

CRISPR-Cas9: A Preclinical and Clinical Perspective for the Treatment of Human Diseases

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At present, the idea of genome modification has revolutionized the modern therapeutic research era. Genome modification studies have traveled a long way from gene modifications in primary cells to genetic modifications in animals. The targeted genetic modification may result in the modulation (i.e., either upregulation or downregulation) of the predefined gene expression. Clustered regularly interspaced short palindromic repeats (CRISPR)-CRISPR-associated nuclease 9 (Cas9) is a promising genome-editing tool that has therapeutic potential against incurable genetic disorders by modifying their DNA sequences. In comparison with other genome-editing techniques, CRISPR-Cas9 is simple, efficient, and very specific. This enabled CRISPR-Cas9 genome-editing technology to enter into clinical trials against cancer. Besides therapeutic potential, the CRISPR-Cas9 tool can also be applied to generate genetically inhibited animal models for drug discovery and development. This comprehensive review paper discusses the origin of CRISPR-Cas9 systems and their therapeutic potential against various genetic disorders, including cancer, allergy, immunological disorders, Duchenne muscular dystrophy, cardiovascular disorders, neurological disorders, liver-related disorders, cystic fibrosis, blood-related disorders, eye-related disorders, and viral infection. Finally, we discuss the different challenges, safety concerns, and strategies that can be applied to overcome the obstacles during CRISPR-Cas9-mediated therapeutic approaches.

Clustered regulatory interspaced short palindromic repeats (CRISPR)-CRISPR-associated protein 9 (Cas9) is a novel and competent RNA-guided endonuclease-based genome-editing technique¹ that is adapted from the naturally occurring bacterial immune system. The CRISPR-Cas9 technique is easily scalable and very cost-effective, and thus it can be applied for a wide range of directed genome editing.²⁻⁴ After the first report of CRISPR in 1987, the technology has evolved step by step (Figure 1). At the present time, CRISPR-Cas9 technology-mediated genetic experiments can be performed on a wide range of models such as plants, yeast, *Caenorhabditis elegans*, *Drosophila*, zebrafish, mice, and humans.⁵⁻¹¹ More than 2,000 publications on CRISPR-Cas9 technology have been recorded in PubMed during the last 2 years. This increasing research trend has been portrayed as the “CRISPR craze.”¹²

CRISPR-Cas9 technology utilizes a single guide RNA (sgRNA) sequence and Cas9 endonuclease. sgRNA is a combination of CRISPR

RNA (crRNA) and *trans*-activating crRNA (tracrRNA), which identify and attach the sgRNA/Cas9 ribonucleoprotein complex to the target DNA.¹³ After DNA targeting, Cas9 generates double-stranded breaks (DSBs) at the site of target DNA.¹⁴ These DSBs are further repaired by insertions, deletions, additions, or inversions. The DNA repair mechanism can be performed by either the host's natural repair machinery or by using customized DNA sequences.¹⁵

The highlights of CRISPR-Cas9 technology involve its ability to treat various human diseases via genome editing (Figure 2).¹⁵ Accumulating evidence suggests successful genome editing in mammalian cells via CRISPR-Cas9 technology.^{16,17} CRISPR-Cas9 technology has now entered clinical trials in the United States through the National Institutes of Health (NIH) Recombinant DNA Advisory Committee, which has permitted CRISPR technology to assist cancer therapies, relying on the enlistment of a patient's T cells at the NIH.¹⁸ In addition, an analogous type of gene therapy clinical trials received ethical approval in China.¹⁹ These clinical trials might establish an efficient therapeutic genome-editing system against hereditary or non-hereditary genetic disorders in humans.

Although the CRISPR-Cas9 tool has therapeutic potential, unexpected outcomes have challenged the development of more simple and specific gene-editing methodologies.²⁰ In this review, we discuss the preclinical studies on the mechanism of action of CRISPR-Cas9 systems against various diseases, such as cancer, allergies, and immunological disorders. We also discuss the clinical advances, challenges, safety concerns, and strategies to develop efficient CRISPR-Cas9-based gene-editing technology.

Advantages of CRISPR-Cas9 and Other Genome-Editing Tools

Genome-editing technology has gained attention as a therapy against human diseases. However, its success has been previously challenged

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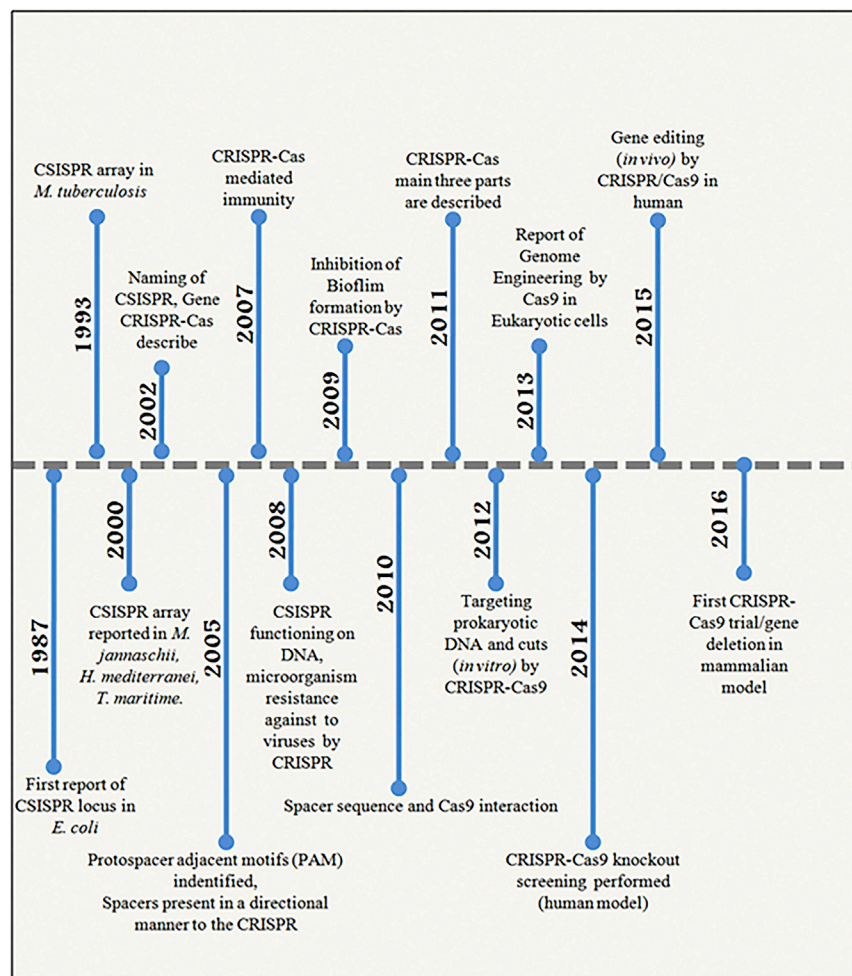


Figure 1. Timeline of the Breakthrough and Progression of CRISPR-Cas9 Systems

due to limited binding sites for ZFPs.³² Various interventional clinical trials based on ZFN-mediated gene editing are ongoing, e.g., for the treatment of Hunter's syndrome,³³ to cure human immunodeficiency virus (HIV) infection,³⁴ and others. Similar to ZFNs, TALENs include a complex of transcription activator-like effectors (TALEs) and FokI endonuclease.²⁸ TALEs are the amino acid sequences that flank a DNA binding site. TALENs have a benefit over ZFNs, as they can recognize a single nucleotide and are more specific than ZFNs.³⁵ Still, packaging and delivery of TALENs might be a challenge because they have a large size than ZFNs.²³

CRISPR-Cas9 is latest gene-editing technique with various advantages over ZFNs and TALENs. First, CRISPR-Cas9 is more cost-effective than other gene-editing techniques.³⁶ Second, the target specificity of CRISPR-Cas9 depends on the ribonucleotide complex, which is probably more specific to protein-based DNA bindings in ZFNs and TALENs. Moreover, it is easy to design sgRNA for a wide range of target DNAs. In addition, various modifications can be performed in the CRISPR-Cas9 cargo system, i.e., plasmid DNA encoding sgRNA and Cas9, the combination of sgRNA and Cas9 mRNA, and the combination of sgRNA and Cas9 protein. Other advantages of CRISPR-Cas9 include

by unpredictable outcomes. In early gene therapy trials, 5 children, out of 20 participants from different studies, suffering from the severe combined immunodeficiency (SCID) X-1 condition developed T cell leukemia due to non-specific insertion of a correcting gene near to tumor-promoting genes, which resulted in transcriptional activation.^{21–25} In another trial, an 18-year-old male with ornithine transcarbamylase (OTC) deficiency developed a lethal immune response induced by viral vector.²⁶ Both of these misfortunes were associated with poor or uncontrolled therapeutic delivery methods.²³

Lately, more advanced gene therapy technologies, such as zinc finger nucleases (ZFNs),²⁷ transcription activator-like effector nucleases (TALENs),²⁸ and CRISPR-Cas9,²⁹ were developed, which were capable of site-specific gene editing. ZFNs are a combination of a non-specific FokI cleavage domain and zinc finger proteins (ZFPs). In eukaryotes, ZFPs are associated with protein-protein interaction and regulation of DNA transcription.³⁰ For gene editing, paired ZFNs, one downstream and one upstream of the target site, are used to generate DSBs.³¹ ZFNs, however, can only recognize nucleotide triplets in the DNA, thus restricting the number of site selections

the possibility of direct genome modification in the embryo and introduction of more than one mutation at the same time.³⁷ In addition, base editing (i.e., the conversion of cytidine to uracil [C → T] or guanine to adenine [G → A]) that is mediated by the binding of CRISPR-Cas9 with cytidine deaminase is also possible.³⁸ These advancements indicate the possibility of safe and successful clinical application of CRISPR-Cas9 technology in the future.

Preclinical Studies of CRISPR-Cas9

CRISPR-Cas9 research has been applied for the treatment of different human diseases (Table 1), which are discussed below.

Cancer

Cancer is among the most prevalent lethal diseases that can be illustrated by the accumulation of epigenetic modifications in the genome.^{64,65} The drawback of conventional chemotherapy is the lack of specific targeting and resistance to chemotherapeutic drugs.⁶⁶ Therefore, there is a need to identify novel molecular targets that may facilitate cancer treatment. It has been proposed that the mutated oncogenes and tumor suppressor genes in cancer cells might function as

smart therapeutic targets, suggesting that the modulation of tumor suppressor genes can induce apoptosis in tumor cells.^{67,68} Liu et al.⁶⁹ observed the effective inhibition of bladder cancer cell proliferation, reduced cell motility, and induction of apoptosis via CRISPR-Cas9-mediated regulation of tumor suppressor genes, i.e., hBax, E-cadherin, and p21.

It has been reported that epigenetic regulators are often mutated in myeloid malignancies.⁷⁰ CRISPR-Cas9 technology corrected the additional sex combs-like 1 (ASXL1) gene and re-established ASXL1 protein expression that significantly decreased leukemia cell growth in mouse xenografts.³⁹ The CRISPR-Cas9 system was also used to delete the myeloid cell leukemia-1 (MCL-1) gene, a member of the emerging B cell lymphoma 2 (BCL2) gene family, in human Burkitt lymphoma (BL) cells for the induction of apoptosis in the BL cells,⁴⁰ suggesting that the MCL-1 gene can be a novel target for cancer treatment, as it plays a role in cell differentiation, proliferation, and tumorigenesis.⁷¹

Cyclin-dependent kinases (CDKs) are critical regulators of the cell cycle. Therefore, dysregulated activation of CDKs may lead to tumorigenesis.^{72,73} CRISPR-Cas9 technology can silence the CDK11 gene for the treatment of osteosarcoma⁴¹ and the CDK7 gene for the treatment of triple-negative breast cancer cells.⁷⁴ This indicates that CDKs can be novel targets for cancer treatment.

Resistance to chemotherapeutic drugs is a common disadvantage of chemotherapy. The multidrug resistance-1 (MDR1) gene encodes for membrane efflux pump P-glycoprotein. The overexpression of MDR1 facilitates the efflux of anti-cancer drugs from the cells, which results in chemotherapeutic drug resistance. CRISPR-Cas9-mediated knockdown of MDR1 in osteosarcoma cell lines restored the sensitivity toward chemotherapeutic drugs.⁷⁵ Likewise, the possible management of drug resistance acquired by the secondary mutation in exon 20 at position 790 (T790M) in epidermal growth factor receptor (EGFR) can also be an effective strategy to cure lung cancer.⁴⁴

SHC SH2-domain binding protein 1 (SHCBP1) is a member of the collagen homolog family that is critical for the regulation of cell proliferation. As overexpression of the SHCBP1 gene is reported in several diseases, especially cancer, it may be a potential therapeutic target as well as a suitable diagnostic biomarker for cancer.⁴² It has been demonstrated that the CRISPR-Cas9-mediated knockout of the SHCBP1 gene might inhibit cancer cell proliferation and induce apoptosis in breast cancer cells.⁴²

The Kelch-like (KLHL) gene family encodes a group of proteins that are related to several human diseases, along with cancer.⁷⁶ It was observed that CRISPR-Cas9-mediated knockout of the Kelch domain containing 4 (KLHDC4) gene in a nasopharyngeal carcinoma cell line considerably inhibited cancer cell migration and growth, and it induced apoptosis in both *in vitro* and *in vivo* models.⁴³

In addition to the therapeutic domain, CRISPR-Cas9-mediated modification of genes can also be used to develop a mutant cancer

model in mice, opening new opportunities to generate mutants in various species and in almost any genetic background to accelerate *in vivo* studies.^{77,78} Platt et al.¹⁰ developed lung adenocarcinoma mice by knockout of three significant genes (i.e., tumor protein [p53], serine/threonine kinase 11 [STK11] or Lkb1, and Kirsten rat sarcoma 2 viral oncogene homolog [KrasG12D]). In 2015, Chen et al.⁷⁹ developed *in vivo* loss-of-function Cas9 screening (genome-wide CRISPR screen) for a tumor metastasis and growth study. CRISPR-Cas9 technology was also used to initiate multiple gene mutations to develop human colonic epithelium in the colorectal cancer model.⁸⁰ CRISPR-Cas9-mediated knockout of single gene, i.e., patched 1 (Ptch1), or multiple genes, i.e., transformation-related protein 53 (TRP53), neurofibromin 1 (Nf1), and phosphatase and tensin homolog (PTEN), in the brain resulted in the progression of glioblastoma and medulloblastoma in mice.⁸¹ CRISPR-Cas9 technology was also used to generate an acute myeloid leukemia (AML) mouse model with a combinatorial genetic lesions system by inducing multiple mutations in the genes of epigenetic modifiers, as well as cytokine signaling and transcription factors in the hematopoietic stem cells of mice.⁸²

Cancer immunotherapy is among the four major line of treatments along with surgery, chemotherapy, and radiotherapy. Clinical trials on gene editing-based immunotherapies have been focusing on chimeric antigen receptor (CAR) T cell therapy^{83–85} and genetically modified T cell receptor (TCR) therapy. In recent years, Kymriah from Novartis and Yescarta of KITE Pharma received US Food and Drug Administration (FDA) approval of their CAR T cell therapy products.^{86,87} CAR, a synthetic receptor, acts as a gene insert that contains a transmembrane domain, a hinge segment, an antibody-derived extracellular-specific target protein binding domain, and a T cell-activating intracellular signaling unit.⁸⁸ CARs are inserted into the autologous T cells that are collected from the patients, resulting in the expression of CARs on the surface of T cells. When these T cell constructs are introduced again into the patient, they multiply and bind to the target protein and eliminate tumor cells. CAR T cell therapy showed 80%–100% remission in patients with relapsed or refractory B cell acute lymphocytic leukemia (ALL).^{83,89} However, cytokine release during the therapy may result in various manageable side effects. While CARs recognize surface antigens, TCRs recognize intracellular proteins presented on major histocompatibility complex I (MHC class I). Moreover, TCR therapy is preferred over CAR T cell therapy due to low incidence of cytokine release syndrome.⁹⁰ The most recent clinical trials are working on CRISPR-Cas9-based immunotherapy against various types of cancer, which are detailed later in this review.

Allergy and Immunological Disorders

The therapeutic role of CRISPR-Cas9 genome editing for allergic and immunological conditions has also been reported.⁹¹ It was observed that expression of cell surface glycoprotein MUC18 or CD146 is increased in the alveolar macrophages of bacterial- or viral infection-mediated chronic obstructive pulmonary disease (COPD) or asthma.⁹² Knockout of the MUC18 gene reduced the level of interleukin (IL-8), a pro-inflammatory chemokine, in human primary

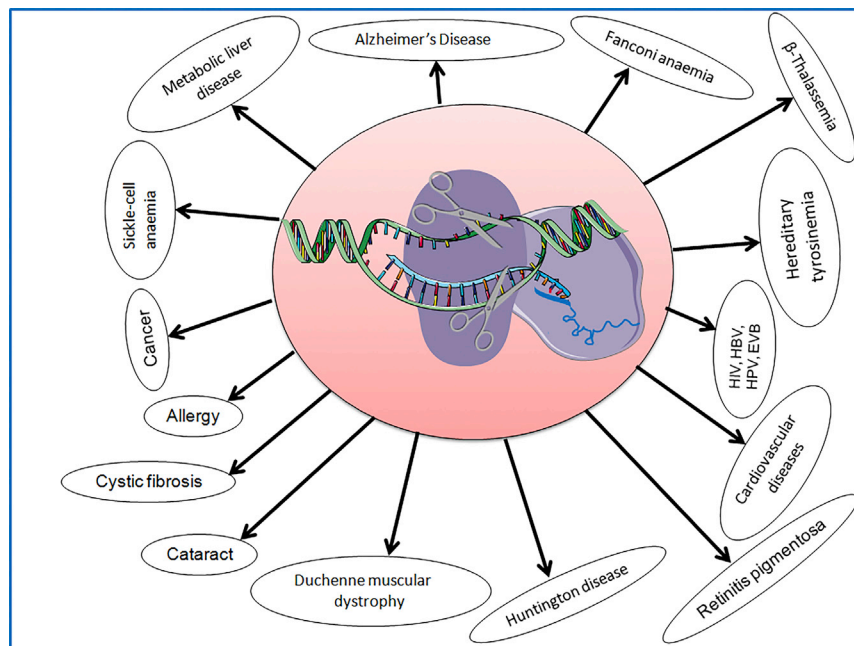


Figure 2. CRISPR-Cas9 System Dealing for Treatment of Multiple Human Diseases

Duchenne Muscular Dystrophy (DMD)

DMD is an X-linked disorder and is characterized by proximal muscle weakness caused by small mutations in the DMD gene that lead to the absence of dystrophin protein. A number of knockout mouse models were produced to imitate the human DMD phenotype by genetic inhibition of dystrophin and/or utrophin/ $\alpha_7\beta_1$ -integrin genes.^{98–100} It was demonstrated that genome editing can be used to restore the DMD gene mutation and correct the DMD disorder.^{47,101–103} CRISPR-Cas9 technology has provided a platform for the treatment of DMD.^{1,104} The CRISPR-Cas9-mediated gene-editing method was used to correct the DNA of an entire region containing CTG/CAG repeats, suggesting a new therapeutic opportunity against DMD.¹⁰⁵ Moreover, gold nanoparticles (NPs) were also used as a delivery vehicle for

nasal airway epithelial cells (AECs) that were stimulated by microbial infection, mimicking Toll-like receptor (TLR) agonists (i.e., TLR2, TLR3, and TLR4).⁴⁵

It was noted that targeting receptors genes, such as programmed death-1 (PD-1), can stimulate immune responses. PD-1 is a T cell surface protein that is associated with T cell activation. CRISPR-Cas9-mediated disruption of the PD-1 receptor gene in human primary T cells isolated from cancer patients resulted in upregulated interferon (IFN)- γ production and enhanced cytotoxicity,⁹³ suggesting checkpoint inhibitors as novel targets for cancer treatment.

X-linked hyper immunoglobulin M (IgM) syndrome is an immune deficiency disorder identified by defective CD40/CD40L signaling via dysregulated class-switch recombination and somatic hypermutation in B cells.⁹⁴ It has been observed that the CRISPR-Cas9 gene-editing technique can correct mutations in the CD40 ligand.⁹⁵ Cheong et al.⁹⁶ edited the mouse and human Ig genes to obtain class switching of IgH, which might assist in the study of B cell (both normal and lymphoma) biology.

JAK3 (Janus kinase 3) is a protein tyrosine kinase that regulates various pathogenic processes in allergic asthma.⁴⁶ The deficiency in JAK3 is related to the reduced number of circulating natural killer (NK) cells and T cells, and with normal numbers of inadequately functioning B cells.⁹⁷ It has been noted that the mutations in the JAK3 gene can cause SCID. CRISPR-Cas9-mediated correction in the human JAK3 gene restored the differentiation potential of T cell progenitors, which are capable of producing T cells/NK cells.⁹⁷ This suggests that the CRISPR-Cas9 technique can reprogram cells for the prevention of various allergic conditions.

Cas9 ribonucleoprotein and donor DNA to correct the DMD gene in mice with minimal off-target DNA damage.¹⁰⁶ Recently, Zhang et al.¹⁰⁷ suggested that the self-complementary adeno-associated virus (ScaAV) delivery system can substantially improve the efficiency of CRISPR-Cas9-mediated DMD gene correction.

Cardiovascular Disorders (CVDs)

The proprotein convertase subtilisin/kexin type 9 (PCSK9) gene has an important role in the regulation of cholesterol homeostasis.¹⁰⁸ The gain-of-function mutation of the PCSK9 gene can result in hypercholesterolemia and associated atherosclerosis.⁴⁸ Jiang et al.¹⁰⁹ reported CRISPR-Cas9-mediated therapeutic targeting of the PCSK9 gene in mice. In addition, the CRISPR-Cas9 genome-editing tool was also reported to disrupt the low-density lipoprotein receptor (Ldlr) gene and overexpress the PCSK9 gene in adult mice in atherosclerosis research.¹¹⁰ Tessadori et al.¹¹¹ applied a CRISPR-Cas9-based genome-editing tool in a zebrafish model to correct human genetic cardiovascular disorders. These studies suggest the use of CRISPR-Cas9 as a potential genome-editing tool against cardiovascular disorders, especially conditions associated with hereditary lipid disorders.

Neurological Disorders

Huntington's disease (HD) is an autosomal inherited neurological disorder that is caused by the extension of CAG repeats in exon 1 of the huntingtin (HTT) gene.¹¹² A CRISPR-Cas9 nucleotide-editing tool was effectively applied to selectively suppress the HTT gene in a mouse model.⁴⁹ Other studies also supported the use of the CRISPR-Cas9 genome-editing system against HD conditions.^{113,114}

Alzheimer's disease (AD), a neurodegenerative condition, leads to progressive memory loss. Mutations in the presenilin 1 (PSEN1)

Table 1. CRISPR-Cas9 Research and Its Application for the Treatment of Different Human Diseases

Disease Type	Disease-Related Gene/ Protein	Remarks	References
Cancer	additional sex combs like 1 (ASXL1)	CRISPR-Cas9 was used to decrease leukemia cell growth in mouse xenografts	39
	myeloid cell leukemia 1 (MCL-1)	CRISPR-Cas9 was used to delete MCL-1 in human BL cells and induce apoptosis in the BL cells	40
	cyclin-dependent kinase 11 (CDK11)	CRISPR-Cas9 was used to silence CDK11 in osteosarcoma	41
	SHC SH2-binding protein 1 (SHCBP1)	SHCBP1 inhibits the proliferation of breast cancer through CRISPR-Cas9	42
	Kelch domain containing 4 (KLHDC4)	CRISPR-Cas9 was used to knock out the KLHDC4 gene in a nasopharyngeal carcinoma cell line	43
	epidermal growth factor receptor (EGFR)	CRISPR-Cas9 was used for possible correction of acquired drug-resistant mutations in EGFR	44
Allergy	melanoma cell adhesion molecule (MCAM/MUC18)	CRISPR-Cas9 technology was used to knock out cell surface glycoprotein MUC18 in human primary nasal airway epithelial cells	45
	Janus kinase 3 (JAK3)	CRISPR-Cas9 was used to re-establish the development of normal T cells in JAK3-deficient cells	46
Duchenne muscular dystrophy	dystrophin	CRISPR-Cas9 was used to fix DMD gene mutation for the DMD disorder	47
Cardiovascular diseases	proprotein convertase subtilisin/kexin type 9 (PCSK9)	CRISPR-Cas9 was used to correct the PCSK9 gene in an atherosclerosis mouse model	48
Huntington disease	huntingtin (HTT) gene	CRISPR-Cas9 was used to suppress the mHTT gene selectively in a mouse model	49
Alzheimer's disease	presenilin 1 (PSEN1) and presenilin 2 (PSEN2) genes	CRISPR-Cas9 was used to correct ancestral mutations in AD related to the PSEN gene	50,51

(Continued)

Table 1. Continued

Disease Type	Disease-Related Gene/ Protein	Remarks	References
Metabolic liver disease	<i>Pah^{enu2}</i>	CRISPR-Cas9 was used to correct the <i>Pah^{enu2}</i> gene in metabolic liver disease	52
Fanconi anemia	17 Fanconi anemia (FA)	CRISPR-Cas9 was used to correct Fanconi anemia	53
Hereditary tyrosinemia	fumarylacetoacetase (Fah)	CRISPR-Cas9 was used to correct the Fah mutation in mouse models	54
Sickle cell anemia	β -globin gene	CRISPR-Cas9 was used to treat sickle cell disease patient blood	55
β -Thalassemia	hemoglobin subunit beta (HBB) gene	CRISPR-Cas9 was used to correct the HBB gene mutation in human iPSCs from β -thalassemia patients	56
Cystic fibrosis	cystic fibrosis transmembrane conductance regulator (CFTR) gene	CRISPR-Cas9 was used to correct the CFTR gene in cultured stem cells of cystic fibrosis patients	57
Retinitis pigmentosa	RP1, RHO, and RPGR genes	CRISPR-Cas9 was used to interrupt the Rho (S334) mutation	58
Cataract	α A-crystallin gene	CRISPR-Cas9 was used to study the relationship of α A-crystallin mutations and human congenital cataracts	59
Human immunodeficiency virus (HIV)	long terminal repeats (LTRs) in HIV	CRISPR-Cas9 was used as a tool to mutate LTRs of HIV-1 DNA	60
Hepatitis B virus (HBV)	covalently closed circular DNAs (cccDNAs) in HBV	CRISPR-Cas9 was used to target cccDNAs of HBV	61
Human papilloma virus (HPV)	HPV E6 gene	CRISPR-Cas9 was used to target HPV E6 for cancer treatment	62
Epstein-Barr virus (EBV)	ephrin receptor tyrosine kinase A2 (EphA2)	using the EphA2 extracellular domain, a therapeutic strategy was developed	63

and PSEN2 genes are reported in the familial AD condition.¹¹⁵ PSEN1 is a catalytic subunit of γ -secretase, a protease enzyme that cleaves amyloid precursor protein (APP), generating amyloid- β (A β). The A79V mutation in the PSEN1 gene increases the A β 42/A β 40 ratio by decreasing A β 40. Studies have reported the correction of A79V and L150P mutations in PSEN1 in an induced pluripotent stem cell (iPSC) line derived from AD patients.^{50,116} The CRISPR-Cas9 nucleotide-editing system was used to edit the point mutation "T" with wild-type "C" nucleotide in the A79V-hiPSC line. Moreover,

mutation in the APP gene increases β -secretase cleavage of APP, resulting in abnormally high A β levels in the brain. CRISPR-Cas9 was also used to correct the APP allele, thereby decreasing A β pathogenesis.¹¹⁷ CRISPR-Cas9-based genome editing against AD has been reviewed in detail by Rohn et al.⁵¹ In summary, CRISPR-Cas9 gene-editing technology can be used as an efficient strategy against genetically-induced neurological disorders.¹⁰⁴

Metabolic Disorders

Metabolic liver disease (MLD) is caused by the defect of a transporter protein that results in abnormal metabolism of carbohydrates, protein, and fat. Recently, Villiger et al.⁵² corrected mutations in the phenylalanine hydroxylase (Pah)^{enu2} gene to treat phenylketonuria (PKU), an autosomal recessive liver disease, using CRISPR-Cas9 editor systems in mice. In another study, computationally designed hepatocyte-specific CRISPR-Cas9 was used to target the murine factor IX (F9) gene against an MLD-related condition.¹¹⁸ Yang et al.¹¹⁹ worked on CRISPR-Cas9-mediated gene editing-based correction of X-linked deficiency in OTC to treat urea cycle disorder in an infant mice model.

Hereditary tyrosinemia (HT) is an autosomal recessive inherited disease that is associated with a deficiency of the enzyme fumarylacetoacetate hydrolase due to mutations in the Fah gene.^{120,121} HT type I (HTI) causes severe hepatic disorders, such as cirrhosis, liver failure, and hepatic cancer, due to toxin accumulation. The CRISPR technology-based therapeutic strategy to correct HT was one of the first known studies in mice demonstrating delivery of CRISPR-Cas9 system components to adult mammalian organs.¹²² In this study, reconstitution of a disease-causing mutation in the Fah gene was done via hydrodynamic injection of Cas9 nuclease, a sgRNA, and a donor oligonucleotide that led to a significant step toward gene therapy.¹²² VanLith et al.¹²³ also showed hepatocyte-directed Fah gene repair in an HTI mice model using CRISPR-Cas9 against metabolic liver diseases. CRISPR-Cas9-based correction of the Fah gene in the HTI mice model showed weight stability prevention of liver cirrhosis in mice.⁵⁴

Hunter syndrome, a metabolic disorder, is caused by the mutational dysfunction of an enzyme called iduronate-2-sulfatase (IDS) that leads to damage in lungs, heart, and brain. At the end of 2017, *in vivo* genetic editing for the treatment of Hunter syndrome via ZFNs was reported.¹²⁴ This is the first trial reporting the possibility of *in vivo* gene editing-mediated treatment of genetic diseases. At the end of 2018, Sangamo Therapeutics (Richmond, CA, USA) reported ZFN-based in-body gene editing in people with Hunter syndrome. Although they obtained mixed results, no adverse side effects were observed with this therapy.^{125,126} This initiative in gene editing-based therapy suggests the possible use of CRISPR-Cas9 for the treatment of metabolic disorders. Nevertheless, CRISPR-Cas9 technology against metabolic disorders needs efforts to enter into clinical trials.

Cystic Fibrosis

Cystic fibrosis (CF), an autosomal recessive monogenic condition, is caused by mutations in the cystic fibrosis transmembrane conduc-

tance regulator (CFTR) gene,¹²⁷ causing damage to the lungs and digestive system. It has been noted that the CRISPR-Cas9 approach may be a suitable method to correct mutations in the CFTR gene.¹²⁸ Crane et al.¹²⁹ corrected the mutation of CFTR in iPSCs via the CRISPR-Cas9 approach. In another study, sheep models (CFTR^{-/-} and CFTR^{+/-}) were developed by CRISPR-Cas9-mediated CFTR gene disruption to understand CF pathogenesis.¹³⁰ The mutated CFTR sheep model is supposed to be a useful resource for the advanced development of new CF therapeutics. In another study, the CRISPR-Cas9 approach was used in the cultured stem cells of CF patients to correct the CFTR gene.⁵⁷ In primary adult stem cells, CFTR gene alteration was done through homologous recombination.⁵⁷ Therefore, CRISPR technology might be a potential approach for the treatment of CF in future.

Blood-Related Disorders

Fanconi anemia (FA), an autosomal recessive disorder, is caused by mutations in genes that are responsible for replication-dependent excision of interstrand DNA crosslink.¹³¹ CRISPR-Cas9-mediated homology-directed recombination (HDR) in the FA gene implicate the application of genome editing for correcting the defects in the DNA repair pathway.⁵³ CRISPR-Cas9-mediated corrections of disruptive mutation in the FA complementation group F (Fancf) gene¹³² and correction of the Fanconi anemia I (FANCI) gene¹³³ were reported in iPSCs from primary fibroblasts. The correction of FA mutations is implicated with the therapeutic approach of CRISPR-Cas9 against bone marrow failure.¹³² Richardson et al.¹³⁴ found that human Cas9-induced single-strand template repair (SSTR) requires the FA pathway for DNA interstrand crosslink repair in cells.

Sickle cell (SC) anemia, a blood-related disorder, is caused by a mutation in the β -globin gene that results in the formation of abnormal hemoglobin S (HbS) protein.¹³⁵ As evidenced, CRISPR-Cas9 is a safe and promising gene therapy approach for SC anemia.¹³⁶⁻¹³⁸ CRISPR-Cas9-based correction of the Hbs gene in hematopoietic stem and progenitor cells (HSPCs) from SC disease patient blood confirmed normal functional reinstatement of hemoglobin.⁵⁵ In an *in vitro* study, CRISPR-Cas9 components showed more than 18% gene modifications in CD34⁺ cells.¹³⁹ They also reported correction of CD34⁺ HSPCs derived from the bone marrow of SC anemia patients via CRISPR-Cas9 technology.¹³⁹ Ye et al.¹⁴⁰ created a hereditary persistence of fetal hemoglobin (HPFH) genotype in normal HSPCs using CRISPR-Cas9 and indicated safe autologous transplantation for patients with SC disease and β -thalassemia.

β -Thalassemia, another widespread genetic blood-related disease, is caused by the decreased synthesis of the β -globin chains of the hemoglobin tetramer, which reduces the production of hemoglobin.^{56,141} Correction of the β -thalassemia splice mutation (IVSII-1G>A) in iPSCs using Cas9 along with the piggyBac transposon-modified donor vector strategy showed repair of the mutated gene with enhanced specificity and accuracy.¹⁴² This might be a critical therapeutic approach toward the stem cell-based gene therapy against monogenic disorders in future clinics.

Eye-Related Disorders

Retinitis pigmentosa (RP), an inherited pigmentary retinal dystrophy, may cause loss of vision.^{143,144} There are several mutations associated with this disease, such as mutations in RP1, rhodopsin (RHO), and RP GTPase regulator (RPGR) genes.¹⁴⁵ The CRISPR-Cas9 gene-editing technique can correct the Rho (S334) gene by subretinal injection of guide RNA (gRNA)-Cas9 plasmid, causing improvement of visual function through the discontinuation of retinal degeneration in rats.⁵⁸ Suzuki et al.^{146,147} applied CRISPR-Cas9 using homology-independent targeted insertion (HITI), a method that allows the targeted insertion of a gene in non-dividing cells to improve the visual condition in rats. This suggests the possibility of *in vivo* gene correction using CRISPR-Cas9 technology.

Several mutations at different genetic loci are reported in the cataract condition, i.e., cloudiness of the crystalline lens.¹⁴⁸ It has been noted that α A-crystallin gene mutations are associated with an autosomal recessive cataract.¹⁴⁹ To understand the role of the α A-crystallin gene in congenital cataracts, Yuan et al.⁵⁹ used CRISPR-Cas9 to develop mutations in the α A-crystallin gene in an animal model. Recently, it has been noted that missense mutation of GJA8 is also associated with congenital cataracts.¹⁵⁰ Yuan et al.¹⁵¹ have developed a GJA8 knockout rabbit model using the CRISPR-Cas9 system to study congenital cataracts in human. Currently, CRISPR-Cas9-mediated *in vivo* correction of a blindness condition is in a clinical trial that is discussed later in this review.

Viral Infection

HIV. HIV is a pathogen that attacks the human immune system and causes acquired immunodeficiency syndrome (AIDS). Although AIDS is now manageable due to highly active antiretroviral therapy (HAART), the life-long treatment of AIDS is of a great concern. It has been noted that expression of the HIV-1 gene is induced by long terminal repeats (LTRs), which are repeated identical sequences of DNA and assist in the insertion of retroviral DNA into the host chromosome. The genetic variation in the binding sites of LTRs may alter LTR-driven viral transcription.¹⁵² It was observed that CRISPR-Cas9 can mutate LTRs in the DNA of HIV-1 provirus, leading to the breakdown of latent HIV-1 provirus.⁶⁰ In a negative feedback regulation of HIV-1, the Cas9 gene was placed under the control of a minimal HIV-1 promoter to express Cas9 in HIV-1 contagious cells. This might also reduce the complications attributed to the unusual high expression of Cas9 in the cells.¹⁵³ It has been reported that CRISPR-Cas9-mediated gene editing can inhibit multiple steps of HIV-1 infection.¹⁵⁴

Hultquist et al.¹⁵⁵ used CRISPR-Cas9 technology for mechanistic examination of HIV host factors in CD4⁺ T cells. Hartweiger et al.¹⁵⁶ edited B cells using CRISPR-Cas9 in wild-type mice to reduce the effect of HIV-1 infection. Some factors, such as an apolipoprotein B mRNA-editing enzyme (APOBEC3G) and TRIM5 α gene expression, can cause host restriction against HIV infection. CRISPR-Cas9 technology enhanced the expression of these host restriction factors against HIV infection,^{157,158} suggesting the importance of CRISPR-

Cas9 strategies as anti-HIV therapies. However, no curative therapy has been approved at this time.

Hepatitis B Virus (HBV). HBV causes chronic hepatitis, which is a frequent infectious disease worldwide. It has been observed that covalently closed circular DNAs (cccDNAs) of HBV reside in the contaminated cells, suggesting cccDNA as a potential therapeutic target to treat HBV infection.^{159–161} It was found that CRISPR-Cas9 nuclease can mediate interference of episomal cccDNA in reporter cell lines, causing disruption in chromosomally integrated HBV sequences.¹⁶² Dong et al.⁶¹ demonstrated that CRISPR-Cas9 can reduce HBV cccDNA by inhibiting viral replication. Ramanan et al.¹⁶³ also showed that CRISPR-Cas9 cleaves viral DNA and suppresses HBV. Wang et al.¹⁶⁴ used an RNA interference (RNAi) technique with a sgRNA-microRNA (miRNA)-gRNA cassette along with Cas9 to inhibit the replication of HBV. Thus, it can be suggested that the disruption of the HBV genome through CRISPR-Cas9 technology might be a promising approach as an anti HBV therapy.

Hepatitis C Virus (HCV). HCV, a single-stranded RNA (ssRNA) virus, is the causative agent of hepatitis C, an inflammatory condition of the liver.¹⁶⁵ It has been found that the Cas9 endonuclease enzyme from the Gram-negative bacterium *Francisella novicida*, known as FnCas9, can target endogenous RNA.¹⁶⁶ The CRISPR-FnCas9 system has been used to inhibit HCV within eukaryotic cells.¹⁶⁷

Human Papillomavirus (HPV). HPV, a double-stranded DNA (dsDNA) virus, infects mucosal cells or skin. It causes sexually transmitted disease and accounts for an estimated 11% of the global cancer incidence in women.^{168,169} The RNA-guided endonuclease offers a therapeutic approach against HPV.¹⁷⁰ It was reported that the CRISPR-Cas9-mediated cervical cancer treatment can be done by targeting HPV E6.⁶² CRISPR-Cas9 technology can also target the conserved regions of HPV6/11 E7 genes, indicating the therapeutic potential of gene editing against genital warts.¹⁷¹

Epstein-Barr Virus (EBV). EBV, a dsDNA virus, spreads primarily through saliva and causes mononucleosis.¹⁷² CRISPR-Cas9 technology has been used for genome editing of EBV in human cells by modifying the BART promoter gene encoding viral miRNAs.¹⁷³ Ma et al.¹⁷⁴ showed that 87 lymphoblastoid cell line (LCL) and 57 BL genes are significant for the survival and growth in LCL and BL cells. Ephrin receptor tyrosine kinase A2 (EphA2) facilitates the entry of EBV in human cells. CRISPR-Cas9-mediated knockout experiments demonstrated that the EphA2 extracellular domain can bind with the EBV- glycoprotein gHgL and provide entry to the cell.⁶³ Thus, EphA2 might be a new potential target for therapeutic development.

Translation of Preclinical Studies into Clinical Use

Although preclinical studies on rodent models show evident efficiency of CRISPR-Cas9-mediated genome editing, variable results may be obtained during clinical translation of preclinical studies due to various reasons.¹⁷⁵ Inadequate analysis of the preclinical experimental data is one of the major reasons for variable results.¹⁷⁶

In addition, the presence of various backgrounds of the most extensively used C57BL/6 and 129 strains of rodent models might result in improper data analysis.¹⁷⁷ Moreover, inbred mice cannot mimic the diversity of humans.¹⁷⁸ Another limitation of CRISPR-Cas9-mediated genome editing in rodents is the precise knowledge of the reproductive cycle of rodents, e.g., time of fertilization and time to recover the fertilized eggs. Therefore, it is important to consider these limitations and obtain in-depth knowledge of the animal model used in preclinical studies before entering into clinical use.

Clinical Trials

China performed the first *ex vivo* clinical trial (ClinicalTrials.gov: NCT02793856) using gene editing with the CRISPR-Cas9 technique in patients with metastatic non-small-cell lung cancer.¹⁷⁹ They targeted the PD-1 gene in T cells from peripheral blood of patients using electroporation of sgRNA and Cas9 plasmid, and infused them back into the patients. Very recently, they reported the presence of edited T cells in the peripheral blood of all patients who received infusions.¹⁸⁰ They concluded that although this method is feasible and safe, more advanced gene-editing technology is required to enhance the therapeutic efficacy.

Recently, Stadtmauer et al.¹⁸¹ reported the results of a phase 1 in-human CRISPR-Cas9 technology-based clinical trial (ClinicalTrials.gov: NCT03399448), performed in three patients with refractory cancer in advanced stages. They removed TRAC and TRBC genes that encode the chains of endogenous TCR and PDCD1 (encoding PD-1 loci) from the T lymphocytes retrieved from the patients to increase the anti-tumor immunity. They further introduced a transgene (NY-ESO-1) that can recognize tumors. These engineered T lymphocytes were well tolerated by the patients up to 9 months after reintroduction into the patients.¹⁸¹ However, chromosomal translocation was observed, which was reduced after some time.

Another clinical trial (ClinicalTrials.gov: NCT03398967) proposed CAR T cell therapy for relapsed or refractory hematological malignancies due to CD19⁻ tumor cells. They performed integration of two CARs (i.e., CD19 and CD20 or CD22) into the TRAC locus of T cells, which were able to recognize CD19⁻ cells.¹⁸² In addition, the use of gene-disrupted allogeneic universal CD19-specific CAR T cells (UCART019) using lentivirus (LV) delivery of CARs in patients with relapsed or refractory CD19⁺ leukemia and lymphoma is also in a clinical trial (ClinicalTrials.gov: NCT03166878). In this study electroporation of CRISPR RNA was used to disrupt endogenous TCR and B2M genes. This system could minimize immunogenicity by avoiding graft-versus-host disease (GVHD). However, the results are still not published. Most recently, the FDA approved a clinical trial (ClinicalTrials.gov: NCT04438083) of CTX130, an allogeneic CRISPR-Cas9-modified T cell line, targeting CD70 against hematologic malignancies and renal cell carcinoma.

In 2019, successful treatment of SC disease and β -thalassemia was reported by Sangamo (ClinicalTrials.gov: NCT03432364) via CRISPR-Cas9-mediated disruption of the BCL11A gene in stem cells that were

isolated from the peripheral blood of patients with hemoglobinopathies.¹⁸³ BCL11A is a transcription regulator that suppresses the expression of the β -globin gene. In another partially successful trial (ClinicalTrials.gov: NCT03164135), CCR5-deleted hematopoietic stem cells were transplanted into patients with HIV-1 and acute lymphoblastic leukemia. Although the desired objective was not achieved, no major side effects were observed.¹⁸⁴ The study suggested the need for increasing the efficiency of CCR5 disruption in lymphocytes.¹⁸⁴

In an *in vivo* clinical trial (ClinicalTrials.gov: NCT03872479) registered in 2019, the CRISPR-Cas9 gene therapy-based drug AGN-151587 was given directly into the eye, via subretinal injection, to cure a rare blindness condition called Leber's congenital amaurosis 10 (LCA10) that is caused by mutations in the gene CEP290.¹⁸⁵ This trial is the first approach that deploys CRISPR-Cas9 gene-editing therapy directly into the human body. At present, there are approximately 19 registered interventional clinical trials on CRISPR-Cas9-mediated gene-editing technology (Table 2).

Challenges and Future Directions

Although both preclinical work and clinical trials focusing on curative therapies are proceeding globally, the clinical translation of CRISPR-Cas9-mediated gene correction is associated with unpredictable outcomes.¹⁸⁶ Factors affecting the success rate of CRISPR-Cas9-mediated gene editing in humans includes off-target effects and cargo delivery methods. It has been observed that off-target effects are principally guided by sgRNAs, and thus rational designs of sgRNAs are necessary to ensure the efficiency of CRISPR-Cas9 gene-editing technology. It was observed that off-target effects were common in human cell culture with persistent Cas9 expression.^{187,188} while these effects were less common in *in vivo* models.¹⁸⁹ It might be plausible that the occurrence of off-target effects in cell cultures are due to the influence of various factors, such as cell type, expression level, transfection method, cell culture maintenance, consecutive nuclease expression, guide sequence, and repair events.¹⁸⁶

Earlier, cuts at off-target sites that generate single-stranded breaks (SSBs) in DNA were considered as a major obstacle and raised concerns about the specificity of CRISPR-Cas9 technology.¹⁹⁰ To reduce the possibility of SSBs, paired CRISPR-Cas9 nickase that binds to each forward and reverse DNA sequence on the flanking sides of target DNA was used to generate DSB formation.^{191,192} Another approach suggested the use of inactive fusion protein consisting of Cas9 and FokI endonuclease enzyme, which becomes functional only after precise binding of sgRNA to both forward and reverse DNA sequences.¹⁹³ Although these approaches might reduce off-target cutting, there are certain limitations concerning restrictions in the location of protospacer-adjacent motifs (PAMs) near target DNA and designing sgRNAs for PAM alternatives.¹⁹⁴ In addition, these approaches might also increase the size of cargo that may generate constraint in the delivery system.

More importantly, repair events or a genomic rearrangement after sgRNA-induced DSBs is also a safety concern in CRISPR-Cas9-based

Table 2. Currently Registered Interventional Clinical Trials with CRISPR-Cas9-Based Gene Editing

Serial No.	NCT No.: ClinicalTrials.gov	Target Gene and Effect	Disease	Intervention	Phase	Study Start Date	Country
1	NCT04426669	cytokine-induced SH2 (CISH) protein inhibition	gastrointestinal (GI) cancer	tumor-infiltrating lymphocytes (TILs) inhibited immune checkpoint CISH	I/II	May 15, 2020	US
2	NCT04178382	target adjustment of antibiotics	severe sepsis	detection of alveolar lavage fluid changes the choice of early antibiotics in patients with pneumonia	-	August 1, 2019	China
3	NCT04037566	disruption of HPK1	refractory B cell malignancies	CD19-CAR-modified T cells with CAR delivered by lentivirus and Cas9 knockout of HPK1	I	August 2019	China
4	NCT03164135	CCR5 knockout	HIV	modified CD34 ⁺ hematopoietic stem cells	-	May 30, 2017	China
5	NCT03545815	programmed cell death protein 1 (PD-1) and TCR knockout	mesothelin-positive solid tumors	CAR T cells to mesothelin with added PD-1 and TCR knockout	I	June 1, 2018	China
6	NCT03057912	E6 and E7 oncogenes of HPV16 and HPV18 deletion	HPV-related malignancy	plasmid in a gel containing a polymer to facilitate delivery	I	January 15, 2018	China
7	NCT03342547	stem cell-derived human intestinal enteroids	gastrointestinal infection	duodenal biopsies, followed by differentiation into mini-guts	-	April 18, 2018	China
8	NCT03655678	disruption of the erythroid enhancer to the BCL11A gene	β -thalassemia	<i>ex vivo</i> -modified hematopoietic stem cells	I/II	September 14, 2018	UK, Germany, Canada, Italy
9	NCT03728322	Correction of the hemoglobin subunit β -globulin gene	β -thalassemia	<i>ex vivo</i> -modified hematopoietic stem cells	I	January 2019	not specified
10	NCT04244656	CTX120 B cell maturation antigen (BCMA)-directed T cell immunotherapy	multiple myeloma	biological safety and efficacy of CTX120 in multiple myeloma	I	January 22, 2020	US, Spain, Australia
11	NCT04438083	CTX130 CD70-directed T cell immunotherapy comprised of allogeneic T cells	renal cell carcinoma	safety and efficacy of CTX130 in relapsed or refractory renal cell carcinoma	I	June 16, 2020	Australia
12	NCT03747965	PD-1 knockout	mesothelin-positive solid tumors	CAR T cells to mesothelin with PD-1 knockout	I	November 2018	China
13	NCT03398967	Cas9-mediated creation of CD19 and CD20 or CD19 and CD22 CAR T cells	B cell leukemia	CAR T cells to CD19 and CD20 or CD19 and CD22	I/II	January 2, 2018	China
14	NCT04035434	creation of a CD19-directed T cell	refractory B cell malignancies	CD19-directed T cell immunotherapy	I/II	July 22, 2019	U.S.A., Australia
15	NCT03745287	disruption of the erythroid enhancer to the BCL11A gene	sickle cell anemia	<i>ex vivo</i> -modified hematopoietic stem cells	I/II	November 27, 2018	US
16	NCT03166878	β TCR α , TCR β , β ₂ -microglobulin (B2M) knockout	B cell leukemia	CD19-CAR-modified T cells with CAR delivered by lentivirus and Cas9 knockout B2M and TCR to create universal T cells	I/II	June 2017	China
17	NCT03044743	PD-1 knockout	EBV-positive, advanced stage malignancies	modified T cells selected for those targeting EBV-positive cells	I/II	April 7, 2017	China
18	NCT04417764	PD-1 knockout engineered T cells	hepatocellular carcinoma	TACE combined treatment to block the blood supply of the tumor	I	June 20, 2019	China
19	NCT03872479	removal of alternative splice site in CEP290	Leber congenital amaurosis 10	ZFN-mediated removal of intronic alternative splice site in retinal cells	I	September 26, 2019	U.S.A.

Search date: July 5, 2020.

therapeutic interventions. Although CRISPR-Cas9 technology can induce desired changes in the genomic sequences, the poorly understood and less controlled DNA repair mechanism is associated with

the undesirable risk of biological dysfunctions. Deletion of a few kilobases in the neighboring CRISPR-Cas9 nickase activity, unexpected insertion (incorrect or partial) of donor DNA sequence to the site

of integration, and inversion are also unpredictable consequences of DNA repair mechanisms,¹⁹⁵ which might result in unexpected mutations.¹⁹⁶ The DSBs are repaired via non-homologous end joining (NHEJ) or HDR. NHEJ is a natural process to join spontaneous breaks in DNA and does not require any DNA template. However, HDR requires either a donor DNA template or DNA that is synthesized by the host's molecular recombination machinery. NHEJ is an error-prone mechanism that possibly leads to mutations. On the contrary, although HDR repairs DSBs more precisely, the incidence of HDR is very low when compared to NHEJ.¹⁹⁷ Various methods are suggested to suppress NHEJ, i.e., chemical suppression of NHEJ,¹⁹⁸ cell cycle synchronization,¹⁹⁹ silencing of genes,²⁰⁰ and NHEJ-deficient cell lines.²⁰¹ Therefore, enhancing the efficiency of HDR and decreasing NHEJ is a critical challenge that needs to be fully explored before entering into therapeutic regimes to ensure the desired result of CRISPR-Cas-mediated gene editing.

As the treatment of human diseases needs to be tissue-specific, it is essential to efficiently deliver the CRISPR-Cas9 cargo into target tissue. Therefore, additional consideration should be given to the suitable delivery system that is based on the charge, size, and content of the CRISPR-Cas9 cargo. CRISPR-Cas9 cargo may be of three types, i.e., plasmid DNA encoding sgRNA and Cas9, a combination of sgRNA and Cas9 mRNA, and a combination of sgRNA and Cas9 protein. Various physical, viral, and non-viral systems have been used as vectors for the delivery of CRISPR-Cas9.

AAVs and LVs are the most commonly used viral vectors for gene editing.²⁰² The advantages of AAVs includes a less immunogenic property, serotype specificity, a good safety profile, and the ability to transduce both dividing and non-dividing cells.²⁰³ However, mild toxicity is reported at high doses in animal models.²⁰⁴ In addition, LVs also have the advantage of high transducing efficiency and non-immunogenicity. Moreover, LVs have the ability to be pseudotyped, allowing alterations in their cellular tropism. Another important aspect to consider while using viral delivery vectors is their packing limitation. However, it has been observed that the carrying capacity of AAVs can be extended up to 35 kb after modifications. It may be possible that the CRISPR-Cas9 gene-editing complex can activate the host immune response system,²⁰⁵ indicating the need for modifications that can help to avoid an immune response in the host.

In addition to viral delivery systems, the use of non-viral systems or NPs for the delivery of CRISPR-Cas9 is also suggested.²⁰⁵ Lipofectamine is a commercially available source of lipid NPs for sgRNA and Cas9 delivery in various systems.^{206,207} The cationic property of lipid NPs might allow better packaging of the anionic Cas9/sgRNA complex in NPs. As observed, lipid NPs have low delivery efficiency due to their reduced uptake by cells, low translocation in the nucleus, and the possible entrapment of NPs in the endosomes. However, the use of optimal lipids for the synthesis of lipid NPs, surface modification by a cell targeting agent, avoidance of the immune system, and addition of an endosomal escape system can enhance the delivery efficiency of liposomes.²⁰⁸

Various other non-liposomal delivering techniques are also suggested for the delivery of Cas9 and sgRNA, i.e., FuGENE-6 reagent based on electrostatic interactions,¹⁷⁰ calcium phosphate transfection,²⁰⁹ cell-penetrating peptides,²¹⁰ DNA nanoclew,²¹¹ inorganic NPs,²¹² and polyethylenimine and poly-L-lysine (PLL) polymers. PLL was used to develop a therapeutic delivery system, called multifunctional envelope-type nano devices MENDs, consisting of plasmid DNA and a lipid shell.²¹³ Further modifications in MENDs might allow the targeting of delivery cargo to mitochondria and the nucleus of cells.²¹⁴ Although MENDs showed a high transfection rate, *in vivo* validation of this delivery system is still required. Therefore, most of the delivery methods for the CRISPR-Cas9 system have both advantages and disadvantages. This generates a need for extensive work on the development of a suitable delivery system with high specificity, high transfection rate, high capacity, and low immunogenicity. Moreover, long-term safety and low toxicity associated with any delivery system also need consideration before developing CRISPR-Cas9-based gene-editing therapy against human diseases.²³

Conclusions

The forthcoming applications of CRISPR-Cas9 are promising for the clinical world. With the progression of genome-editing techniques, the genome-editing research related to therapy for human diseases using CRISPR-Cas9 is developing quickly. Just a few years before, this technology was started, and presently a large number of scientists are working on this technology. Among them, most of the researches are using this genome-editing technology for therapy for human diseases.

However, CRISPR-Cas9 is still a budding technology that is applied to patients with severe conditions at a life-threatening stage. Most of the clinical trials are currently in phase I/II. Until now, the clinical trials have been focused on the safety and efficacy of genome editing in humans, to improve molecular processes involved in genome editing. Therapeutic gene-editing technology is now expanding to ethically controversial alteration in the genome of human early-stage embryos to provide protection from HIV infection.²¹⁵ Such attempts can also suggest that the scientific community establish regulations on gene editing. However, the journey of CRISPR-Cas9 is highly interesting, and it offers a significant hope to researchers for the treatment of human deadly diseases.

AUTHOR CONTRIBUTIONS

Conceptualization, C.C. and S.-S.L.; Writing – Original Draft, C.C., G.S., and A.R.S.; Writing – Review & Editing, A.R.S. and M.B.; Supervision and Funding, S.-S.L. and A.R.S.

CONFLICTS OF INTEREST

The authors declare no competing interests.

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