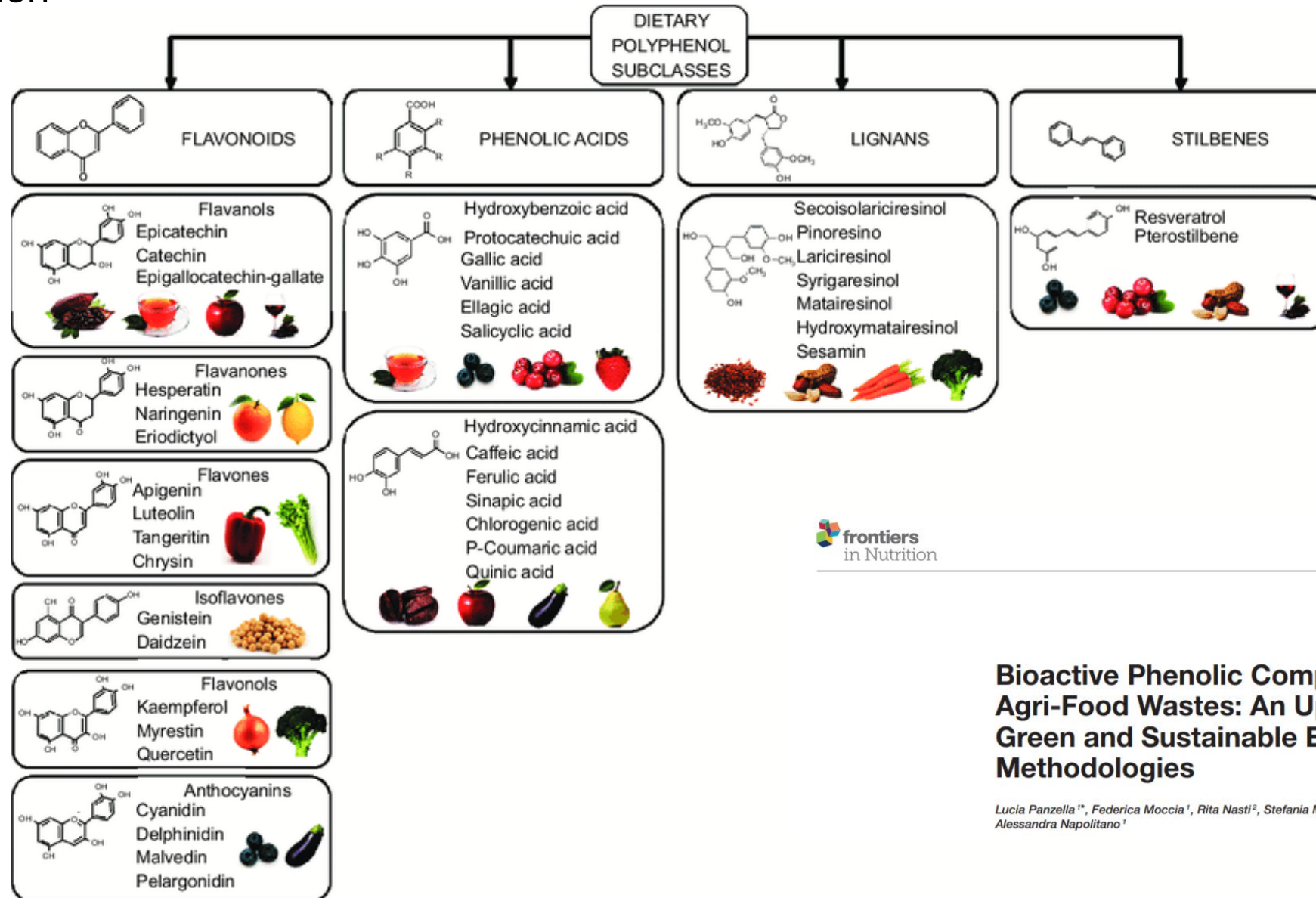


frontiers  
in Nutrition

**Network Meta-Analysis of Metabolic Effects of Olive-Oil in Humans Shows the Importance of Olive Oil Consumption With Moderate Polyphenol Levels as Part of the Mediterranean Diet**

Evangelia Tsartsou<sup>1</sup>, Nikolaos Proutos<sup>1</sup>, Elias Castanas<sup>1</sup> and Marilena Kampa<sup>1\*</sup>

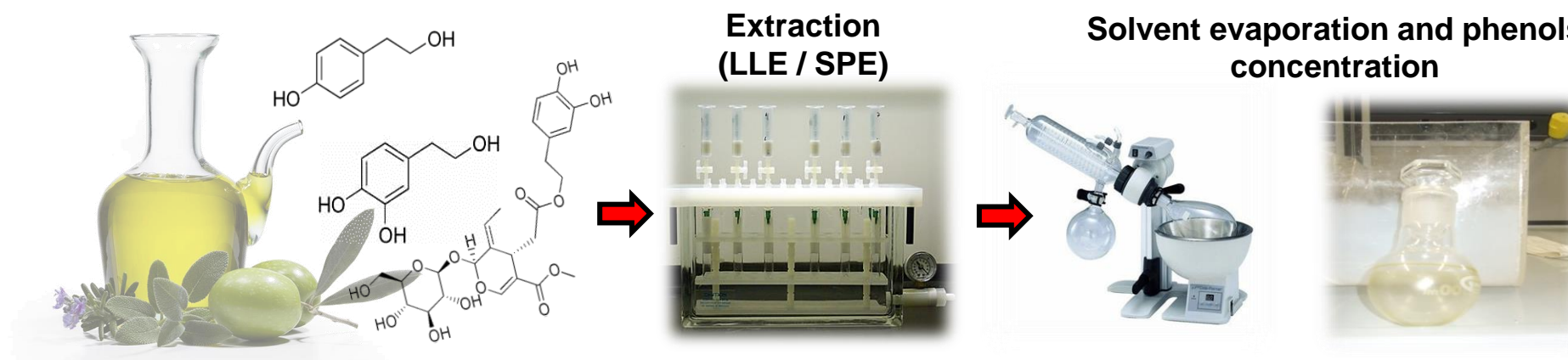
## Classification



## Bioactive Phenolic Compounds From Agri-Food Wastes: An Update on Green and Sustainable Extraction Methodologies

Lucia Panzella<sup>1\*</sup>, Federica Moccia<sup>1</sup>, Rita Nasti<sup>2</sup>, Stefania Marzorati<sup>2</sup>, Luisella Verotta<sup>2</sup> and Alessandra Napolitano<sup>1</sup>

# Phenolic content evaluation in Extra Virgin Olive Oil. Main strategies



## Separative / Chromatographic strategies

Plant Foods Hum Nutr (2012) 67:326–336  
DOI 10.1007/s11130-012-0315-z

ORIGINAL PAPER

### Comprehensive Analysis of Polyphenols in 55 Extra Virgin Olive Oils by HPLC-ECD and Their Correlation with Antioxidant Activities

Banu Bayram · Tuba Esatbeyoglu · Nicole Schulze · Beraat Ozelcik · Jan Frank · Gerald Rimbach

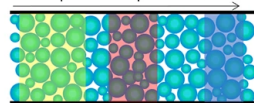


Olive oil polyphenols: A quantitative method by high-performance liquid-chromatography-diode-array detection for their determination and the assessment of the related health claim

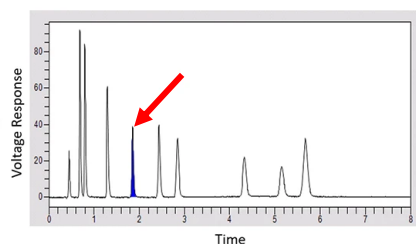
Massimo Ricciutelli<sup>1</sup>, Shara Marconi<sup>2</sup>, Maria Chiara Boarelli<sup>3</sup>, Giovanni Caprioli<sup>4</sup>, Gianni Sagratini<sup>1</sup>, Roberto Ballini<sup>5</sup>, Dennis Fiorini<sup>6</sup>



Sample bands separate with flow



Detection



## Electrochemical-based strategies

Microchimica Acta (2019) 186: 363  
https://doi.org/10.1007/s00604-019-3418-5

ORIGINAL PAPER

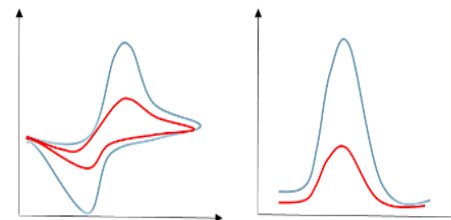
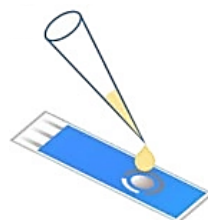
### Nanohybrid carbon black-molybdenum disulfide transducers for preconcentration-free voltammetric detection of the olive oil o-diphenols hydroxytyrosol and oleuropein

Daniel Rojas<sup>1,2</sup> · Flavio Della Pelle<sup>1</sup> · Michele Del Carlo<sup>1</sup> · Emiliano Fratini<sup>3</sup> · Alberto Escarpa<sup>2,4</sup> · Dario Compagnone<sup>1</sup>



### Voltammetric e-tongue for the quantification of total polyphenol content in olive oils

Irina Mirela Apetrei<sup>a</sup>, Constantin Apetrei<sup>b,\*</sup>



## Optical-based strategies

Research Article

Received: 18 February 2018 / Revised: 14 September 2018 / Accepted article published: 31 October 2018 / Published online in Wiley Online Library: 11 December 2018  
(wileyonlinelibrary.com) DOI 10.1002/jea.9461

### Evaluation of total phenolic content in virgin olive oil using fluorescence excitation–emission spectroscopy coupled with chemometrics

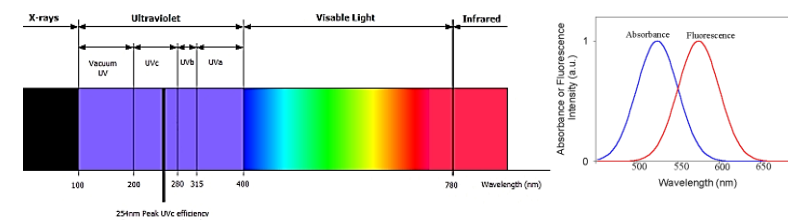
Giacomo Squeo,<sup>a</sup> Francesco Caponio,<sup>a,b</sup> Vito M Paradiso,<sup>a</sup> Carmine Summo,<sup>a</sup> Antonella Pasqualone,<sup>a</sup> Igor Khmelinskii<sup>b,c</sup> and Ewa Sikorska<sup>a,\*</sup>

Computers and Electronics in Agriculture 173 (2020) 105445



### Visible/Near Infrared (VIS/NIR) spectroscopy as an optical sensor for evaluating olive oil quality

Nawaf Abu-Khalaf<sup>a,\*</sup>, Mohammed Hmidat<sup>b</sup>



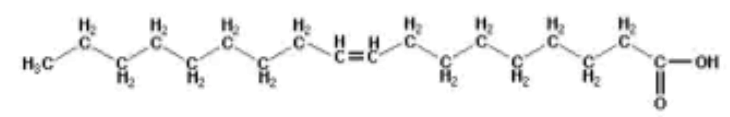
# Phenolic content evaluation in Extra Virgin Olive Oil

Why the extraction is required?

## COMPOSIZIONE CHIMICA DELL'OLIO EXTRAVERGINE DI OLIVA

L'olio extravergine di oliva è costituito da:

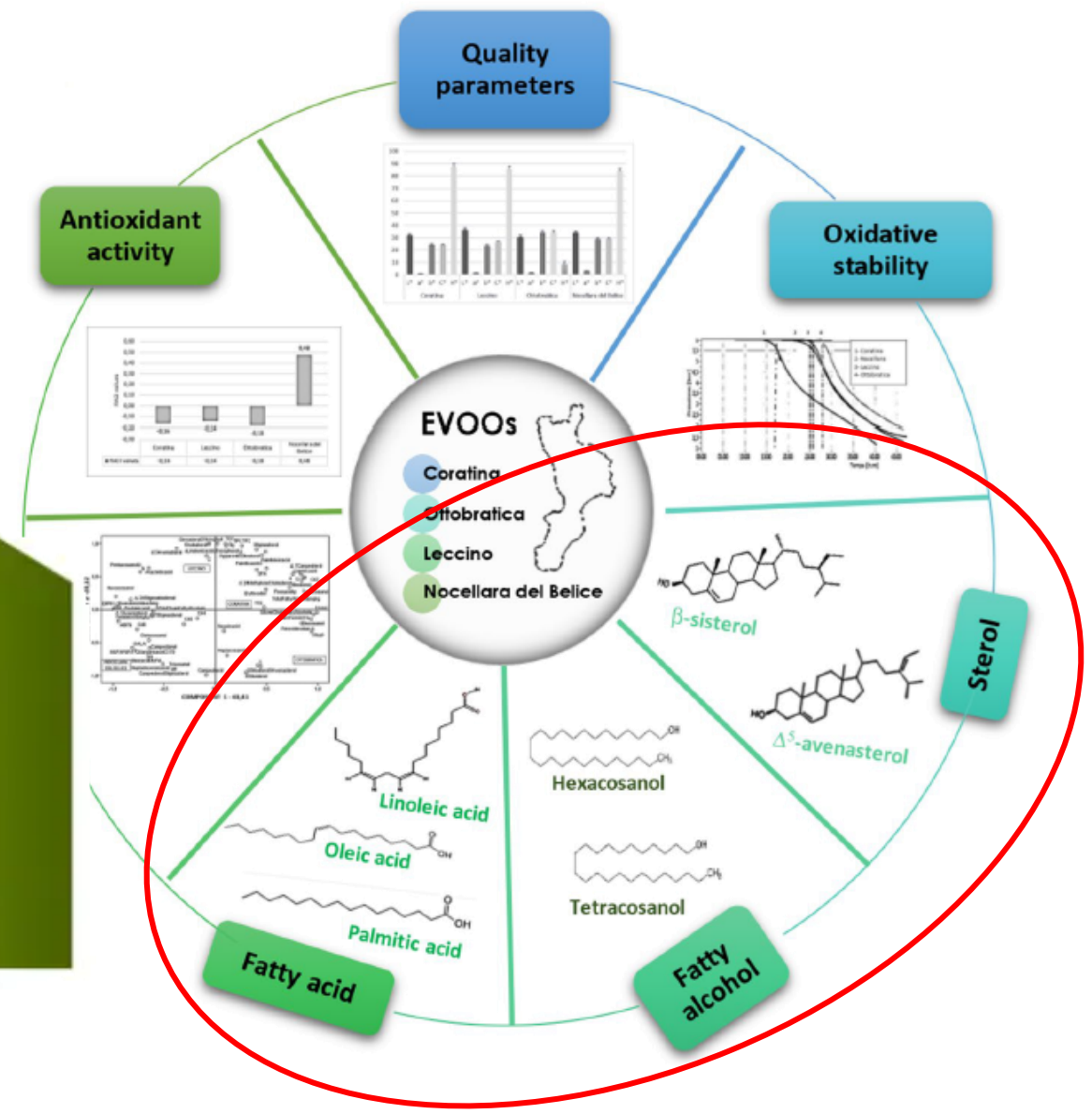
- **98% gliceridi e acidi grassi monoinsaturi**  
(oleico, linoleico, linolenico)



- **2% componenti minori**  
(polifenoli, vitamine e sostanze minerali)

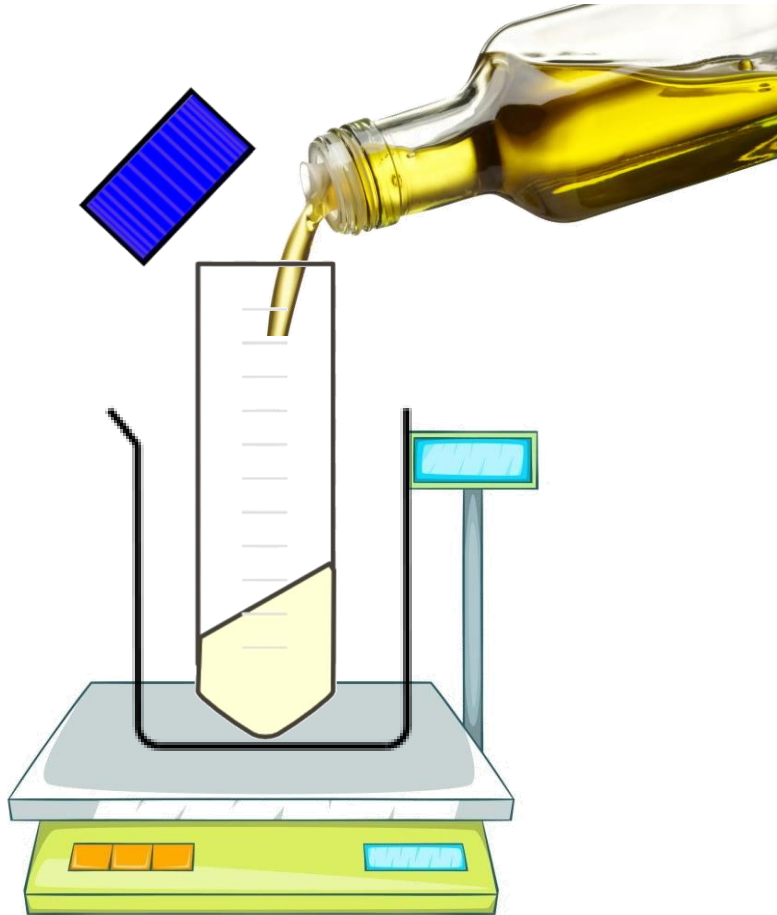
05/03/13

29

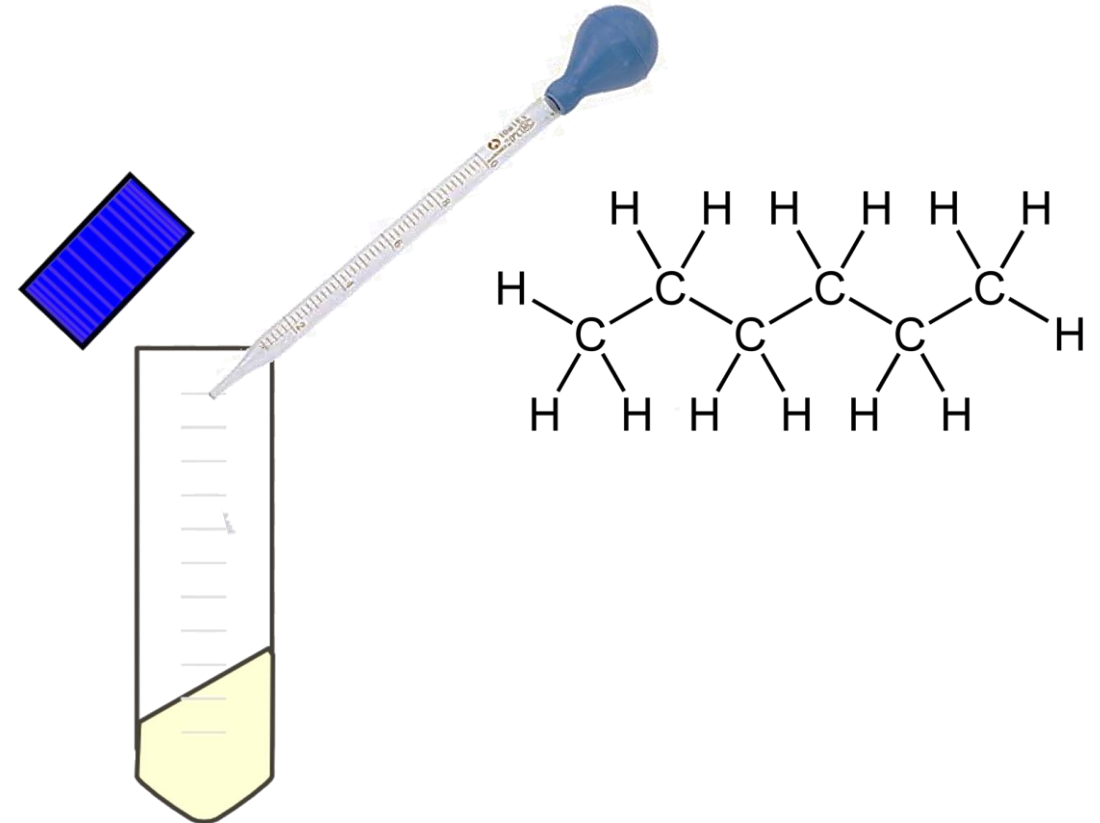


## Preparazione del campione

➤ Pesare 1.0 g di campione



➤ Scioglierlo in 5 ml di esano.



# Polyphenols extraction

Solid phase extraction (SPE). Extraction from liquid sample.

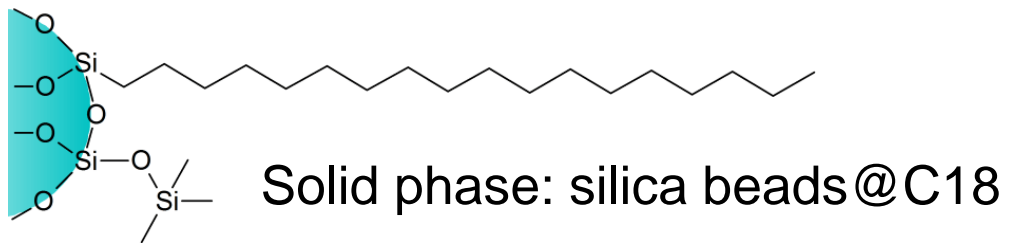
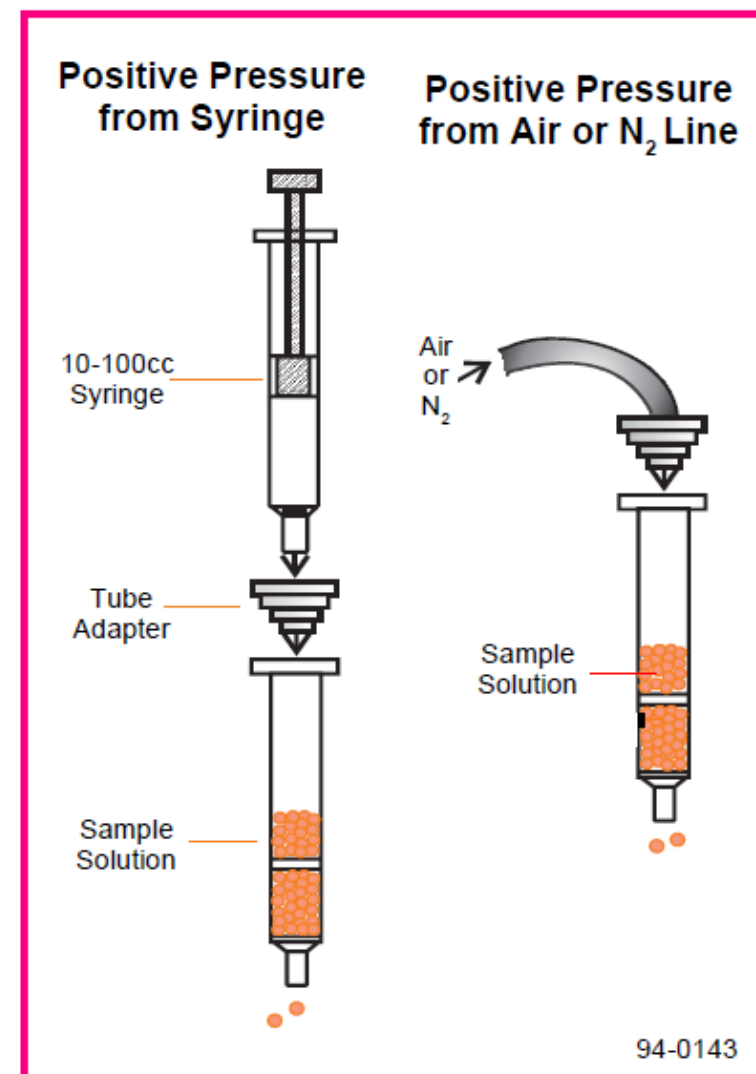
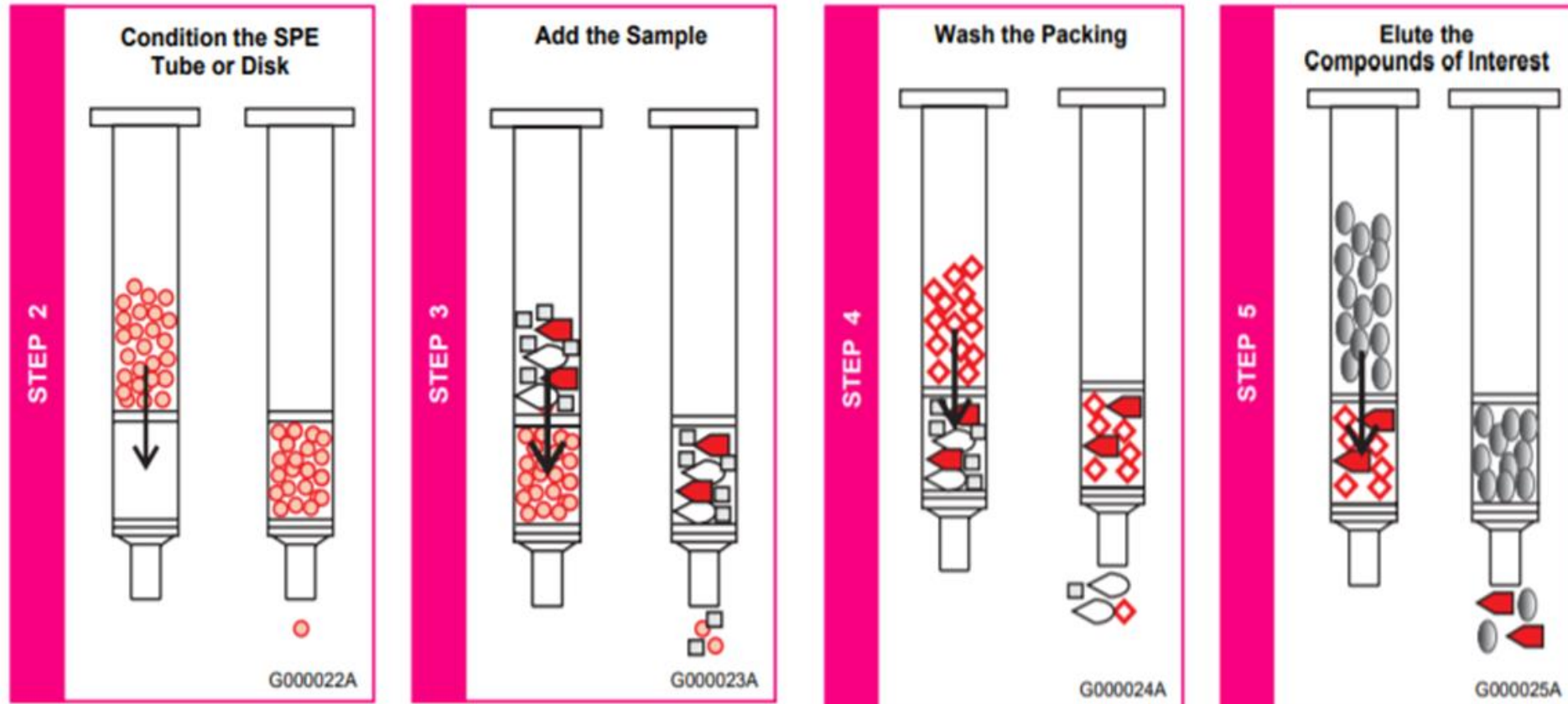


Figure B. Process Using Applied Pressure



Solid phase extraction (SPE). Extraction from liquid sample.



10 mL Methanol  
10 mL Hexane

10 mL Hexane

10 mL Methanol

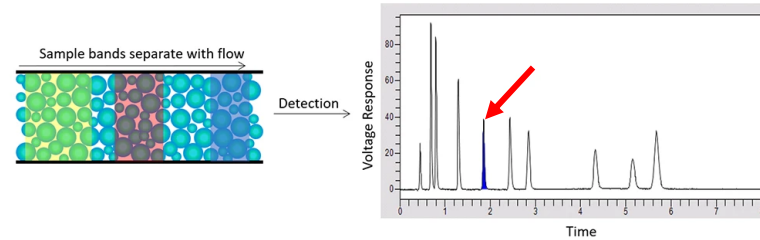


Solid phase extraction (SPE). Extraction from liquid sample.

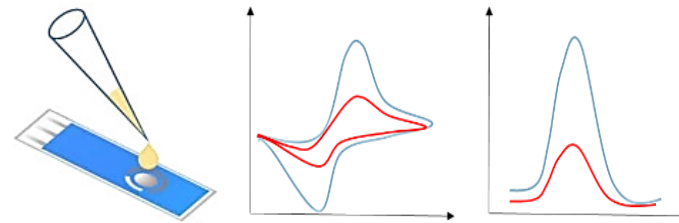


Analysis

## Chromatographic strategies



## Electrochemical-based strategies



## Optical-based strategies

